



Part 2A of Form ADV: Firm Brochure

Asset Management Resources, LLC

Effective Date: March 2021

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This Brochure provides information about the qualifications and business practices of Asset Management Resources, LLC ("AMR," "we," or "us"). If you have any questions about this Brochure, please contact Scott A. Birmingham, Investment Advisor Representative and Chief Compliance Officer, at (866) 771-8901 or Scott@AMRfinancial.com.

Additional information about our Firm is also available on the SEC's website at <https://adviserinfo.sec.gov/Firm/145296>. The information in this Brochure has not been approved or verified by the United States Securities and Exchange Commission ("SEC") or by any state securities authority.

We are a registered investment adviser. Please note that use of the term "registered investment adviser" and a description of the Firm and/or our employees as "registered" does not imply a certain level of skill or training. For more information on the qualifications of the Firm and our employees who advise you, we encourage you to review this Brochure and the Brochure Supplement(s).

Item 2: Material Changes

Annual Update

In this Item of Asset Management Resources, LLC's (AMR or the Firm) Form ADV 2, the Firm is required to discuss any material changes that have been made to Form ADV since the last Annual Amendment, dated March 29, 2020.

Material Changes since the Last Update

Since the last Annual Amendment filing, the Firm has the following material change to report:

- As of June 2020, Brian Regan has been promoted to Chief Investment Officer.
- As of February 2021, Scott A. Birmingham has become Chief Compliance Officer.
- As of March 2021, the Firm began offering a subscription based financial planning service Something More Mentoring, please see disclosures in Items 4 and 5.

Full Brochure Available

AMR's Form ADV may be requested at any time, without charge by contacting Scott A. Birmingham, Investment Advisor Representative and Chief Compliance Officer at (866) 771-8901 or by email at Scott@AMRfinancail.com.

Item 3: Table of Contents

Item 2: Material Changes.....	2
Item 4: Advisory Business	4
Item 5: Fees and Compensation	8
Item 6: Performance-Based Fees and Side-By-Side Management	13
Item 7: Types of Clients.....	14
Item 8: Methods of Analysis, Investment Strategies and Risk of Loss	15
Item 9: Disciplinary Information	19
Item 10: Other Financial Industry Activities and Affiliations	20
Item 11: Code of Ethics, Personal Trading, and Participation in Client Transactions.....	22
Item 12: Brokerage Practices	24
Item 13: Review of Accounts	27
Item 14: Client Referrals and Other Compensation	28
Item 15: Custody	30
Item 16: Investment Discretion	31
Item 17: Voting Client Securities	32
Item 18: Financial Information	33

Item 4: Advisory Business

Asset Management Resources, LLC (AMR) is a registered investment adviser. Our principal place of business is located in Hyannis, Massachusetts. We began conducting business as a registered investment adviser in 2008.

AMR is wholly owned by the J. Christopher Boyd Revocable Trust. J. Christopher Boyd, Manager and Chief Executive Officer of AMR is the co-trustee of the trust along with (his wife) Kristen C. Boyd, AMR's Director of Client Service and Office Management and an Investment Advisor Representative.

We offer the following services to our advisory clients: Portfolio Management (Discretionary), Investment Advisory Services (Non-Discretionary), Financial Planning, and Financial Consulting. We also sponsor the AMR Advisory Plus Program, a wrap fee investment program. Please see the disclosure below in this Item for more detailed information regarding these services.

Portfolio Management

Our firm offers portfolio management services to its advisory clients. We will provide continuous advice to a client regarding the investment of client funds based on the client's individual needs. Through personal discussions with our clients, we develop a client's personal investment strategy and create and manage a portfolio based on that strategy. During this data-gathering process, we determine the client's objectives, time horizon, risk tolerance, and liquidity needs. We may also review and discuss a client's prior investment history, as well as family composition and background.

We currently offer our portfolio management services on a discretionary and non-discretionary basis. Account supervision is guided by the client's stated objectives (e.g., growth, income or a balance between growth and income), as well as tax considerations. Clients may impose reasonable restrictions on investing in certain securities, types of securities, or industry sectors.

Our investment recommendations are not limited to any specific product or service offered by a broker dealer or insurance company. Our client portfolios primarily consist of mutual funds (no-load or load-waived), exchange-traded funds ("ETFs") and individual securities. If a client portfolio is managed within a variable insurance product (e.g., a variable annuity or a variable life insurance policy), the account will consist of, as applicable, variable annuity sub-accounts or variable life sub-accounts. "Sub-accounts," like mutual funds and ETFs, are investment companies registered under the Investment Company Act of 1940.¹

¹ For more information about investment companies, please see the following at SEC's website: <http://www.sec.gov/answers/mfinvco.htm> .

AMR Advisory Plus Wrap Program

We also provide portfolio management services identical to those detailed directly above to clients through the AMR Advisory Plus Wrap Program (the "Advisory Plus Wrap Program"). The Advisory Plus Wrap Program is a wrap fee program sponsored by AMR. AMR is also the sole investment manager in the program. We manage Advisory Plus Wrap Program accounts on a discretionary basis. Our firm actively solicits advisory clients for the program and is responsible for the marketing of the program.

Transactions for the Advisory Plus Wrap Program are affected "net," i.e., without transaction fees, and a portion of the wrap fee is generally considered to be in lieu of transaction fees. Therefore, we do not negotiate transaction fee rates with broker dealers. Clients pay a single fee for advisory and brokerage services.

AMR manages its client accounts in the Advisory Plus Wrap Program in the same manner in which it manages client accounts employing similar investment strategies outside of the program.

Clients should refer to the Wrap Fee Program Brochure (Form ADV Part 2A Appendix 1) for the Advisory Plus Wrap Program for more detailed information about the services offered in the program.

Financial Planning

AMR also provides financial planning services. Financial planning is a comprehensive evaluation of a client's current and future financial state by using currently known variables to predict future cash flows, asset values and withdrawal plans. Through the financial planning process, questions, information and analysis are considered as they impact and are impacted by the financial and life situation of the client. Clients receiving this service receive a written report that summarizes the client's current financial condition and strategies developed with the objective of maximizing wealth accumulation and benefits.

In general, the financial plan will address any or all of the following areas:

- **PERSONAL.** We review family records, budgeting, personal liability, estate information and financial goals.
- **TAX & CASH FLOW.** We analyze the client's income tax, spending and planning for past, current and future years, and illustrate the impact of various investments on the client's current income tax and future tax liability.
- **INVESTMENTS.** We analyze investment alternatives and their effect on the client's portfolio.
- **INSURANCE.** We review existing policies to ensure proper coverage for life, health, disability, long-term care, liability, home and automobile.
- **RETIREMENT.** We analyze current strategies and investment plans to help the client achieve his, her or their retirement goals.

- **DEATH & DISABILITY.** We review the client's cash needs at death, including the income needs of surviving dependents, estate liquidity needs, and sufficiency of disability income.
- **ESTATE.** We assist the client in assessing and developing long-term estate planning strategies, including the appropriateness of living trusts, wills, powers of attorney, beneficiary designations, gifts, and asset protection plans.

We gather relevant information through in-depth personal interviews and materials provided by the client. Information gathered typically includes a client's current financial status, tax status, future goals, return objectives and attitudes towards risk. We carefully review any documents supplied by the client and prepare a written report. Should the client choose to implement the recommendations contained in the plan, we suggest the client work closely with his/her attorney, accountant, and other advisers. Implementation of financial plan recommendations is entirely at the client's discretion.

Typically, the financial plan is presented to the client within six months of the initial meeting, provided that all information needed to prepare the financial plan has been promptly provided.

Financial Planning recommendations are not limited to any specific product or service offered by a broker dealer or insurance company.

Financial Consulting

Clients can also receive investment and other financial advice on a more focused basis. This may include advice on only an isolated area(s) of concern such as estate planning, retirement planning, or any other specific topic. We also provide specific consultation and administrative services regarding investment and financial concerns of the client, such as the review of a client's existing investment portfolio or the review of client assets managed by other investment professionals.

Consulting recommendations are not limited to any specific product or service offered by a broker dealer or insurance company.

Tailored Relationships

AMR tailors investment advisory services to the individual needs of the client. AMR clients are allowed to impose restrictions on the investments in their account. All limitations and restrictions placed on accounts must be presented to AMR in writing. Clients will retain individual ownership of all securities.

Fiduciary Statement

AMR and our employees are fiduciaries who must take into consideration the best interests of our clients. We will act with competence, dignity, integrity, and in an ethical manner, when dealing with clients. We will use reasonable care and exercise independent professional judgement when conducting investment analysis, making investment recommendations, trading, promoting our services, and engaging in other professional activities.

As a fiduciary, we have the obligation to deal fairly with our clients. We have the following responsibilities when working with a client:

- To render impartial advice;
- To make appropriate recommendations based on the client's needs, financial circumstances and investment objectives;
- To exercise a high degree of care and diligence to ensure that information is presented in an accurate manner and not in a way to mislead;
- To have reasonable basis, information, and understanding of the facts in order to provide appropriate recommendations and representations;
- Disclose any material conflict of interest in writing; and
- Treat clients fairly and equitably.

