

SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 SE

SEC Mail Processing Section

FORM 11-K

JUN 2 1 2011

(Mark One)

Washington, DC 110

(X) ANNUAL REPORT PURSUANT TO SECTION 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934 for the fiscal year ended December 31, 2010

OR

() TRANSITION REPORT PURSUANT TO SECTION 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934 (NO FEE REQULRED) for the transition period from ______ to ______.

Commission file number: 333-140659

A. Full title of the plan and the address of the plan, if different from that of the issuer named below:

SBERA 401(k) Plan as adopted by Hampden Bank

B. Name of issuer of the securities held pursuant to the plan and the address of its principal executive office:

Hampden Bancorp, Inc. 19 Harrison Ave. Springfield, Massachusetts 01103

REQUIRED INFORMATION

2000

Item 1-3. The SBERA 401(K) Plan, as adopted by Hampden Bank (the "Plan") is subject to the Employee Retirement Income Security Act of 1974, as amended ("ERISA") and files plan financial statements and schedules prepared in accordance with the financial reporting requirements of ERISA. The Plan is filing such financial statements and schedules in lieu of the financial statements required by these Items, as permitted by Item 4.

Item 4. Pursuant to Section 103(c) of ERISA and the regulations thereunder, the Plan is not required to file audited financial statements. A copy of the Form 5500 Annual Report, including Schedule H is filed herewith.

FORM 5500

Form 5500	Annual Return/Repo	ort of Employ	vee Benefit Plan	OMB Nos. 1210-0110
Department of the Treasury Internal Revenue Service	This form is required to be filed t and 4065 of the Employee Retire	ment Income Securit	V Act of 1974 (FRISA) and	1210-0089
Department of Labor Employee Benefits Security Administration	sections 6047(e), and 6058(a ↓ Complete al the instruc	2010		
Pension Benefit Guaranty Corporation				This Form is Open to Public Inspection
Part I Annual Report Ide	ntification Information			
For calendar plan year 2010 or fisca		01/2010	and ending	12/31/2010
A This return/report is for:	a multiemployer plan;	🔄 a multip	le-employer plan; or	
	X a single-employer plan;	a DFE (specify)	
B This return/report is:	the first return/report;	the final	return/report;	
	an amended return/report;	a short p	olan year return/report (less th	an 12 months)
C If the plan is a collectively-bargain	ned plan, check here	·		·····
D Check box if filing under:	Form 5558;	automat	ic extension;	the DFVC program;
	special extension (enter des	scription)		
Part II Basic Plan Infor	mation-enter all requested inform			·
1a Name of plan SBERA 401 (K				······································
	, IMM AD ADOFILD BI R	AMPDEN BANK		1b Three-digit plan number (PN) ► 002
				1c Effective date of plan 08/01/1994
2a Plan sponsor's name and addres (Address should include room or HAMPDEN BANK	ss (employer, if for a single-employer suite no.)	plan)		2b Employer Identification Number (EIN) 04-1414080
19 HARRISON AVENUE				2c Sponsor's telephone number (413)736-1812
SPRINGFIELD		MA	01103	2d Business code (see instructions) 522120
Caution: A penalty for the late or in	ncomplete filing of this return/repo	rt will be assessed	uniess reasonable cause is	actablichod
Under penalties of perjury and other p statements and attachments, as well	penalties set forth in the instructions	dooloro that I have	a di	
	7 / /			er, it is true, correct, and complete.
SIGN	1		THOMAS FORESE JR	
Signature of plan adminis	strator	Date	Enter name of individual sig	
I.I.B	Alue Ad			ning as platt duministrator

SIGN	Signature of employer/plan sponsor	4:21-11	LINN.S. BURCE
		Date	Enter name of individual signing as employer or plan sponsor
SIGN			
For Pap	Signature of DFE	Date	Enter name of individual signing as DFE

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500.

