UNITED STATES OF AMERICA before the SECURITIES AND EXCHANGE COMMISSION

SECURITIES EXCHANGE ACT OF 1934 Release No.73870 / December 18, 2014

Admin. Proc. File No. 3-16135

In the Matter of

AGR TOOLS, INC., ARCADIA RESOURCES, INC., CITIZENS FIRST BANCORP, INC., FIRST CAPITAL INTERNATIONAL, INC., and METABOLIC RESEARCH, INC.

NOTICE THAT INITIAL DECISION HAS BECOME FINAL

The time for filing a petition for review of the initial decision in this proceeding has expired. No such petition has been filed by AGR Tools, Inc., Arcadia Resources, Inc., Citizens First Bancorp, Inc., First Capital International, Inc., or Metabolic Research, Inc., and the Commission has not chosen to review the decision on its own initiative.

Accordingly, notice is hereby given, pursuant to Rule 360(d) of the Commission's Rules of Practice, that the initial decision of the administrative law judge, has become the final decision of the Commission with respect to AGR Tools, Inc., Arcadia Resources, Inc., Citizens First Bancorp, Inc., First Capital International, Inc., and Metabolic Research, Inc. The order contained in that decision are hereby declared effective. The initial decision ordered that,

¹ 17 C.F.R. § 201.360(d).

² AGR Tools, Inc., Arcadia Res., Inc., Citizens First Bancorp, Inc., First Capital Int'l, Inc., GreenTek Corp., and Metabolic Research, Inc., Initial Decision Rel. No. 691 (Oct. 14, 2014), 109 SEC Docket 20, 2014 WL 5141533. The stock symbols and Central Index Key numbers are: AGRT and 1352858 for AGR Tools, Inc.; KADR and 1071941 for Arcadia Resources, Inc.; CTZN and 1127442 Citizens First Bancorp, Inc.; FCPN and 1072842 for First Capital International, Inc.; and MTBR and 1081369 for Metabolic Research, Inc.

pursuant to Section 12(j) of the Securities Exchange Act of 1934, the registrations of each class of registered securities of AGR Tools, Inc., Arcadia Resources, Inc., Citizens First Bancorp, Inc., First Capital International, Inc., and Metabolic Research, Inc., are hereby revoked.

For the Commission, by the Office of the General Counsel, pursuant to delegated authority.

Brent J. Fields Secretary