Client Assets

As of January 29, 2021, we were actively managing a total of \$194,649,884; \$180,265,869 of client assets on a discretionary basis and \$14,384,015 on a non-discretionary basis.

Item 5: Fees and Compensation

Fees For Portfolio Management

The annual fee for our individual portfolio management service is charged as a percentage of assets under management with AMR according to the following blended schedules:

Equity & Asset Allocation Portfolios (Discretionary Accounts)

Assets Under Management	Annual Fee
\$0 to \$499,999	1.25%
\$500,000 to \$1,999,999	1.00%
\$2,000,000 to \$4,999,999	0.65%
\$5,000,000 and over	0.50%

Therefore, if a client's balance or equity portfolio management account is valued at \$6,000,000, the annual fee would be calculated as follows: $(\$499,999.99 \times 1.25\%) + (\$1,500,000 \times 1.00\%) + (\$3,000,000 \times 0.65\%) + (\$1,000,000.01 \times 0.50\%)$.

Equity & Asset Allocation Portfolios (Non-Discretionary Accounts)

Assets Under Management	Annual Fee
\$0 to \$499,999	1.50%
\$500,000 to \$1,999,999	1.25%
\$2,000,000 to \$4,999,999	0.65%
\$5,000,000 and over	0.50%

AMR Bond & Other Fixed Income Portfolios

Assets Under Management	Annual Fee
\$0 to \$1,999,999	1.00%
\$2,000,000 to \$4,999,999	0.65%
\$5,000,000 and over	0.50%

Therefore, if a client's fixed income portfolio management account is valued at \$6,000,000, the annual fee would be calculated as follows: $(\$2,000,000 \times 1.00\%) + (\$3,000,000 \times 0.65\%) + (\$1,000,000 \times 0.50\%)$.

Our annual fee is assessed quarterly, in arrears. This means that clients are charged one-quarter of the annual fee at the end of each three-month period. The management fee is typically based upon the average daily value (market value or fair market value in the absence of market value) of the client's account throughout the preceding quarter. However, as we are unable to obtain the average daily balance for assets managed within a variable insurance product, the

management fee for such assets is based on their value on the last day of the applicable quarter. Clients will authorize AMR to have their fee directly debited from their account.

A minimum of \$250,000 of assets under management and minimum quarterly fees of \$500 for AMR Bond & Other Fixed Income Portfolios and \$625 for Equity & Asset Allocation Portfolios are required for this service. A starting minimum account size for new stand-alone Non-Discretionary accounts is \$1 million. The minimum fee for stand-alone Non-Discretionary accounts, unless in conjunction with other Discretionary accounts will be \$2,812.50 per quarter. These minimum account size and minimum fees may be negotiable under certain circumstances. We may group certain related client accounts for the purposes of achieving this minimum account size and minimum fee. AMR will ensure that the fee charged will never exceed 3.00% of the client's assets under management.

At the time we implement the strategy, an AMR Bond Portfolio is a portfolio with at least 90% of its value comprised of fixed income securities or fixed-income-related securities, such as individual bonds, bond mutual funds and ETFs, and/or cash equivalents.

Fees For AMR Advisory Plus Wrap Program

The annual fee for the AMR Advisory Plus Wrap Program will be charged as a percentage of assets under management, ranging from 0.50% to 1.50%. It is assessed quarterly, in arrears. This means that clients are charged one-quarter of the annual fee at the end of each three-month period. The management fee is based upon the average daily value (market value or fair market value in the absence of market value) of the client's account throughout the preceding quarter. Clients will have their fee directly debited from their account.

As the AMR Advisory Plus Wrap Program is a wrap fee program, transactions are affected "net" (i.e., without transaction fees), and a portion of the wrap fee is generally considered to be in lieu of transaction fees. Therefore, we do not negotiate transaction fee rates with broker dealers. Clients pay a single fee for advisory and brokerage services. However, there may be an additional cost for fees and expenses charged by mutual funds and ETFs to their shareholders, mark-ups, mark-downs, spreads paid to market makers, IRA maintenance fees, exchange fees, transfer taxes or certain administrative fees for wire transfers or certificate issues.

In evaluating a wrap fee arrangement, clients should consider that, depending on the level of the wrap fee charged, the amount of the portfolio activity in the client's account, the broker dealer's usual transaction fee rates and other factors, the wrap fee may be more or less than the total cost of such services if they were to be provided separately.

A minimum of \$250,000 to \$500,000 of assets under management and a minimum quarterly fee ranging from \$500 to \$1,050 is required for this service. The annual fee, minimum account value, and minimum quarterly fee vary depending upon the portfolio type and style chosen by the client, the complexity of the client's account, the assets to be placed under management, and other factors. The annual fee, minimum account size, and minimum quarterly fee may also

be negotiable under certain circumstances. AMR may group certain related client accounts for the purposes of achieving the minimum account size and determining the annualized fee.

Clients should refer to our Wrap Fee Program Brochure (Form ADV Part 2A Appendix 1) for the AMR Advisory Plus Wrap Program for more detailed information on this wrap fee arrangement and the fees charged.

Fees For Financial Planning

Fees for our Financial Planning services will generally be charged as follows:

- On an hourly basis, ranging from \$200 to \$400 per hour; our hourly fee will be determined based on the nature of the services being provided, the complexity of each client's circumstances, and the experience and skill level of the employee(s) of AMR providing the service.

All fees are agreed upon prior to entering into a contract with the client. We may request a retainer upon completion of our initial fact-finding session with the client. The balance is due upon completion of the service.

As an additional service, a client may choose to have us review and update the financial plan annually or more frequently to adjust it for changes in the client's financial situation or investment objectives. The fee for this service will typically be 50% of the fee charged for the initial preparation of the financial plan.

We reserve the discretion to reduce or waive a client's Financial Planning fee if the client chooses to engage us for our Portfolio Management services.

A minimum fee of \$600 is required for this service. This minimum fee may be negotiable under certain circumstances.

Fees For Financial Consulting

Fees for our Financial Consulting services will be billed at a rate of \$200 to \$400 per hour. Our hourly fee will be determined based on the nature of the services being provided, the complexity of each client's circumstances, and the experience and skill level of the employee(s) of AMR providing the service.

We may request a retainer upon completion of our initial fact-finding session with the client. The balance is due upon completion of the service.

We reserve the discretion to reduce or waive a client's Financial Consulting fee if the client chooses to engage us for our Portfolio Management services.

A minimum fee of \$600 is required for this service. This minimum fee may be negotiable under certain circumstances.

Something More Mentoring Subscription-Based Financial Planning

For our subscription-based Financial Planning services, clients will be invoiced a monthly fixed fee in arrears, for a 12 to 18 month period; at which point, most appropriate services will be reviewed and evaluated with clients. The fee for subscription-based financial planning services provides you with access to an advisor for advice on a number of topics, such as, cash flows, insurance, taxes, retirement needs, investments, estate planning, etc. A full projection, based on your goals, needs, objectives, retirement needs, estate planning, etc., is available for an additional fee. Fees for this service will typically range from \$150 to \$350 per hour, and may be negotiable under certain circumstances.

General Fee Information

Advisory Fees in General: Clients should note that similar advisory services may (or may not) be available from other registered (or unregistered) investment advisers for similar, lower or higher fees.

Negotiability of Fees: In certain circumstances, our fees may be negotiable. Further, we may waive or discount fees for family members and friends of the owner and employees of our firm. These fee waivers or discounts are not generally available to all advisory clients of AMR.

Grandfathering of Fees: A pre-existing advisory client may be subject to AMR's advisory fees in effect at the time that client entered into the advisory relationship. Therefore, our firm's fees will differ among clients.

Termination of the Advisory Relationship: A client agreement may be canceled at any time, by either party, for any reason upon receipt of 30 days written notice. As disclosed above, certain fees may be paid in advance of services provided. Upon termination of any account, any prepaid, unearned fees will be promptly refunded, and any unpaid fees will be due and payable. In calculating a client's reimbursement of a retainer, we will prorate the reimbursement according to the number of hours actually spent providing the service at the time of termination.

Fund Fees: All fees paid to AMR for investment advisory services are separate and distinct from the fees and expenses charged by mutual funds and ETFs, variable life sub-accounts, and variable annuity sub-accounts (each a "Fund" and, collectively, the "Funds") to their shareholders. These fees and expenses are described in each Fund's prospectus. These fees will generally include a management fee, other fund expenses, and a possible distribution fee. If a Fund also imposes sales charges, a client may pay an initial or deferred sales charge.

A client could invest in a Fund directly, without our services. In that case, the client would not receive the services provided by our firm which are designed, among other things, to assist the client in determining which Fund or Funds are most appropriate to each client's financial condition and objectives. Accordingly, the client should review both the fees charged by the

Funds and our fees to fully understand the total amount of fees to be paid by the client and to thereby evaluate the advisory services being provided.