Form 5500 (2010) v.092307.1

	Form 5500 (2010)	F	Page 2	2					
3a	Plan administrator's name and address (if same as plan sponsor, enter THOMAS FORESE JR	ter "Same")				3b Administrator's EIN 22-3244797			
	4A GILL STREET			30	nur	ninistrator's telephone nber 81) 938-6559			
	WOBURN	МА	. 01	801					
4	If the name and/or EIN of the plan sponsor has changed since the last the plan number from the last return/report:	return/report filed for	or this	plan, enter the name, EIN and	4	4b EIN			
а	Sponsor's name				1	4c PN			
5	Total number of participants at the beginning of the plan year	<u> </u>			5	127			
6	Number of participants as of the end of the plan year (welfare plans co	omplete only lines 6a	a, 6b, I	6c, and 6d).					
а	Active participants			6	Sa	104			
b	Retired or separated participants receiving benefits			6	Sb	(
с	Other retired or separated participants entitled to future benefits		•••••	6	ic i	29			
d	Subtotal. Add lines 6a, 6b, and 6c			6	òd	133			
е	Deceased participants whose beneficiaries are receiving or are entitle	d to receive benefits	s	6	6e	(
f	Total. Add lines 6d and 6e		•••••		6f	13:			
g	Number of participants with account balances as of the end of the pla complete this item)				Sg	13(
h	Number of participants that terminated employment during the plan years than 100% vested			-	Sh	(
7	Enter the total number of employers obligated to contribute to the pla				7				
	If the plan provides pension benefits, enter the applicable pension fea 2E 2F 2G 2J 2K 3D 2T If the plan provides welfare benefits, enter the applicable welfare featur								
9a	Plan funding arrangement (check all that apply)	9b Plan b	enefit	arrangement (check all that ap	pply)	·····			
	(1) Insurance	(1)	Ц	Insurance					
	(2) Code section 412(e)(3) insurance contracts	(2)	Н	Code section 412(e)(3) insu	Iranc	e contracts			
	(3) X Trust	(3)	X	Trust					
10	(4) General assets of the sponsor Check all applicable boxes in 10a and 10b to indicate which schedule	(4) s are attached, and,	where	General assets of the spons e indicated, enter the number a		hed. (See instructions)			
2	a Pension Schedules	b Gene	ral Sci	hedules					
•	(1) \overline{X} R (Retirement Plan Information)	(1)	X	H (Financial Information	on)				
	(2) MB (Multiemployer Defined Benefit Plan and Certain M			I (Financial Informatic	·····	Small Plan)			
	Purchase Plan Actuarial Information) - signed by the pla		Н	A (Insurance Informati	tion)				
	actuary	(4)		C (Service Provider In	nform	ation)			
	(3) SB (Single-Employer Defined Benefit Plan Actuarial	(5)	x	D (DFE/Participating F	Plan	Information)			
	Information) - signed by the plan actuary	(6)	Π	G (Financial Transacti	tion S	chedules)			

SCHEDULE D	DFE/	Parti	cipating Plan Inform	ation	OMB No.	1210-0110
(Form 5500)	This sets of t	- 1	and the back of the second			
Department of the Treasury Internal Revenue Service	Re	e is requi	ired to be filed under section 104 of I Income Security Act of 1974 (ERIS	the Employee SA).	20	010
Department of Labor Employee Benefits Security Administration		► File	as an attachment to Form 5500.			
						Open to Public ection.
For calendar plan year 2010 or fiscal A Name of plan	plan year beginning		01/01/2010	and ending	12/31/20	10
				B Three-digit plan num		002
SBERA 401(K) PLAN AS AD	OPTED BY HAM	IPDEN	BANK			
Plan or DFE sponsor's name as sh	iown on line 2a of Fc	orm 5500)	D Employer I	dentification Number	er (EIN)
IAMPDEN BANK				04-1414	1080	
Part Information on inter	rests in MTIAs, C	CCTs, F	PSAs, and 103-12 IEs (to be			
(Complete as many	entries as neede	ed to re	eport all interests in DFEs)			
a Name of MTIA, CCT, PSA, or 103-		MMON	COLLECTIVE TRUST			
b Name of sponsor of entity listed in	(a): SBERA					
c EIN-PN 04-2004337 001	d Entity C	e	Dollar value of interest in MTIA, C 103-12 IE at end of year (see inst			6,742,073
a Name of MTIA, CCT, PSA, or 103-	-12 IE:					
b Name of sponsor of entity listed in						
C EIN-PN	d Entity code	e	Dollar value of interest in MTIA, C 103-12 IE at end of year (see insti			
a Name of MTIA, CCT, PSA, or 103-	-12 IE:					
b Name of sponsor of entity listed in	(a):					
C EIN-PN	d Entity code	e	Dollar value of interest in MTIA, C 103-12 IE at end of year (see insti			
a Name of MTIA, CCT, PSA, or 103-	-12 IE:				· · · · · · ·	
b Name of sponsor of entity listed in	(a):					
c EIN-PN	d Entity	е	Dollar value of interest in MTIA, C			·
	code		103-12 IE at end of year (see instr	uctions)		
a Name of MTIA, CCT, PSA, or 103-	-12 IE:					······
b Name of sponsor of entity listed in	(a):					
C EIN-PN	d Entity code	e	Dollar value of interest in MTIA, C 103-12 IE at end of year (see instr		· · · · · · · · · · · · · · · · · · ·	······
a Name of MTIA, CCT, PSA, or 103-	-12 IE:				: · · · ·	
b Name of sponsor of entity listed in	(a):					
	d Entity	e	Dollar value of interest in MTIA, C 103-12 IE at end of year (see instr			
C EIN-PN	code					
		· · · ·	e e e e e e e e e e e e e e e e e e e			<u> </u>
 c EIN-PN a Name of MTIA, CCT, PSA, or 103- b Name of sponsor of entity listed in 	-12 IE:					

