

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

**FORM 144
NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933**

ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.

OMB APPROVAL	
OMB Number:	3235-0101
Expires:	July 31, 2023
Estimated average burden hours per response	1.00
SEC USE ONLY	
DOCUMENT SEQUENCE NO.	
CUSIP NUMBER	
WORK LOCATION	
(e) TELEPHONE NO.	
AREA CODE	NUMBER
973	386-9696

1 (a) NAME OF ISSUER (Please type or print) Wireless Telecom Group Inc.		(b) IRS IDENT. NO. 22-2582295	(c) S.E.C. FILE NO. 001-11916
1 (d) ADDRESS OF ISSUER 25 Eastmans Rd		CITY Parsippany	STATE NJ
		ZIP CODE 07054	
2 (a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD Joseph P Garrity		(b) RELATIONSHIP TO ISSUER Former Director	(c) ADDRESS STREET c/o 25 Eastmans Rd Parsippany NJ 07054
		CITY Parsippany	STATE NJ
		ZIP CODE 07054	

INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.

3 (a) Title of the Class of Securities To Be Sold	(b) Name and Address of Each Broker Through Whom the Securities are to be Offered or Each Market Maker who is Acquiring the Securities	SEC USE ONLY	(c) Number of Shares or Other Units To Be Sold (See Instr. 3(c))	(d) Aggregate Market Value (See Instr. 3(d))	(e) Number of Shares or Other Units Outstanding (See Instr. 3(e))	(f) Approximate Date of Sale (See Instr. 3(f)) (MO. DAY YR.)	(g) Name of Each Securities Exchange (See Instr. 3(g))
		Broker-Dealer File Number					
Common	UBS Financial Services Inc. 1285 Ave of Americas 18 FL New York, NY 10019		40,000	\$96,000	21.66M	8/20/21	NYSE

INSTRUCTIONS:

1. (a) Name of issuer
- (b) Issuer's I.R.S. Identification Number
- (c) Issuer's S.E.C. file number, if any
- (d) Issuer's address, including zip code
- (e) Issuer's telephone number, including area code

2. (a) Name of person for whose account the securities are to be sold
- (b) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing)
- (c) Such person's address, including zip code

3. (a) Title of the class of securities to be sold
- (b) Name and address of each broker through whom the securities are intended to be sold
- (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)
- (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice
- (e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
- (f) Approximate date on which the securities are to be sold
- (g) Name of each securities exchange, if any, on which the securities are intended to be sold

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

TABLE I -- SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

File on the date	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired (If gift, also give date donor acquired)	Amount of Securities Acquired	Date of Payment	Nature of Payment
Common	8/20/21	Stock Option Exercise	Wire less Telecom Group	40,000	8/20/21	Cash

INSTRUCTIONS:

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note therein the nature of the consideration given. If the consideration consisted of payments or other obligation, state payment was made in installments describe the arrangement and state when the notes or other obligation was discharged in full or the last installment paid.

TABLE II -- SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
Joseph P Garrity c/o 25 Eastmans Rd Parsippany, NJ 07054	Common Shares WTT	7/20/21 - 8/19/21	95,577	\$ 249,000

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 1.44. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (c) of Rule 1.44 to be aggregated with sales for the account of the person filing this notice.

ATTENTION: The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material undisclosed information regarding the current and prospective operations of the issuer of the securities to be sold which has not been publicly disclosed through research is adopted over the trading plan or given trading instructions to sales. Rule 1.44(c) under the Exchange Act requires the firm and individual to state that the firm was adopted in the transaction given that person makes such representation as of the date of signature or information date.

8/20/21

DATE OF NOTICE

DATE OF PLAN, APPROVAL OR REVISING OF THIS TRANSACTION
NO, LONG OR SHORT DATE

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of this notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)