

**Sentinel Capital Solutions, Inc.**  
**Form ADV Part 2B – Brochure Supplement**  
**Effective: January 27, 2014**

**Cort F. Meinelschmidt**

This brochure supplement provides information about Cort Meinelschmidt that supplements the Sentinel Capital Solutions, Inc. brochure. You should have received a copy of that brochure. Please contact Chelsea Miller if you did not receive Sentinel Capital Solutions' brochure or if you have any questions about the contents of this supplement.

Additional information about Cort Meinelschmidt is available on the SEC's website at [www.adviserinfo.sec.gov](http://www.adviserinfo.sec.gov).

**Cort F. Meinelschmidt**  
**Sentinel Capital Solutions, Inc.**  
**CRD No: 157844**  
**38 South Potomac Street, Suite 203**  
**Hagerstown, MD 21740**  
**Phone: (301) 665-9038**

## **Item 2 – Educational Background and Business Experience**

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Cort Meinelschmidt  
Born 1979

### **A. Educational Background**

Thomas Edison State College, Trenton NJ — BS in Business Administration, 2005  
College for Financial Planning - Accredited Asset Management Specialist, 2006

### **B. Business Background**

President and Chief Investment Officer, Sentinel Capital Solutions; Hagerstown, MD - 2011 - Current

Portfolio Manager for SCS Tactical Allocation mutual fund and advisory models. Monitor financial markets trends to ensure that portfolios and models are effective and identify any necessary updates. Responsible for day-to-day decisions about what levels of assets should be allocated to different investment vehicles. Evaluate and review asset allocation, risk, investment strategy, and other investment decisions on an ongoing basis to ensure optimal performance. Prepare and deliver presentations/seminars to clients and prospects for business development and client meetings.

Financial Advisor, Centra Financial Services; Hagerstown, MD — 2010 - 2011

Recommended strategies that clients could use to achieve their financial goals and objectives. Reviewed clients' accounts and plans regularly to determine whether life changes, economic changes, or financial performance indicated a need for plan reassessment. Monitored financial markets trends to ensure that plans were effective, and to identify any necessary updates.

Financial advisor, Edward Jones; Hagerstown, MD — 2004 - 2010

Recommended strategies that clients could use to achieve their financial goals and objectives. Reviewed clients' accounts and plans regularly to determine whether life changes, economic changes, or financial performance indicated a need for plan reassessment. Monitored financial markets trends to ensure that plans were effective, and to identify any necessary updates.

Aviation Rescue Swimmer, U.S. Navy — 1997 - 2004

Applied intense physical and mental training. Provided recovery and relief to those in need. Performed rescue and recovery missions. Provided humanitarian assistance and operational support. Saved pilots of downed aircraft, people aboard stranded or capsized vessels at sea, hikers and mountain climbers in danger on land. Rescued civilians during natural disasters.

### **C. Professional Designations**

#### **AAMS**

A professional designation awarded by the College of Financial Planning. Requires self-study, passing an exam and agreeing to comply with a Code of Ethics. Applicants study case studies based on real-life scenarios designed to prepare them to be effective in the real world and build lasting relationships with clients. The program covers the asset management process; investors, policy and change; risk, return and investment performance; asset allocation and selection; investment strategies; taxation of investment products; investment opportunities for individual retirement; investment considerations for small business owners; executive compensation and benefit plans; insurance products for investment clients; estate planning; and regulatory and ethical issues. Individuals are required to complete continuing education to maintain the designation.

### **Item 3 – Disciplinary Information**

**There are no legal, regulatory or disciplinary events against Cort Meinelschmidt.**

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### **Item 4 – Other Business Activities**

Cort Meinelschmidt is a registered representative of Capital Investment Group, located in Raleigh, NC (“CIG”). CIG is a registered broker-dealer (CRD No.14752), member FINRA, SIPC. In his separate capacity as a registered representative, Mr. Meinelschmidt will receive commissions for the implementation of recommendations for commissionable transactions as well as distribution or service (“trail”) fees from the sale of mutual funds. Clients are not obligated to implement any recommendation provided by Mr. Meinelschmidt. The Advisor will not earn investment advisory fees in connection with any services implemented by its advisory persons where commissions are earned. The advisor will not earn commissions on the sale of any product, such as the SCS Tactical Allocation Fund, for which he also receives a management fee.

### **Item 5 – Additional Compensation**

The Advisor does not receive additional compensation via bonuses, sales awards, or other prizes in addition to the management fees for advisory services and compensation as described in Item 4 for commissionable accounts.

### **Item 6 – Supervision**

Cort Meinelschmidt is the portfolio manager and the Chief Compliance Officer for Sentinel Capital Solutions, Inc. In all roles, he is required to comply with the Policies and Procedures of Sentinel Capital Solutions, including its Compliance Program. All of these policies are designed to assist in meeting regulatory and fiduciary requirements for the benefit of clients. The task of monitoring compliance with this program for all employees is shared with Chelsea Miller.