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Schedule D (Form 5500)	2010	Page 2-
a Name of MTIA, CCT, PSA, or 103	-12 IE:	
b Name of sponsor of entity listed in	(a):	
C EIN-PN	d Entity code	 Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
a Name of MTIA, CCT, PSA, or 103-	-12 IE:	
b Name of sponsor of entity listed in	(a):	
C EIN-PN	d Entity code	 Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
a Name of MTIA, CCT, PSA, or 103-	-12 IE:	
b Name of sponsor of entity listed in	(a):	
C EIN-PN	d Entity code	Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
a Name of MTIA, CCT, PSA, or 103-	-12 IE:	
b Name of sponsor of entity listed in	(a):	
C EIN-PN	d Entity code	Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
a Name of MTIA, CCT, PSA, or 103-	12 IE:	
b Name of sponsor of entity listed in	(a):	
C EIN-PN	d Entity code	Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
a Name of MTIA, CCT, PSA, or 103-	-12 IE:	
b Name of sponsor of entity listed in	(a):	
C EIN-PN	d Entity code	Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
a Name of MTIA, CCT, PSA, or 103-	-12 IE:	
b Name of sponsor of entity listed in	(a):	
C EIN-PN	d Entity code	Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
a Name of MTIA, CCT, PSA, or 103-	-12 IE:	
b Name of sponsor of entity listed in	(a):	· · · · · ·
C EIN-PN	d Entity code	Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
a-Name-of-MTIA, CCT, PSA, or 103-	-12 IE:	
b Name of sponsor of entity listed in	(a):	
C EIN-PN	d Entity code	Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)
a Name of MTIA, CCT, PSA, or 103-	12 IE:	
b Name of sponsor of entity listed in	(a):	
C EIN-PN	d Entity ~ code	 Dollar value of interest in MTIA, CCT, PSA, or 103-12 IE at end of year (see instructions)

Schedule D (Form 5500) 2010	Page 3-
Part II Information on Participating Plans (to be comp (Complete as many entries as needed to report all participating	leted by DFEs) plans)
a Plan name	
b Name of plan sponsor	C EIN-PN
a Plan name	
b Name of plan sponsor	C EIN-PN
a Plan name	
b Name of plan sponsor	C EIN-PN
a Plan name	1
b Name of plan sponsor	C EIN-PN
a Plan name	
b Name of plan sponsor	C EIN-PN
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b Name of plan sponsor	C EIN-PN
a Plan name	
b Name of plan sponsor	C EIN-PN
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b Name of plan sponsor	C EIN-PN
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b Name of plan sponsor	C EIN-PN
a Plan name	·
b Name of plan sponsor	C EIN-PN
a Plan name	
b Name of plan sponsor	C EIN-PN