Additional Fees and Expenses: In addition to our advisory fees, clients may also be responsible for the fees and expenses charged by custodians and imposed by broker dealers, including, but not limited to, any transaction charges imposed by a broker dealer with which an independent investment manager effects transaction for the client's account(s). Please refer to Item 12 of this Brochure for additional information about our brokerage practices.

Compensation for the Sale of Securities or other Investment Products: Certain management persons and other employees of AMR are separately licensed as insurance brokers for one or more insurance companies. As insurance brokers, these individuals may be able to sell insurance and insurance-related investment products to clients, for which they may receive separate and/or additional compensation (e.g., commissions). Our clients are not under any obligation to engage these individuals when considering implementation of investment recommendations. The implementation of any or all recommendations is solely at the discretion of the client.

Clients should be aware that the receipt of additional compensation by our management persons or employees creates a **potential** conflict of interest and gives these individuals an incentive to recommend insurance products based on the compensation received, rather than on a client's needs. AMR endeavors at all times to put the interest of our clients first as part of our fiduciary duty as a registered investment adviser.

Item 6: Performance-Based Fees and Side-By-Side Management

We do not charge performance-based fees (i.e., fees based on a share of capital gains on or capital appreciation of the assets of a client).

Item 7: Types of Clients

We provide our advisory services, where appropriate, to individuals, high net worth individuals, trusts, estates, retirement plans, and charitable organizations.

As disclosed in Item 5, our firm has established certain initial minimum account and minimum fee requirements based on the nature of the services being provided. For a more detailed understanding of these requirements, please review the disclosures provided for each applicable service.

Item 8: Methods of Analysis, Investment Strategies and Risk of Loss

Methods Of Analysis

We use the following methods of analysis in formulating our investment advice and/or managing client assets:

Fundamental Analysis: We attempt to gauge the intrinsic value of securities, industries, sectors, regions and asset classes by looking at economic and financial factors (including traditional measures of valuation, the overall economy, industry conditions, and financial conditions) to determine if a security is underpriced (indicating it may be a good time to buy) or overpriced (indicating it may be time to sell).

Fundamental analysis does not attempt to anticipate general market movements. This presents a potential risk, as the price of a security can move up or down along with the overall market regardless of the economic and financial factors considered in evaluating a security.

Technical Analysis: Technical analysis involves the analysis of past market movements and the application of that analysis to the present in an attempt to recognize recurring patterns of investor behavior and to predict future price movement.

Charting and cyclical analysis are types of technical analysis that we may use. Charting involves the review of charts of market and security activity in an attempt to identify when the market will move up or down and to predict how long the trend may last and when that trend might reverse. Cyclical analysis involves measuring the movements of a particular security relative to the overall market in an attempt to predict the price movement of the security.

Technical analysis does not consider the underlying financial conditions of a security. This presents a risk in that a poorly managed or financially unsound investment may underperform regardless of market movement.

Fund Analysis: We look at the experience and track record of the manager of a mutual fund, ETF, variable life sub-account, or variable annuity sub-account (each a “Fund” and, collectively, the “Funds”) in an attempt to determine if that manager has demonstrated an ability to invest over a period of time and in different economic conditions. We also look at the underlying assets in a Fund in an attempt to determine if there is significant overlap in the underlying investments held in other fund(s) in the client’s portfolio. We also monitor the Funds in an attempt to determine if they are continuing to follow their stated investment strategy.

A risk of Fund analysis is that, as in all securities investments, past performance does not guarantee future results. A manager who has been successful may not be able to replicate that success in the future. In addition, as we do not control the underlying investments in a Fund, managers of different Funds held by the client may purchase the same security, increasing the risk to the client if that security were to fall in value. There is also a risk that a manager may

deviate from the stated investment mandate or strategy of the Fund, which could make the holding(s) less suitable for the client's portfolio.

Risks for All Forms of Analysis: Our securities analysis methods rely on the assumption that the companies whose securities we purchase and sell, the rating agencies that review these securities, and other publicly-available sources of information about these securities, are providing accurate data. While we are alert to indications that data may be incorrect, there is always a risk that our analysis may be compromised by inaccurate or misleading information. Additionally, the data we review is often subjective in nature and open to interpretation. Even if our data and interpretation of the data is correct, there may be factors that determine the value of securities other than those considered in our fundamental and technical analysis.

Investment Strategies

We use the following strategies in managing client accounts, provided that such strategies are appropriate to the needs of the client and consistent with the client's investment objectives, risk tolerance, and time horizons, among other considerations:

Asset Allocation. In implementing our clients' investment strategy, we begin by attempting to identify an appropriate ratio of equities, fixed income, and cash (i.e. "asset allocation") suitable to the client's investment goals and risk tolerance.

A risk of asset allocation is that the client may not participate in sharp increases in a particular security, industry or market sector. Another risk is that the ratio of equities, fixed income, and cash will change over time due to stock and market movements and, if not corrected, will no longer be appropriate for the client's goals. We endeavor to address this risk with periodic rebalancing to the intended allocation.

Long-Term Purchases. This strategy involves the purchasing of securities with the idea of holding them in a client's account for a year or longer. We typically employ this strategy when:

- we believe the securities to be currently undervalued, and/or
- we want exposure to a particular asset class over time, regardless of the current projection for this class.

A risk in a long-term purchase strategy is that by holding the security for this length of time, we may not take advantage of short-term gains that could be profitable to a client. Moreover, if our predictions are incorrect, a security may decline in value before we make the decision to sell. Further, using a long-term purchase strategy generally assumes the financial markets will generate a positive total return (capital appreciation plus income) in the long-term which may not be the case. There is also the risk that the segment of the market or a particular investment in which we are invested will decline in value over time even if the overall financial markets advance. Purchasing investments long-term may create an opportunity cost by "locking-up" assets that may be better utilized in the short-term in other investments.

Short-Term Purchases. When utilizing this strategy, we purchase securities with the idea of selling them within a relatively short time (typically a year or less). We do this in an attempt to take advantage of conditions that we believe will soon result in a price swing in the securities we purchase. Using a short-term purchase strategy generally assumes that we can predict how financial markets and/or individual securities will perform in the short-term which may be very difficult. There are many factors that can affect financial market performance in the short-term (such as short-term interest rate changes, cyclical earnings announcements, etc.) but may have a smaller impact over longer periods of times. Therefore, a short-term purchase strategy poses risks should the anticipated price swing not materialize; we are then left with the option of having a long-term investment in a security that was designed to be a short-term purchase, or potentially taking a loss.

In addition, this strategy involves more frequent trading than does a longer-term strategy and will result in increased brokerage and other transaction-related costs, as well as less favorable tax treatment of short-term capital gains.

Options: On occasion options strategies may be employed. When utilized, these strategies are generally used as a supplement to other investment designs. Strategies can vary depending on client's needs. Commonly, use of options will be for income generation, including selling of puts and covered calls. Purchase of calls or puts may also be used, either for the prospects of capturing some equity upside or protecting from some portion of the downside. In general, AMR does not seek to use options to leverage risk.

Margin: In most instances, AMR does not use margin transactions as an investment strategy. However, we may recommend, where appropriate, that a client establish a margin account with the client's broker. In this situation, if we are selling one stock and purchasing another stock with the proceeds, we can use the margin account to make certain that you are not left out of the purchase if we have difficulty completing the sale. When options strategies are utilized, use of margin is more likely to be encouraged.

Risk Of Loss

Investing in securities involves risk of loss that clients should be prepared to bear.

All investments involve the risk of loss, including (among other things) loss of principal, a reduction in earnings (including interest, dividends and other distributions), and the loss of future earnings. Although we manage assets in a manner consistent with your investment objectives and risk tolerance, there can be no guarantee that our efforts will be successful. You should be prepared to bear the following risk of loss:

- **Interest-rate Risk:** Fluctuations in interest rates may cause investment prices to fluctuate. For example, when interest rates rise, yields on existing bonds become less attractive, causing their market values to decline.

- **Market Risk:** The price of an equity, bond, or mutual fund may drop in reaction to tangible and intangible events and conditions. This type of risk is caused by external factors independent of an equity's particular underlying circumstances. For example, political, economic and social conditions may trigger market events.
- **Inflation Risk:** When any type of inflation is present, a dollar next year will not buy as much as a dollar today, because purchasing power is eroding at the rate of inflation.
- **Currency Risk:** Overseas investments are subject to fluctuations in the value of the dollar against the currency of the investment's originating country. This is also referred to as exchange rate risk.
- **Reinvestment Risk:** This is the risk that future proceeds from investments may have to be reinvested at a potentially lower rate of return (i.e. interest rate). This primarily relates to fixed income securities.
- **Business Risk:** These risks are associated with a particular industry or a particular company within an industry. For example, oil-drilling companies depend on finding oil and then refining it, a lengthy process, before they can generate a profit. They carry a higher risk of profitability than an electric company, which generates its income from a steady stream of customers who buy electricity no matter what the economic environment is like.
- **Liquidity Risk:** Liquidity is the ability to readily convert an investment into cash. Generally, assets are more liquid if many traders are interested in a standardized product. For example, Treasury Bills are highly liquid, while real estate properties are not.
- **Financial Risk:** Excessive borrowing to finance a business' operations increases the risk of profitability, because the company must meet the terms of its obligations in good times and bad. During periods of financial stress, the inability to meet loan obligations may result in bankruptcy and/or a declining market value.
- **Cybersecurity Risk:** A breach in cyber security refers to both intentional and unintentional events that may cause an account to lose proprietary information, suffer data corruption, or lose operational capacity. This in turn could cause an account to incur regulatory penalties, reputational damage, and additional compliance costs associated with corrective measures, and/or financial loss.
- **Pandemic Risk:** Large-scale outbreaks of infectious disease can greatly increase morbidity and mortality over a wide geographic area, crossing international boundaries, and causing significant economic, social, and political disruption.

