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UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 144
NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

ATTENTION: *Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.*

1 (a) NAME OF ISSUER (Please type or print)		1 (b) IRS IDENT. NO.		1 (c) S.E.C. FILE NO.	
FORTITUDE COAD CORP		85-2602641		333-249533	
1 (d) ADDRESS OF ISSUER		CITY		STATE	
2886 CARRIAGE MARKET		COLUMBIA		CO 80906	
1 (e) NAME OF PERSON FOR WHOM ACCOUNT THE SECURITIES ARE TO BE SOLD		1 (f) RELATIONSHIP TO ISSUER		1 (g) ADDRESS STREET	
BILLY M. COMAND		DIRECTOR		2886 CARRIAGE MARKET	
				CITY	
				STATE	
				ZIP CODE	
				1 (h) TELEPHONE NO.	
				AREA CODE	
				NUMBER	

INSTRUCTION: *The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.*

3 (a) Title of the Class of Securities To Be Sold	3 (b) Name and Address of Each Broker Through Whom the Securities are to be Offered or Each Market Maker who is Acquiring the Securities	SEC USE ONLY	3 (c) Number of Shares or Other Units To Be Sold (See note 1(d))	3 (d) Aggregate Market Value (See note 1(d))	3 (e) Number of Shares or Other Units Outstanding (See note 1(e))	3 (f) Approximate Date of Sale (See note 1(f)) (MM, DAY, YR.)	3 (g) Name of Each Securities Exchange
COMMON	Raymond James & Associates, Inc. 880 Carillon Parkway St. Petersburg, FL 33716	Broker-Dealer File Number	45000	\$7000000	24024592	03/22/23	OTC

INSTRUCTIONS:

- (a) Name of issuer
- (b) Issuer's I.R.S. Identification Number
- (c) Issuer's S.E.C. File number, if any
- (d) Issuer's address, including zip code
- (e) Issuer's telephone number, including area code
- (a) Name of person for whose account the securities are to be sold
- (b) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing)
- (c) Such person's address, including zip code

- (a) Title of the class of securities to be sold
- (b) Name and address of each broker through whom the securities are intended to be sold
- (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)
- (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice
- (e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
- (f) Approximate date on which the securities are to be sold
- (g) Name of each securities exchange, if any, on which the securities are intended to be sold

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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TABLE I — SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of the Class	Date you Acquired	Name of Acquiring Transaction	Name of Person from Whom Acquired (If you, who give, have derived acquisition)	Amount of Securities Acquired	Date of Payment	Manner of Payment
COMMON	11/15/21	STOCK GRANT FROM COMPANY	FORTITUDE GOLD CORP	50000	11/15/21	STOCK GRANT FROM COMPANY

INSTRUCTIONS:

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II — SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Class Proceeds
CHARLES SCHWAB + CO, Inc 3000 SCHWAB WAY WESTLAKE TX 76062	COMMON	11/3/23 11/31/23	35000	\$212,000.00

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (c) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

DATE OF NOTICE

3/1/23

DATE OF PLAN ADOPTION OR GIVING OF INSTRUCTION

IF RELYING ON RULE 10b5-1

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed day copies not manually signed shall be typed or printed signatures.

(SIGNATURE)

[Handwritten Signature]

ATTENTION: The person for whose account the securities to which this notice relates are to be sold

hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the issuer of the securities to be sold, and that he has not been publicly disclosed if such person has adopted a written trading plan or other trading instructions by which Rule 10b5-1 under the Exchange Act is being followed, and that the plan was adopted on the instruction given that person under the Exchange Act.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)