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SCHEDULE H Finan	Financial Information					-0110
(Form 5500)						1
Internal Revenue Service Retirement Income Security A	This schedule is required to be filed under section 104 of the Employee Retirement Income Security Act of 1974 (ERISA), and section 6058(a) of the Internal Revenue Code (the Code).					
Employee Reports Security Administration		,		This Fo	rm is One	n to Public
Pension Benefit Guaranty Corporation	n attachment to Form	5500.			Inspectio	
	/01/2010	and endir	<u> </u>	2/31/	2010	
A Name of plan		В	Three-digit	(5.1)		0.00
			plan numbe	r (PN)		002
SBERA 401(K) PLAN AS ADOPTED BY HAMPDEN BAN	ĸ					
C Plan sponsor's name as shown on line 2a of Form 5500		D	Employer Ide	ntification	Number (I	EIN)
HAMPDEN BANK			04-1414	080		
	<u> </u>				· ·	
Part I Asset and Liability Statement 1 Current value of plan assets and liabilities at the beginning and end	of the plan year. Combi	ne the value of r	nian assets he	ld in more	a than one	trust Report
the value of the plan's interest in a commingled fund containing the lines 1c(9) through 1c(14). Do not enter the value of that portion of a	assets of more than one	plan on a line-l	oy-line basis ι	nless the	value is re	portable on
benefit at a future date. Round off amounts to the nearest dollar. and 1i. CCTs. PSAs, and 103-12 IEs also do not complete lines 1d	MTIAs, CCTs, PSAs, a	ind 103-12 IEs o				
Assets		(a) Beginr	ning of Year		(b) End	of Year
a Total noninterest-bearing cash						
b Receivables (less allowance for doubtful accounts):						
(1) Employer contributions	1b(1)					
(2) Participant contributions	1b(2)					
(3) Other	1b(3)					
C General investments:			un de la comp			e diseria di
 (1) Interest-bearing cash (include money market accounts & certif of deposit) 	1c(1)					
(2) U.S. Government securities						
(3) Corporate debt instruments (other than employer securities):		e di tan Alendera Alendera				
(A) Preferred						
(B) All other						
(4) Corporate stocks (other than employer securities):		add action			· · · · ·	이야 한법 : :
(A) Preferred						
(B) Common						<u> </u>
(5) Partnership/joint venture interests						
(6) Real estate (other than employer real property)					·	
(7) Loans (other than to participants)	4 (0)		140			
(8) Participant loans	((0)		142,			203,764
(9) Value of interest in common/collective trusts	4.(40)		5,695,	L23		6,742,073
(10) Value of interest in pooled separate accounts						
(11) Value of interest-in-master-trust-investment-accounts						
 (12) Value of interest in 103-12 investment entities (13) Value of interest in registered investment companies (e.g., mu funds) 						
	allocated					
(14) Value of funds held in insurance company general account (ur contracts)						

For Paperwork Reduction Act Notice and OMB Control Numbers, see the instructions for Form 5500

Schedule H (Form 5500) 2010 v.092308.1

	Schedule H (Form 5500) 2010	Page	e 2	
1d	Employer-related investments:	Г	(a) Beginning of Year	(b) End of Year
	(1) Employer securities	1d(1)		
	(2) Employer real property	1d(2)		
е	Buildings and other property used in plan operation	1e		
f	Total assets (add all amounts in lines 1a through 1e)	1f	5,837,504	6,945,837
	Liabilities			
g	Benefit claims payable	1g		·
h	Operating payables	1h		· · · ·
i	Acquisition indebtedness	1i		
j	Other liabilities	1j		12.
k	Total liabilities (add all amounts in lines 1g through1j)	1k	0	<u> </u>
	Net Assets			
1	Net assets (subtract line 1k from line 1f)	11	5,837,504	6,945,837

Part II Income and Expense Statement

2 Plan income, expenses, and changes in net assets for the year. Include all income and expenses of the plan, including any trust(s) or separately maintained fund(s) and any payments/receipts to/from insurance carriers. Round off amounts to the nearest dollar. MTIAs, CCTs, PSAs, and 103-12 IEs do not complete lines 2a, 2b(1)(E), 2e, 2f, and 2g.