Listed above are some of the primary risks associated with the way we manage our clients' portfolios. Please do not hesitate to contact us to discuss these risks and others in more detail. Securities investments are not guaranteed, and you may lose money on your investments. We ask that you work with us to help us understand your tolerance for risk.

Item 9: Disciplinary Information

We are required to disclose any legal or disciplinary events that are material to a client's or prospective client's evaluation of our advisory business or the integrity of our management. Our firm and our management personnel have no reportable disciplinary events to disclose.

Item 10: Other Financial Industry Activities and Affiliations

AMR is not registered as a broker-dealer, and none of our management persons are registered representatives of a broker-dealer.

AMR is not registered and does not have an application pending as a securities broker-dealer, futures commission merchant, commodity pool operator or commodity trading advisor.

Certain management persons and other employees of AMR are separately licensed as insurance brokers with one or more insurance companies. As insurance brokers, these individuals may be able to sell insurance and insurance-related investment products to clients, for which they may receive separate and/or additional compensation (e.g., commissions). Our clients are not under any obligation to engage these individuals when considering implementation of investment recommendations. The implementation of any or all recommendations is solely at the discretion of the client.

Clients should be aware that the receipt of insurance or other compensation by management persons or other employees of AMR may create a conflict of interest that may impair the objectivity of the advice given by these individuals on behalf of the firm when making advisory recommendations. We endeavor at all times to put the interest of clients first as part of our fiduciary duty as a registered investment adviser. We take the following steps to address this conflict:

- we disclose to clients the existence of all material conflicts of interest, including the potential for us to earn compensation from insurance sales or the referral of clients to other registered investment advisers in addition to our advisory fees;
- we disclose to clients that they are not obligated to purchase recommended insurance or insurance-related investment products from our employees;
- we disclose to the client in a separate disclosure document and/or advisory contract the compensation we receive in exchange for the client's referral to the selected investment adviser;
- we collect, maintain and document accurate, complete and relevant client background information, including the client's financial goals, objectives and risk tolerance;
- our firm's management conducts regular reviews of each client account to verify that all recommendations made to a client are suitable to the client's needs and circumstances;
- we require that our employees seek prior approval of any outside employment activity so that we may ensure that any conflicts of interests in such activities are properly addressed;
- we periodically monitor these outside employment activities to verify that any conflicts of interest continue to be properly addressed; and
- we educate our employees regarding the responsibilities of a fiduciary, including the need for having a reasonable and independent basis for the investment advice provided to clients.

Michael J. Perna also acts as a tax preparer for Perna Financial Tax Services. AMR has no affiliation with Perna Financial Tax Services. Existing clients of Perna Financial Tax Services may also become clients of AMR; however, AMR clients are not obligated to use Perna Financial Tax Services for their tax preparation needs. AMR clients may work with any tax preparer they choose. Perna Financial Tax Services clients are not obligated to use AMR for investment management and financial planning services.

Jeff Perry also acts as a lawyer and real estate broker in an individual capacity and AMR has no affiliation with these services. Existing legal or real estate clients of Jeff Perry may also become clients of AMR; however, clients are not obligated to use AMR for investment management or financial planning services.

Scott A. Birmingham is Founder and President of Fair Share Divorces, LLC assisting clients with financial decisions during divorce. Existing clients of Fair Share Divorces, LLC may also become clients of AMR; however, clients are not obligated to use AMR for investment management or financial planning services.

While AMR has some existing relationships where client accounts are being managed by outside managers, this is no longer a service being offered to clients. AMR no longer selects or recommends other investment advisers to manage client accounts.

Item 11: Code of Ethics, Personal Trading, and Participation in Client Transactions

Code Of Ethics

Our firm has adopted a Code of Ethics (the Code) which sets forth high ethical standards of business conduct that we require of our employees, including compliance with applicable federal securities laws. AMR and our personnel owe a duty of loyalty, fairness and good faith to our clients, and have an obligation to adhere not only to the specific provisions of the Code, but to the general principles that guide the Code.

AMR's Code includes the firm's policy prohibiting the use of material non-public information. While we do not believe that we have any particular access to non-public information, all employees are reminded that such information may not be used in a personal or professional capacity.

Our Code requires that anyone associated with this advisory practice with access to advisory recommendations, client holdings or other specified information ("access persons") provide annual securities holdings reports and quarterly transaction reports of all reportable transactions to the firm's designated officer. These reports are made available to an appropriate regulatory agency upon request and will be reviewed on a regular basis by the firm's Chief Compliance Officer, Scott Birmingham, or his designee, to supervise compliance with the firm's Code.

Our Code also contains oversight, enforcement and recordkeeping provisions. A copy of our Code is available to our advisory clients and prospective clients. You may request a copy by email to info@AMRfinancial.com, or by telephone at (866) 771-8901.

Summary Of Personal Trading Policy

Our firm, management persons and other employees may buy or sell securities for their personal accounts that are identical to or different from those recommended to our clients. In addition, the firm and these individuals may have an interest or position in a security which may also be recommended to a client. As these situations represent actual or potential conflicts of interest with our clients, we have taken the following steps to assure that: (i) the personal securities transactions of our firm and employees will not interfere with making and implementing decisions in the best interest of our advisory clients; (ii) our firm complies with its regulatory obligations; and (iii) we provide our clients with full and fair disclosure of such conflicts of interest.

In our effort to protect clients' interest, we do the following:

- Prohibiting the firm, its management persons and employees from:
 - Putting their own interest above the interest of an advisory client.

- Buying or selling securities for their personal portfolio(s) where their decision is a result of information received as a result of his or her employment unless the information is also available to the investing public.
- Purchasing or selling any security immediately prior to a transaction(s) in the same securities being implemented for an advisory account.
- Our firm requires prior approval for any IPO or private placement investments by an access person of the firm.
- We require all Access Persons to report Personal Securities Holdings and Transactions. These reports are reviewed on a regular basis.
- We have established procedures for the maintenance of all required books and records.
- We require all our management persons and other employees to act in accordance with all applicable state and federal regulations governing registered investment advisory practices.
- We provide each employee of our firm with a copy of our Code on an annual basis.
- We have established policies requiring the reporting of Code violations to our Managing Member and Chief Executive Officer, J. Christopher Boyd.
- Any individual who violates any of the above restrictions may be subject to termination.

Aggregation Of Employee Trades With Client Transactions

We may aggregate our employee trades with client transactions where possible and when compliant with our duty to seek best execution for our clients. In these instances, participating clients will receive an average share price. Transaction costs will be charged a fixed, per-trade fee or a fee based on the number of shares traded for each client (depending upon the individual client's agreement with the applicable custodian/broker). In the instances where there is a partial fill of a particular batched order, we will allocate all purchases pro rata, with each account paying the average price. Our employee accounts will typically be included in the pro rata allocation.

Please review the disclosures in Item 12 of this Brochure for a more detailed understanding of the firm's trade aggregation policies and procedures.

Principal/Cross Transactions

AMR and individuals associated with our firm are prohibited from engaging in principal transactions. A principal transaction is a transaction where AMR or a person associated with AMR, as principal, buys securities from, or sells securities to, an AMR client.

It is also AMR's policy that the Firm will not affect any agency cross securities transactions for client accounts nor cross trades between client accounts.

Item 12: Brokerage Practices

Research And Other Soft Dollar Benefits

AMR has no formal or informal soft dollar arrangements with any broker dealer.

Brokerage For Client Referrals

AMR does not receive client referrals from broker/dealers.

Portfolio Management/ AMR Advisory Plus Wrap Program

Our firm does not accept the discretionary authority to determine the broker-dealer to be used or the commission rates to be paid by its clients. Clients must direct AMR as to the broker-dealer to be used in managing their accounts.

AMR typically requires that clients establish brokerage accounts with the TD Ameritrade Institutional ("TD Ameritrade"), a division of TD Ameritrade Inc. TD Ameritrade is a FINRA-member broker-dealer and SIPC member. Specifically, AMR participates in the Institutional advisor program (the "Program") offered by TD Ameritrade. TD Ameritrade is a division of TD Ameritrade, Inc., unaffiliated SEC-registered broker-dealer and member FINRA/SIPC/NFA. TD Ameritrade Institutional offers to independent investment advisors services that include custody of securities, trade execution, clearance, and settlement of transactions. AMR receives some benefits from TD Ameritrade Institutional through its participation in the Program. (Please see the disclosure under Item 14 below.)

