

FORM 144
NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.

1 (a) NAME OF ISSUER (Please type or print) ASHFORD HOSPITALY TRUST		(b) IRS IDENT. NO. 86-1062192		(c) SEC. FILE NO. 001-31778P (Ord)		WORK LOCATION	
1 (d) ADDRESS OF ISSUER 14185 DALLAS PARKWAY SUITE 1200		CITY DALLAS		STATE TX		(e) TELEPHONE NO. 9 7 2 4 9 0 9 6 0 0	
2 (a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD BENJAMIN ANSELL		RELATIONSHIP TO ISSUER Director		(c) ADDRESS STREET 14185 DALLAS PARKWAY		CITY DALLAS	
				STATE TX		ZIP CODE 75254	

INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.

3 (a)	(b)	SEC USE ONLY		(c)	(d)	(e)	(f)	(g)
		Name and Address of Each Broker Through Whom the Securities are to be Offered or Each Market Maker who is Acquiring the Securities	Broker-Dealer File Number					
Common		FIDELITY BROKERAGE SERVICES LLC 245 SUMMER STREET BOSTON MA 02110		123	1,886	27980201	11/03/2021	NYSE

RESTRICTIONS

- (a) Name of issuer
- (b) Issuer's I R S Identification Number
- (c) Issuer's S E C file number, if any
- (d) Issuer's address, including zip code
- (e) Issuer's telephone number, including

- 2 (a) Name of person for whose account the securities are to be sold
(b) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing)
(c) Such person's address, including zip code

- | 3 | (a) Title of the class of securities to be sold |
|---|---|
| | |

- (d) Name and address of each broker through whom the securities are intended to be sold
- (e) Name and address of each broker through whom the securities are intended to be sold
- (f) Name of each security to be sold
- (g) Name of each security to be sold
- (h) Name of each security to be sold
- (i) Name of each security to be sold
- (j) Name of each security to be sold
- (k) Name of each security to be sold
- (l) Name of each security to be sold
- (m) Name of each security to be sold
- (n) Name of each security to be sold
- (o) Name of each security to be sold
- (p) Name of each security to be sold
- (q) Name of each security to be sold
- (r) Name of each security to be sold
- (s) Name of each security to be sold
- (t) Name of each security to be sold
- (u) Name of each security to be sold
- (v) Name of each security to be sold
- (w) Name of each security to be sold
- (x) Name of each security to be sold
- (y) Name of each security to be sold
- (z) Name of each security to be sold

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

TABLE I — SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired (If gift, also give date donor acquired)	Amount of Securities Acquired	Date of Payment	Nature of Payment
Common	09/22/2005 05/10/2006	Open Market Purchase	Issuer	123	09/22/2005 05/10/2006	Cash/Check

INSTRUCTIONS:

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II — SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
BENJAMIN ANSELL 14185 DALLAS PARKWAY SUITE 1200 DALLAS TX 75254	N/A ASHFORD HOSPITALY TRUST		0	

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (c) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION: The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, the person makes such representation as of the plan adoption or instruction date.

11/03/2021

DATE OF NOTICE

DATE OF PLAN, ADOPTION OR GIVING OF INSTRUCTION,
IF RELYING ON RULE 10b5-1

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)