In addition, client reviews (performed annually or as directed in client agreement) and online account access offer the opportunity for each client to monitor their accounts for consistency with their account agreement(s).

Within the Fund, the Board of Trustees for the Starboard Investment Trust is responsible for ensuring that the portfolio is managed in a way that is consistent with the Prospectus.

**To contact Cort Meinelschmidt, CCO:**  
**Phone: (301) 665-9038**  
**cortm@sentinelcapitalsolutions.com**

**Or for Chelsea Miller, COO:**  
**Phone: (301) 665-9038**  
**cmiller@sentinelcapitalsolutions.com**

**Or for Nottingham and the Board of Trustees:**  
**Phone: (800) 773-3863**

**Sentinel Capital Solutions, Inc.**  
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**Charles A. Knott, Jr.**

This brochure supplement provides information about Charles A. Knott, Jr. that supplements the Sentinel Capital Solutions, Inc. brochure. You should have received a copy of that brochure. Please contact Chelsea Miller if you did not receive Sentinel Capital Solutions' brochure or if you have any questions about the contents of this supplement.

Additional information about Charles A. Knott, Jr. is available on the SEC's website at [www.adviserinfo.sec.gov](http://www.adviserinfo.sec.gov).

**Charles A. Knott, Jr.**  
**1839 Horseshoe Trail**  
**Chester Springs, PA 19425**  
**(484) 202-8040**

**Sentinel Capital Solutions, Inc.**  
**CRD No: 157844**  
**38 South Potomac Street, Suite 203**  
**Hagerstown, MD 21740**  
**Phone: (301) 665-9038**

## **Item 2 – Educational Background and Business Experience**

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Charles A. Knott  
Born 1941

### **A. Educational Background**

Loyola College (now Loyola University), Baltimore, MD - BS in Accounting; Minor in Philosophy

### **B. Business Background**

Co-Chief Investment Officer / Portfolio Manager, Sentinel Capital Solutions, Inc. — June 2013 - Present

Portfolio Manager for advisory models. Monitor financial markets trends to ensure that portfolios and models are effective and identify any necessary updates. Evaluate and review asset allocation, risk, investment strategy, and other investment decisions on an ongoing basis to ensure optimal performance. Write monthly analytical articles and letters for clients describing macro-economic and market events and their effects.

Co-Chief Investment Officer, Knott Asset Management — 2011 - 2013

Chairman / Chief Investment Officer / President, Knott Capital — 1998 – 2011

President / CEO / Chief Investment Officer, Logan Capital Management — 1993 – 1998

President / Chief Investment Officer / Chief Strategist, Mercer Capital Management — 1992 – 1993

Senior Investor Relations Officer, American Pharmaceutical and Applied Medical Research (Holland) — 1990 – 1992

Director / Corporate and Investment Services / Vice President, Hamilton Bank — 1987 – 1990

Senior Investment Officer, Fidelity Bank — 1980 – 1987

Deputy Bank Commissioner, State of Maryland (Appointed Acting Bank Commissioner) — 1977 – 1979

Chief Investment Officer / Vice President / Senior Officer — Schenectady Trust Co. — 1976 – 1977

Major, US Army Reserve — Active Service 1964 – 1966; Active Reserve 1966 - 1977

### **Item 3 – Disciplinary Information**

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There are no legal, regulatory or disciplinary events against Charles A. Knott, Jr.

### **Item 4 – Other Business Activities**

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Mr. Knott has no other investment-related business or occupation.

### **Item 5 – Additional Compensation**

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Mr. Knott receives compensation for those new accounts that he brings to Sentinel. He also receives a bonus in the event that his management outperforms a benchmark as agreed upon by Mr. Knott and Sentinel. These bonuses are paid to him out of the management fees received by Sentinel for client account management. No fees above the management fee (as agreed upon by the client and Sentinel in the client agreement) are charged to the client in order to pay these bonuses.

### **Item 6 – Supervision**

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Supervision of Charles A. Knott, Jr. and the monitoring of advice he provides to clients are overseen by Cort Meinelschmidt, the CCO of Sentinel in accordance with the Policies and Procedures of Sentinel Capital Solutions, including its Compliance Program. All of these policies are designed to assist in meeting regulatory and fiduciary requirements for the benefit of clients. The task of monitoring compliance with this program for all employees is shared with Chelsea Miller.

In addition, client reviews (performed annually or as directed in client agreement) and online account access offer the opportunity for each client to monitor their accounts for consistency with their account agreement(s).

**To contact Cort Meinelschmidt, CCO:**  
**Phone: (301) 665-9038**  
**cortm@sentinelcapitalsolutions.com**

**Or for Chelsea Miller, COO:**  
**Phone: (301) 665-9038**  
**cmiller@sentinelcapitalsolutions.com**

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**Jullie A. Caniford**

This brochure supplement provides information about Jullie A. Caniford that supplements the Sentinel Capital Solutions, Inc. brochure. You should have received a copy of that brochure. Please contact Chelsea Miller if you did not receive Sentinel Capital Solutions' brochure or if you have any questions about the contents of this supplement.