Although we require clients to establish accounts at TD Ameritrade Institutional, it is the client's decision to custody assets with TD Ameritrade Institutional. AMR is independently owned and operated and not affiliated with TD Ameritrade Institutional. AMR has evaluated TD Ameritrade Institutional and believes that they will provide our clients with a blend of execution services, commission costs and professionalism that will assist our firm in meeting our fiduciary obligations to clients.

TD Ameritrade Institutional provide AMR with access to their institutional trading platform and custody services, which are typically not available to TD Ameritrade's retail investors. These services generally are available to independent investment advisers on an unsolicited basis, at no charge. These services are not contingent upon our firm committing to TD Ameritrade Institutional any specific amount of business (assets in custody or trading commissions). Brokerage services include the execution of securities transactions, custody, research, and access to mutual funds and other investments that are otherwise generally available only to institutional investors or would require a significantly higher minimum initial investment.

For our client accounts maintained in their custody, TD Ameritrade Institutional generally does not charge separately for custody services. They are compensated by account holders through commissions and other transaction-related or asset-based fees for securities trades that are executed through brokerage services or that settle into their custodial accounts.

TD Ameritrade Institutional also makes available to our firm other products and services that benefit AMR but may not directly benefit our clients' accounts. Many of these products and services may be used to service all or some substantial number of our client accounts, including accounts not maintained at TD Ameritrade Institutional. These products and services that assist us in managing and administering our clients' accounts include software and other technology that:

- provide access to client account data (such as trade confirmations and account statements);
- facilitate trade execution and allocate aggregated trade orders for multiple client accounts;
- provide research, pricing and other market data;
- facilitate payment of our fees from clients' accounts; and
- assist with back-office functions, recordkeeping and client reporting.

TD Ameritrade Institutional also offer other services intended to help us manage and further develop our business enterprise. These services may include:

- compliance, legal and business consulting;
- publications and conferences on practice management and business succession; and
- access to employee benefits providers, human capital consultants and insurance providers.

We may also receive waivers or reductions of conference registration fees, meals, entertainment and promotional premium items that have nominal value. We believe these economic benefits do not, either individually or collectively, impair our independence. Prior to the acceptance of any consideration, employees must obtain authorization and approval from Scott Birmingham, Chief Compliance Officer.

We reserve the right to decline acceptance of any client account for which the client directs the use of a broker other than TD Ameritrade Institutional if we believe that this choice would hinder our fiduciary duty to the client and/or our ability to service the account. In directing the use of TD Ameritrade Institutional or any other broker it should be understood that we will not have authority to negotiate commissions or to necessarily obtain volume discounts, and best execution may not be achieved. In addition, a disparity in commission charges may exist between the commissions charged to a client and those charged to other clients (who direct the use of a different broker). Clients should note that while AMR has a reasonable belief that TD Ameritrade Institutional is able to obtain best execution and competitive prices, our firm will not independently seek best execution price capability through other brokers.

As disclosed in Item 4, clients may participate in wrap fee programs. In evaluating a wrap-fee program, a client should recognize that brokerage commissions for the execution of

transactions in their account are not negotiated. Transactions are affected net, i.e., without commission and a portion of the wrap fee is generally considered to be in lieu of commissions. Trades are generally expected to be executed only with the broker dealer with which the client has entered into the wrap fee arrangement.

We may not, therefore, be free to seek best price and execution by placing transactions with other broker dealers. Our experience indicates that certain broker dealers under clients' wrap fee agreements generally offer best price for transactions in listed equity securities, but no assurance can be given that such will continue to be the case with those or other broker dealers which may offer wrap fee arrangements, nor with respect to transactions in other types of securities. The client may wish to ensure that the broker dealer offering the wrap-fee arrangement can provide adequate price and execution of most or all transactions. The client should also consider that depending on the wrap-fee charged by the broker dealer, the amount of portfolio activity in the client's account, the value of custodial and other services which are provided under the arrangement, and other factors, the wrap-fee may or may not exceed the aggregate cost of such services were they to be provided separately and if the firm were free to negotiate commissions and seek best price and execution of transactions for the client's account.

Clients should refer to the Wrap Fee Program Brochure (Form ADV Part 2A Appendix 1) for the AMR Advisory Plus Program for more detailed information on brokerage practices in this wrap fee arrangement.

Trade Aggregation

AMR typically aggregates trades for multiple accounts. Orders for the same security entered on behalf of more than one client will generally be aggregated (i.e., blocked or bunched) subject to the aggregation being in the best interests of all participating clients. If the order is filled at different prices during the day, prices are averaged so that participating accounts receive the same price. If an order has not been filled completely so that there are not enough shares to allocate among all the clients fully, shares will be allocated in good faith, based on the following considerations: amount of cash in the account, existing asset allocation and industry exposure, risk profile, and type of security. All clients participating in each aggregated order shall receive the average price and subject to minimum ticket charges, pay a pro-rata portion of commissions.

AMR's allocation procedure seeks to be fair and equitable to all clients with no particular group or client(s) being favored or disfavored over any other clients. Accounts for AMR or its employees may be included in a block trade with client accounts.

Item 13: Review of Accounts

Portfolio Management/ AMR Advisory Plus Program

Reviews: While the underlying securities within these accounts are actively monitored, these accounts are reviewed on at least a quarterly basis. Accounts are reviewed in the context of each client's stated investment objectives and guidelines. More frequent reviews may be triggered by material changes in variables such as the client's individual circumstances, or the market, political or economic environment.

These accounts are reviewed by any of the following: Jeff Perry, JD, Investment Advisor Representative; Jeffrey Tomaneng, CFP®, CIMA®, ChFC®, CAP®, CLU®, CASL®, CDFA®, Investment Advisor Representative; Michael J. Perna, CFP®, MBA, Investment Advisor Representative; Brian J. Regan, CFA®, Chief Investment Officer; Scott A. Birmingham, CFP®, CDFA®, ChFC®, CAP®, CLU®, Investment Advisor Representative and Chief Compliance Officer; and/or J. Christopher Boyd, CFP®, CASL®, CEPS, LLC Manager and Chief Executive Officer

Reports: In addition to the monthly statements and confirmations of transactions that clients receive from their broker-dealer/custodian, we provide quarterly reports summarizing account performance and balances.

Financial Planning/ Financial Consulting

These client accounts will be reviewed and will receive reports as contracted for at the inception of the advisory relationship. Financial Planning clients will receive a completed financial plan.

Item 14: Client Referrals and Other Compensation

AMR receives compensation based on prior referral arrangements. AMR no longer offers these services; however, the Firm continues to receive compensation based on the terms of the agreement with the outside adviser.

Other Compensation

As insurance brokers, our management persons and other employees are eligible to receive incentive awards (including prizes such as trips or bonuses) for recommending certain types of insurance policies or other investment products. While we endeavor at all times to put the interest of our clients first as part of our fiduciary duty, the possibility of receiving incentive awards creates a conflict of interest and may affect the judgment of these individuals when making recommendations.

We address these conflicts by reviewing recommendations made to our clients to determine that all recommendations are consistent with the best interests of our clients. Please see the disclosure in Item 5 of this Brochure for additional information about how we manage these conflicts of interest.

As disclosed under Item 12 above, AMR participates in TD Ameritrade's Institutional advisor program and AMR may recommend TD Ameritrade Institutional to clients for custody and brokerage services. There is no direct link between AMR's participation in the Program and the investment advice it gives to clients, although AMR receives economic benefits through its participation in the program that are typically not available to TD Ameritrade retail investors. These benefits include the following products and services (provided without cost or at a discount): receipt of duplicate client statements and confirmations; research-related products and tools; consulting services; access to a trading desk serving AMR participants; access to block trading (which provides the ability to aggregate securities transactions for execution and then allocate the appropriate shares to client accounts); the ability to have advisory fees deducted directly from client accounts; access to an electronic communications network for AMR order entry and account information; access to mutual funds with no transaction fees and to certain institutional money managers; and discounts on compliance, marketing, research, technology, and practice management products or services provided to AMR by third party vendors. TD Ameritrade Institutional may also have paid for business consulting and professional services received by AMR's related persons. Some of the products and services made available by TD Ameritrade Institutional through the program may benefit AMR but may not benefit its client accounts. These products or services may assist AMR in managing and administering client accounts, including accounts not maintained at TD Ameritrade Institutional. Other services made available by TD Ameritrade Institutional are intended to help AMR manage and further develop its business enterprise. The benefits received by AMR or its personnel through participation in the program do not depend on the amount of brokerage transactions directed to TD Ameritrade Institutional. As part of its fiduciary duties to clients, AMR endeavors at all times to put the interests of its clients first. Clients should be aware, however, that the receipt

of economic benefits by AMR or its related persons in and of itself creates a potential conflict of interest and may indirectly influence AMR's choice of TD Ameritrade Institutional for custody and brokerage services.

AMR may receive succession planning, practice valuation, and equity management services from third-party vendors through AMR's participation in the TD Ameritrade Institutional Equity Management Program. In addition to meeting the minimum eligibility criteria for participation in the TD Ameritrade Institutional Equity Management Program, AMR may have been selected to participate in the TD Ameritrade Institutional Equity Management Program based on the amount and potential profitability to TD Ameritrade Institutional of the assets in, and trades placed for, client accounts maintained with TD Ameritrade Institutional. TD Ameritrade Institutional is a discount broker-dealer independent of and unaffiliated with AMR and there is no employee or agency relationship between TD Ameritrade Institutional and AMR. TD Ameritrade Institutional has established the TD Ameritrade Institutional Equity Management Program as a means of assisting independent unaffiliated advisors to grow and maintain their respective investment advisory business. TD Ameritrade Institutional does not supervise AMR and has no responsibility for AMR's management of client portfolios or AMR's other advice or services to clients.

AMR's participation in the TD Ameritrade Institutional Equity Management Program raises potential conflicts of interest. AMR may encourage their clients to custody their assets at TD Ameritrade Institutional and whose client accounts are profitable to TD Ameritrade Institutional. Consequently, in order to participate in the TD Ameritrade Institutional Equity Management Program, AMR may have an incentive to recommend to clients that the assets under management by AMR be held in custody with TD Ameritrade Institutional and to place transactions for client accounts with TD Ameritrade Institutional. AMR's participation in the TD Ameritrade Institutional Equity Management Program does not relieve AMR of the duty to seek best execution of trades for client accounts.

Item 15: Custody

We previously disclosed in Item 5 of this Brochure that our firm directly debits advisory fees from client accounts. On a quarterly basis, we provide clients with a billing statement. As part of this billing process, the client's custodian is advised of the amount of the fee to be deducted from that client's account. On at least a quarterly basis, the custodian is required to send to the client a statement showing all transactions within the account during the reporting period. Because the custodian does not calculate the amount of the fee to be deducted, it is important for clients to carefully review their custodial statements to verify the accuracy of the calculation, among other things. Clients should contact us directly if they believe that there may be an error in their statement.

Clients may provide AMR with written ongoing authorization to wire money between the client's accounts held with the qualified custodian directly to an outside financial institution (i.e. a client's bank account). A copy of this authorization is provided to the qualified custodian. The authorization includes the client's name and account number(s) at the outside financial institution(s) as required.

In addition to the periodic statements that clients receive directly from their custodians, we also send account reports directly to our clients on a quarterly basis. We urge our clients to carefully compare the information provided on these reports to the custodian's statements to ensure that all account balances are correct and current.

Item 16: Investment Discretion

Clients may hire us to provide discretionary portfolio management services. Where we have been provided investment discretion, we place trades in a client's account without obtaining specific client permission prior to each trade. Our discretionary authority includes the ability to do the following without contacting the client:

- Determine the security to buy or sell; and/or
- Determine the amount of the security to buy or sell.

Clients give us discretionary authority when they sign a discretionary advisory agreement with our firm and may limit this authority by giving us written instructions. Clients may also change/amend such limitations by once again providing us with written instructions.

Advisory clients who elect not to grant such discretionary authority to AMR are advised that trades in their accounts will typically be executed subsequent to trades effected in discretionary accounts due to the time involved in obtaining prior client approval. Consequently, these clients may not participate in blocked trades and there may be a difference in the price paid per share of a given security.

Item 17: Voting Client Securities

We do not vote client securities. Clients maintain exclusive responsibility for: (i) directing the manner in which proxies solicited by issuers of securities beneficially owned by the client shall be voted, and (ii) making all elections relative to any mergers, acquisitions, tender offers, bankruptcy proceedings or other type events pertaining to the client's investment assets. Therefore, AMR and/or the client shall instruct each custodian of the applicable assets to forward to the client copies of all proxies and shareholder communications relating to the client's investment assets.

We also do not typically provide advice to clients regarding the clients' voting of securities.

Item 18: Financial Information

As an advisory firm that maintains discretionary authority for client accounts and custody of client funds, we are also required to disclose any financial condition that is reasonably likely to impair our ability to meet our contractual obligations. AMR has no additional financial circumstances to report and has never been the subject of a bankruptcy petition.

Under no circumstances do we require or solicit payment of fees in excess of \$1,200 per client more than six months in advance of services rendered. Therefore, we are not required to provide a balance sheet.



Part 2B of Form ADV: Brochure Supplement

Asset Management Resources, LLC

Effective Date: March 2021

1060 Falmouth Road, Suite B-2
Hyannis, MA 02601
Telephone: (866) 771-8901
Email: info@AMRfinancial.com
Website: www.AMRfinancial.com

**Supervisor: Scott A. Birmingham, CFP®, CDFA®, ChFC®, CAP®,
CLU®**

Supervisor of:

J. Christopher Boyd, CFP®, CASL®, CEPS

Michael J. Perna, CFP®, MBA

Kristen C. Boyd, MAT

Brian J. Regan, CFA®

Jeffrey N. Tomaneng, CFP®, CIMA®, ChFC®, CDFA®, CASL®, CLTC,
CFS®, CLU®

Jeff Perry, JD

This Brochure Supplement provides information about the Firm's ("we", "us", "our") employees that supplements our Brochure. You should have received a copy of that Brochure. Please contact Scott A. Birmingham, Investment Advisor Representative and Chief Compliance Officer, at (866) 771-8901 or Scott@AMRfinancial.com if you did not receive our Brochure or if you have any questions about the contents of this Supplement.

Additional information about our employee(s) referenced above is also available on the SEC's website at www.adviserinfo.sec.gov. You may search this site using a unique identifying number, known as a CRD number for each employee.

Item 2: Educational Background and Business Experience

Education and Business Background

Asset Management Resources, LLC (AMR) requires that advisers in its employ have a bachelor's degree and/or further coursework demonstrating knowledge of financial planning and/or tax planning. Examples of acceptable coursework include: a MBA, CFP®, CFA®, ChFC®, JD, CTFA, EA, or CPA. Additionally, advisers must have work experience that demonstrates their aptitude for financial planning and/or investment management.

Supervised Persons

J. Christopher Boyd
CRD #: 2186158

Born 1966

Business Background:

Asset Management Resources, LLC
Manager and Chief Executive Officer

2020 to Present

AMR Insurance
Sole Proprietor

2008 to Present

Asset Management Resources, LLC
Manager and Chief Investment Officer

2008 to 2020

Lincoln Financial Group
(formerly Jefferson Pilot Financial)
Producer

1992 to 2016

Formal Education after High School:

College of the Holy Cross
Bachelor of Arts in Philosophy and Religious Studies

Professional Designations:

Certified Elder Planning Specialist
Chartered Adviser for Senior Living (CASL®)
Certified Financial Planner™ (CFP®)

Michael J. Perna
CRD #: 1658732

Born 1950

Business Background:

Asset Management Resources, LLC
Investment Advisor Representative

2012 to Present

Perna Financial Tax Services
Sole Proprietor and Tax Preparer

2012 to Present

Formal Education after High School:

Northeastern University
Master's in Business Administration

Brown University
Bachelor of Arts in U.S. History

Professional Designation:

Certified Financial Planner™ (CFP®)

Kristen C. Boyd
CRD #: 6061952

Born 1968

Business Background:

Asset Management Resources, LLC
Director of Client Service & Office Management

2011 to Present

Formal Education after High School:

Sacred Heart University
Master of Arts in Teaching/ Elementary Education

College of the Holy Cross
Bachelor of Arts in English

Professional Designations:

N/A

Brian J. Regan
CRD #: 6923110

Born 1988

Business Background:

Asset Management Resources, LLC
Chief Investment Officer

2020 to Present

Asset Management Resources, LLC
Portfolio Manager

2018 to 2020

Asset Management Resources, LLC
Portfolio Analyst

2018 to 2018

Winter Harbor, LLC

2015 to 2017

Management Consultant

Formal Education after High School:

Boston University

Bachelor of Science in Finance

Professional Designation:

Chartered Financial Analyst (CFA®)

Scott Birmingham

Born 1966

CRD #: 3272484

Business Background:

Asset Management Resources, LLC

2019 to Present

Investment Advisor Representative and Chief Compliance Officer

Fair Share Divorces, LLC

2020 to Present

President

BYB Financial Coach, LLC

2017 to 2020

President

Fieldstone Financial Management Group

2015 to 2017

Financial Planning Supervisor

Formal Education after High School:

Boston College

Bachelor of Arts in Information Processing

Professional Designations:

Certified Divorce Financial Analyst (CDFA®)

Chartered Advisor in Philanthropy Program® (CAP®)

Chartered Life Underwriter® (CLU®)

Chartered Financial Consultant® (ChFC®)

Certified Financial Planner™ (CFP®)