Additional information about Jullie A. Caniford is available on the SEC's website at [www.adviserinfo.sec.gov](http://www.adviserinfo.sec.gov).

**Jullie A. Caniford**  
**Sentinel Capital Solutions, Inc.**  
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**38 South Potomac Street, Suite 203**  
**Hagerstown, MD 21740**  
**Phone: (301) 665-9038**

## **Item 2 – Educational Background and Business Experience**

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Jullie A. Caniford  
Born 1970

### **A. Educational Background**

Shepherd University, Shepherdstown, WV — BS in Accounting, 1993

### **B. Business Background**

Portfolio Manager, Sentinel Capital Solutions, Inc. — November 2013 - Present

Portfolio Manager for advisory models. Monitor financial markets trends to ensure that portfolios and models are effective and identify any necessary updates. Evaluate and review asset allocation, risk, investment strategy, and other investment decisions on an ongoing basis to ensure optimal performance.

Wealth Manager, Cushwa Wealth Managers; Hagerstown, MD —2012 - 2013

Recommended strategies for clients to reach their financial goals and objectives. Reviewed clients' accounts and plans regularly to determine whether life changes, economic changes, or financial performance indicated a need for plan reassessment. Monitored financial markets trends to ensure that plans were effective, and to identify any necessary updates. Created, developed and marketed "Flourish", a specialty women's financial division. Managed firm events, marketing and social networks.

Senior Manager, Gorfine, Schiller & Gardyn, P.A.; Hagerstown, MD — 2009 - 2012

Used CPA expertise to manage day to day operations of public tax and accounting practice, including deadline management, ethics implementation, staff training and office supervision. Oversaw the creation, implementation and review of financial statements and tax plans for various industries and organizational structures. Participated in seminars and public education forums.

Manager/Tax Services, RSM McGladrey, Inc.; Gaithersburg, MD — 2008 - 2009

Prepared and reviewed income tax returns for various industries and organizational structures. Researched and advised clients on complex tax issues. Worked with clients to resolve issues with tax authorities. Provided tax strategies emphasizing tax minimization.

Supervisor, Albright Crumbacker Moul & Itell, LLC; Hagerstown, MD — 2001 - 2008

Prepared and reviewed income tax returns for various industries and organizational structures. Researched and advised clients on complex tax issues. Worked with clients to resolve issues with tax authorities. Provided tax strategies emphasizing tax minimization.

### **C. Professional Designations**

CPA (Certified Public Accountant)

CPAs are the only *licensed* accounting professionals. CPA licenses are issued by state boards of accountancy in the 55 jurisdiction. In Maryland, the license is overseen by the Maryland Board of Public Accountancy. Educational requirements in Maryland to obtain the license are 120 undergraduate semester hours or 180 undergraduate quarter hours including the attainment of a baccalaureate or higher degree from an accredited institution of higher education as specified in the Maryland Public Accountancy Act. Specific subject matter must be covered within those hours. A full list of subject matter requirements may be obtained at the website for the Maryland Department of Labor Licensing and Regulation

(<http://www.dllr.state.md.us/license/cpa/cpareq.shtml#cir>). The Uniform CPA Examination consists of four sections: Auditing and Attestation (AUD), Business Environment and Concepts (BEC), Financial Accounting and Reporting (FAR), and Regulation (REG). These four sections represent a total of 14 hours of testing. All sections of the examination must be passed within 18



months of each other to successfully complete the entire examination. In addition, there is a biennial continuing education requirement.

### **Item 3 – Disciplinary Information**

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There are no legal, regulatory or disciplinary events against Jullie Caniford.

### **Item 4 – Other Business Activities**

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Jullie Caniford operates outside of Sentinel Capital Solutions, Inc. as a CPA. Tax planning and preparation services may be rendered to individuals or institutions that are also advisory clients. Ms. Caniford and Sentinel believe that in such circumstances, the client serves to benefit from the arrangement. Clients are made aware that any CPA services are provided outside of their relationship with Sentinel, and that any fees charged will be billed and collected separately by Ms. Caniford. Ms. Caniford does not have the ability to bill client accounts at Sentinel; billing is handled solely by Cort Meinelschmidt.

### **Item 5 – Additional Compensation**

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The Advisor does not receive additional compensation via bonuses, sales awards, or other prizes in addition to the management fees for advisory services other than any tax planning or wealth management fees as described in Item 4 above.

### **Item 6 – Supervision**

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Supervision of Jullie A. Caniford and the monitoring of advice she provides to clients are overseen by Cort Meinelschmidt, the CCO of Sentinel in accordance with the Policies and Procedures of Sentinel Capital Solutions, including its Compliance Program. All of these policies are designed to assist in meeting regulatory and fiduciary requirements for the benefit of clients. The task of monitoring compliance with this program for all employees is shared with Chelsea Miller.

In addition, client reviews (performed annually or as directed in client agreement) and online account access offer the opportunity for each client to monitor their accounts for consistency with their account agreement(s).

**To contact Cort Meinelschmidt, CCO:**  
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