Jeffrey N. Tomaneng

Born 1970

CRD #: 2412116

Business Background:

Asset Management Resources, LLC

2021 to Present

Investment Advisor Representative & Wealth Advisor

Sapers & Wallack

2019 to 2021

Director of Financial Planning

Lion Street Financial Registered Representative and Investment Advisor Representative	2019 to 2021
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Lincoln Investment Planning, Inc. Financial Representative	2009 to 2019
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Formal Education After High School:

Massachusetts Institute of Technology (MIT) – Sloan School of Management
Certificate in Field of study: Investment Management Theory and Practice

New York University (NYU) – School of Professional Studies
Certificate in Financial Planning

Washington University in St. Louis
Bachelor of Science in Business Administration

Professional Designations:

CERTIFIED FINANCIAL PLANNER™ Professional (CFP®)
Certified Investment Management Analyst® (CIMA®)
Accredited Asset Management Specialist (AAMS®)
Accredited Financial Counselor (AFC®)
Accredited Investment Fiduciary (AIF®)
Accredited Portfolio Management AdvisorSM (APMA®)
Chartered Advisor for Senior Living (CASL®)
Certified Divorce Financial Analyst® (CDFA®)
Certified Fund Specialist (CFS®)
Chartered Financial Consultant® (ChFC®)
Chartered Life Underwriter® (CLU®)
Certified in Long-Term Care (CLTC)
Chartered Mutual Fund Counselor (CMFC®)
Certified Plan Fiduciary Advisor (CPFA)
Certified Retirement Counselor (CRC®)
Certified Retirement Education Specialist (CRES)
Long-Term Care Professional (LTCP)
Registered Financial Consultant (RFC®)

Jeff Perry
CRD #: 7348195

Born 1964

Business Background:

Asset Management Resources, LLC Investment Advisor	2021 to Present
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Barnstable County Sheriff's Office
Special Sheriff / Superintendent

2011 to 2021

Formal Education After High School:

New England School of Law
Juris Doctorate Degree

Curry College
Bachelor's Degree in Sociology, with a focus on Criminal Justice matters

Bristol Community College
Associates Degree in Liberal Studies

Professional Designations:
Licensed Massachusetts Attorney
Licensed Massachusetts Real Estate Broker
Licensed Florida Real Estate Broker

Professional Certifications

AMR's supervised persons maintain professional designations, which required the following minimum requirements:

Certified Elder Planning Specialist (CEPS)

Issued by: Plan4Life, LLC

Prerequisites/Experience Required: None

Educational Requirements: Candidate must complete a ten-module in-person course

Examination Type: Final certification exam (open-book, non-proctored, multiple choice)

Continuing Education/Experience Requirements: None

Chartered Adviser for Senior Living (CASL®)

Issued by: The American College

Prerequisites/Experience Required: Candidate must meet the following requirements:

- Meeting experience requirements for The College's CLU®, ChFC®, RHU®, REBC®, and CLF® designations, or
- Advising clients on financial and/or practical matters relating to their retirement years or on issues dealing with aging for at least three of the five years preceding the awarding of the designation.

Educational Requirements: Candidate must complete the five required courses equivalent to 15 semester credit hours.

Examination Type: Final closed-book proctored exam for each course

Continuing Education/Experience Requirements: 15 hours every two years (required for recertification of legacy designation)

CERTIFIED FINANCIAL PLANNER™ (CFP®)

Issued by: Certified Financial Planner Board of Standards, Inc.

Prerequisites/Experience Required: Candidate must meet the following requirements:

- A bachelor's degree (or higher) from an accredited college or university, and
- 3 years of full-time personal financial planning experience

Educational Requirements: Candidate must complete a CFP-board registered program, or hold one of the following:

- CPA
- ChFC®
- Chartered Life Underwriter® (CLU®)
- CFA®
- Ph.D. in business or economics
- Doctor of Business Administration
- Attorney's License

Examination Type: CFP Certification 10 Hour Examination

Continuing Education/Experience Requirements: 30 hours every 2 years

Chartered Financial Analyst (CFA®)

Issued by: CFA Institute

Prerequisites/Experience Required: Candidate must meet one of the following requirements:

- Undergraduate degree and 4 years of professional experience involving investment decision-making, or
- 4 years qualified work experience (full time, but not necessarily investment related)

Educational Requirements: Self-study program (250 hours of study for each of the 3 levels)

Examination Type: 3 course exams

Continuing Education/Experience Requirements: None

Certified Divorce Financial Analyst (CDFA®)

Issued by: The Institute for Divorce Financial Analysts

Prerequisites/Experience Required: Three years of experience in the financial services field, accounting or family law

Examination Type: 4 module self-study courses, with a computer exam after module three, open-book case study exam after module four

Continuing Education/Experience Requirements: 15 divorce-specific hours every two years

Chartered Advisor in Philanthropy® (CAP®)

Issued by: The American College

Prerequisites/Experience Required: Candidate must meet one of the following requirements:

- Advising individuals or charitable organizations in wealth and estate planning, financial planning, charitable planning, charitable giving, planned giving, nonprofit or foundation management or services, investment management of charitable assets or accounting; or
- Employed in the nonprofit sector in a capacity related to nonprofit management, development, planned giving or fundraising.

Educational Requirements: Three graduate-level courses, equivalent of 9 semester credit hours

Examination Type: Final closed-book, proctored exam for each course

Continuing Education/Experience Requirements: 15 hours every two years

Chartered Life Underwriter® (CLU®)

Issued By: The American College

Prerequisites/Experience Required: Candidate must meet the following requirements:

- A combination of education and/or experience working with seniors
- Agree to be bound by the American College's Code of Ethics

Educational Requirements: Candidate must complete the following:

- Self-study or classroom coursework
- 8 courses: 5 required, 3 electives

Examination Type: Final closed-book, proctored exam for each course

Continuing Education/Experience Requirements: 30 CE credits every 2 years

Chartered Financial Consultant® (ChFC®)

Issued by: The American College

Prerequisites/Experience Required: Candidate must meet the following requirements:

- 3 years of full-time business experience within the five years preceding the awarding of the designation

Educational Requirements: 6 core and 2 elective courses

Examination Type: Final proctored exam for each course

Continuing Education/Experience Requirements: 30 CE credits every 2 years

Certified Investment Management Analyst® (CIMA®)

Issued by: Investment Management Consultants Association (IMCA)

Prerequisites/Experience Required: Candidate must meet the following requirements:

- 3 years of full-time financial services experience
- Pass Qualification Examination
- Schedule into and complete education program with Registered Education Provider
- Pass online Certification Examination
- Sign licensing agreement and agree to adhere to IMCA's Code of Professional Responsibility, Standards of Practice, and Rules and Guidelines for Use of the Marks

Educational Requirements: Schedule into and complete education program with Registered Education Provider

Examination Type: Qualification and Certification Examinations

Continuing Education/Experience Requirements: 40 hours every 2 years, including 2 ethics hours

Accredited Asset Management SpecialistSM (AAMS®)

Issued by: Association for Financial Counseling and Planning Education

Prerequisites/Experience Required: None

Educational Requirements: Candidate must complete the following:

- Complete 12-module AAMS® Professional Education Program
- Pass end-of-course examination
- Adhere to Standards of Professional Conduct

Examination Type: End-of-course examination

Continuing Education/Experience Requirements: 16 hours every 2 years

Accredited Financial Counselor (AFC®)

Issued by: College of Financial Planning

Prerequisites/Experience Required: Candidate must meet the following requirements:

- 1000 hours of financial counseling experience
- Submit three letters of reference attesting to professional competence and experience

Educational Requirements: Candidate must complete the following AFC Education Pathways:

- Self-Paced Study
- Financial Education Challenge
- Professional Designation Challenge
- AFCPE Approved Education Program

Examination Type: Final certification exam (online at testing center, closed book, proctored)
Continuing Education/Experience Requirements: 30 hours every 2 years

Accredited Investment Fiduciary® (AIF®)

Issued by: Center for Fiduciary Studies

Prerequisites/Experience Required: The AIF designation prerequisites are based on a point system – an AIF Designation candidate must earn a minimum of three (3) points per the valuation framework, which may include the following:

- Bachelor's, Master's, or Doctoral/JD Degree
- Maintenance of certain securities license(s) - Series 7, 65, and/or 66, and/or
- Maintenance of the AAMS, CRPS, PPC, or other comparable credential
- Maintenance of the CFA, CFP®, CIMA®, CPA, CLU, or ChFC designation
- Relevant Industry Experience of more than 2 years

Educational Requirements: Candidate must complete the following:

- Web-based program
- Capstone program

Examination Type: None

Continuing Education/Experience Requirements: 6 hours every year

Accredited Portfolio Management AdvisorSM (APMA®)

Issued by: College for Financial Planning

Prerequisites/Experience Required: None

Educational Requirements: Candidate must complete a two-part self-study course (requires 100-150 hours):

- 11-module course focusing on program concepts
- Online instructor-led graduate course involving direct application of program topics

Examination Type: Final designation exam (online and timed)

Continuing Education/Experience Requirements: 16 hours every 2 years

Certified Fund Specialist (CFS®)

Issued by: Institute of Business & Finance

Prerequisites/Experience Required: Candidate must meet one of the following requirements:

- A bachelor's degree or
- 2,000 hours of financial services work experience

Educational Requirements: Candidate must complete six module Self-Study Program

Examination Type: Three exams (proctored and online) and a case study
Continuing Education/Experience Requirements: 30 hours every 2 years

Certified in Long-Term Care (CLTC)

Issued by: The CLTC Board of Standards, Inc.

Prerequisites/Experience Required: None

Educational Requirements: Candidate must complete a two-day online course

Examination Type: Final course exam

Continuing Education/Experience Requirements: 1 course every 2 years

Chartered Mutual Fund Counselor (CMFC®)

Issued by: College for Financial Planning

Prerequisites/Experience Required: None

Educational Requirements: Candidate must complete a nine module self-study course

Examination Type: Final designation exam (online and timed)

Continuing Education/Experience Requirements: 16 hours every 2 years

Certified Plan Fiduciary Advisor (CPFA)

Issued by: National Association of Plan Advisors

Prerequisites/Experience Required: None

Educational Requirements: Candidate must pass the Certified Plan Fiduciary Advisor examination

Examination Type: Final certification exam (proctored and closed book)

Continuing Education/Experience Requirements: 10 hours each year

Certified Retirement Counselor (CRC®)

Issued by: International Foundation for Retirement Education (InFRE)

Prerequisites/Experience Required: Candidate must meet the following requirements:

- Bachelor's degree or equivalent with two years relevant professional experience (within the past five years) or high school diploma or equivalent with five years relevant professional experience (within the past seven years)
- Passing a background check

Educational Requirements: None

Examination Type: Certification exam (200-question, multiple choice, and proctored)

Continuing Education/Experience Requirements: 15 hours per year, including at least 2 hours of ethics every 2 years

Certified Retirement Education Specialist (CRES)

Issued by: National Tax-Deferred Savings Association

Prerequisites/Experience Required: Candidate must have two years of experience as a 403(b) advisor and at least one of the following licenses or credentials:

- Series 6, 7, or 65 securities license
- Life annuity or insurance license
- Investment Advisor Representative or Registered Investment Advisor credential

Educational Requirements: Candidate must complete online Certified Retirement Education Specialist education program.

Examination Type: Final Certification Exam (online and not proctored)

Continuing Education/Experience Requirements: 3 hours annually

Long-Term Care Professional (LTCP)

Issued By: AHIP

Prerequisites/Experience Required: None

Educational Requirements: Candidate must complete one of the following paths:

- Long-Term Care Professional (LTCP) – Combined Course
OR
- Four Part Course:
 - Long-Term Care, Part I (Needs and Options)
 - Long Long-Term Care, Part II (Financing)
 - Long-Term Care, Part III (The Product)
 - Long-Term Care, Part IV (Insurance, Administration, and Claims)

Examination Type: Combined Course Exam **OR** four exams for Parts I, II, III, and IV

Continuing Education/Experience Requirements: None

Registered Financial Consultant (RFC®)

Issued By: International Association of Registered Financial Consultants (IARFC)

Prerequisites/Experience Required: Candidate must meet all of the following requirements

- Three years full-time experience as a financial planning practitioner in the field of financial planning or financial planning services.
- Required licenses to engage in financial planning profession.
- A sound record of business integrity with no suspension or revocation of any professional designations or licenses. Must be in good standing with all licensing bodies and organizations.

Educational Requirements: Candidate must complete one of the following:

- Hold one of the following professional designation: AAMS, CFA, CFP, ChFC, CLU, CPA, EA, LUTCF.

- A Series 65 Securities license or one of the following combinations: Series 6 & 63, Series 6 & 66, Series 7 & 63, Series 7 & 66.
- Life Insurance license.
- A Bachelors' or advanced degree in Business, Finance, Economics, or a related field.
- Education requirement can also be met by completing the entire course requirements for the following IARFC designations: RFA, RFC or MRFC.

Examination Type: None

Continuing Education/Experience Requirements: 40 hours every two years in the field of personal finance and professional practice management, 4 hours every two years must be devoted to ethics.

Item 3: Disciplinary Information

AMR is required to disclose any legal or disciplinary events that are material to a client's or prospective client's evaluation of its Supervised Persons. Neither AMR nor any Supervised Persons have been involved in any activities resulting in a disciplinary disclosure.

Item 4: Other Business Activities

Disclosure on Outside Business Activities is provided in Form ADV Part 2A Item 10 – Other Financial Industry Activities and Affiliations above. These Outside Business Activities do not create a material conflict of interest with clients.

J. Christopher Boyd, Michael J. Perna, Scott A. Birmingham, and Jeffrey Tomaneng are insurance producers for one or more insurance companies. They may assist clients in purchasing insurance products for which they may receive separate and additional compensation (e.g., commissions). Clients are not under any obligation to engage J. Christopher Boyd, Michael J. Perna, Scott A. Birmingham, or Jeffrey Tomaneng when considering implementation of investment recommendations. The implementation of any or all recommendations is solely at the discretion of the client.

Clients should be aware that the receipt of additional compensation by J. Christopher Boyd, Michael J. Perna, Scott A. Birmingham, or Jeffrey Tomaneng creates a potential conflict of interest and gives them an incentive to recommend insurance products based on the compensation received, rather than on a client's needs.

AMR and all Supervised Persons endeavor at all times to put the interest of our clients first as part of AMR's fiduciary duty as a registered investment adviser and we take the following steps to address this conflict:

- We disclose to clients the existence of all material conflicts of interest, including the potential for our employees to earn compensation from advisory clients in addition to our advisory fees;
- We disclose to clients that they are not obligated to purchase recommended insurance or insurance-related investment products from our employees;
- We collect, maintain and document accurate, complete and relevant client background information, including the client's financial goals, objectives and risk tolerance;
- Our management conducts regular reviews of client accounts to verify that recommendations made to a client are suitable to the client's needs and circumstances;
- We require that our employees seek prior approval of any outside employment activity so that we may ensure that any conflicts of interests in such activities are properly addressed;
- We periodically monitor these outside employment activities to verify that any conflicts of interest continue to be properly addressed; and
- We educate our employees regarding the responsibilities of a fiduciary, including the need for having a reasonable and independent basis for the investment advice provided to our clients.

J. Christopher Boyd hosts a weekly radio program broadcast in Massachusetts, Tennessee on iHeartRadio entitled, "Something More with Chris Boyd." The objectives of this program include providing generalized financial market and investment education on matters of personal finance to program listeners. J. Christopher Boyd may spend as much as 15% of his time with this other business activity.

Michael J. Perna also acts as a tax preparer for Perna Financial Tax Services. AMR has no affiliation with Perna Financial Tax Services. Existing clients of Perna Financial Tax Services may also become clients of AMR; however, clients are not obligated to use AMR for investment management and financial planning services. Michael J. Perna spends 20% of his time on this activity.

Jeff Perry also acts as a lawyer and real estate broker in an individual capacity and AMR has no affiliation with these services. Existing legal or real estate clients of Jeff Perry may also become clients of AMR; however, clients are not obligated to use AMR for investment management or financial planning services, nor are AMR clients obligated in any way to use the legal or real estate services of Jeff Perry. Jeff Perry spends less than 5% of his time on this activity.

Scott A. Birmingham is Founder and President of Fair Share Divorces, LLC assisting clients with financial decisions during divorce. Existing clients of Fair Share Divorces, LLC may also become clients of AMR; however, clients are not obligated to use AMR for investment management or financial planning services. Scott A. Birmingham spends less than 5% of his time on this activity.

These Outside Business Activities do not create a material conflict of interest with clients.

Item 5: Additional Compensation

As insurance producers, J. Christopher Boyd, Michael J. Perna, Scott A. Birmingham, and Jeffrey Tomaneng may be eligible to receive incentive awards for recommending certain types of insurance policies. While we endeavor at all times to put the interest of our clients first as part of our fiduciary duty, the possibility of receiving incentive awards may create a conflict of interest and may affect the judgment of J. Christopher Boyd, Michael J. Perna, Scott A. Birmingham, or Jeffrey Tomaneng when making recommendations.

We address this conflict by reviewing recommendations made to our clients to determine that all recommendations are consistent with the best interests of our clients. Please see the applicable disclosure in Item 4 of this Brochure Supplement for additional information about how we manage this conflict of interest.

Item 6: Supervision

Scott A. Birmingham, Investment Advisor Representative and Chief Compliance Officer, supervises all persons named in this Form ADV Part 2B Investment Adviser Brochure Supplement. Scott A. Birmingham supervises these persons by holding regular staff, investment and other ad hoc meetings. In addition, Scott A. Birmingham regularly reviews client reports, emails, and trading, as well as employees' personal securities transaction and holdings reports. Scott A. Birmingham may be reached at (866) 771-8901.



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