	Income		(a) Amount	(b) Total
а	Contributions:			
	(1) Received or receivable in cash from: (A) Employers	2a(1)(A)	214,019	
	(B) Participants	2a(1)(B)	374,676	
	(C) Others (including rollovers)	2a(1)(C)	31,725	
	(2) Noncash contributions	2a(2)		
	(3) Total contributions. Add lines 2a(1)(A), (B), (C), and line 2a(2)	2a(3)		620,420
b	Earnings on investments: (1) interest:			
	 (A) Interest-bearing cash (including money market accounts and certificates of deposit) 	2b(1)(A)		
	(B) U.S. Government securities	2b(1)(B)		
	(C) Corporate debt instruments	2b(1)(C)		
	(D) Loans (other than to participants)	2b(1)(D)		1.1.1.1.1.2.2.2.2.1.1.1.1.1.1.1.1.1.1.1
	(E) Participant loans	2b(1)(E)	9,273	
	(F) Other	2b(1)(F)		
	(G) Total interest. Add lines 2b(1)(A) through (F)	2b(1)(G)		9,273
	(2) Dividends: (A) Preferred stock	2b(2)(A)		
	(B) Common stock	2b(2)(B)		
	(C) Registered investment company shares (e.g. mutual funds)	2b(2)(C)		
	(D) Total dividends. Add lines 2b(2)(A), (B), and (C)	2b(2)(D)		0
	(3) Rents.	2b(3)		
	(4) Net gain (loss) on sale of assets: (A) Aggregate proceeds	2b(4)(A)		
	(B) Aggregate carrying amount (see instructions)	2b(4)(B)		
	(C) Subtract line 2b(4)(B) from line 2b(4)(A) and enter result	2b(4)(C)		0

Schedule H (Form 5500) 2010 Page 3 (a) Amount (b) Total 2b(5)(A) 2b (5) Unrealized appreciation (depreciation) of assets: (A) Real estate..... 2b(5)(B) (B) Other (C) Total unrealized appreciation of assets. 2b(5)(C) Add lines 2b(5)(A) and (B)..... 2b(6) 608,755 (6) Net investment gain (loss) from common/collective trusts 2b(7) (7) Net investment gain (loss) from pooled separate accounts 2b(8) (8) Net investment gain (loss) from master trust investment accounts 2b(9) (9) Net investment gain (loss) from 103-12 investment entities (10) Net investment gain (loss) from registered investment 2b(10) companies (e.g., mutual funds)..... C Other income..... 2c 1,238,448 d Total income. Add all income amounts in column (b) and enter total..... 2d Expenses e Benefit payment and payments to provide benefits: 2e(1) 130,115 (1) Directly to participants or beneficiaries, including direct rollovers 2e(2) (2) To insurance carriers for the provision of benefits 2e(3) (3) Other 2e(4) 130,115 (4) Total benefit payments. Add lines 2e(1) through (3)..... 2f f Corrective distributions (see instructions) 2g g Certain deemed distributions of participant loans (see instructions)..... 2h h Interest expense..... 2i(1) i Administrative expenses: (1) Professional fees 2i(2) (2) Contract administrator fees 2i(3) (3) Investment advisory and management fees 2i(4) (4) Other..... 2i(5) (5) Total administrative expenses. Add lines 2i(1) through (4)..... 0 2j Total expenses. Add all expense amounts in column (b) and enter total...... 130,115 i Net Income and Reconciliation 2k 1,108,333 k Net income (loss). Subtract line 2i from line 2d.... Transfers of assets: 방법 가는 것은 물건이 가 있다. 것 21(1) (1) To this plan..... 21(2) (2) From this plan Part III Accountant's Opinion 3 Complete lines 3a through 3c if the opinion of an independent qualified public accountant is attached to this Form 5500. Complete line 3d if an opinion is not attached a The attached opinion of an independent qualified public accountant for this plan is (see instructions): (1) X Unqualified (2) Qualified (3) Disclaimer (4) Adverse b Did the accountant perform a limited scope audit pursuant to 29 CFR 2520.103-8 and/or 103-12(d)? Yes X No c Enter the name and EIN of the accountant (or accounting firm) below: (1) Name: PARENT, MCLAUGHLIN & NANGLE, INC. (2) EIN: 04-2603383 d The opinion of an independent qualified public accountant is not attached because: (1) This form is filed for a CCT, PSA, or MTIA. (2) It will be attached to the next Form 5500 pursuant to 29 CFR 2520,104-50.

Schedule H (Form 5500) 2010

Page 4-

Pa	t IV Compliance Questions				····.	
4	CCTs and PSAs do not complete Part IV. MTIAs, 103-12 IEs, and GIAs do not complete 4a, 4e, 103-12 IEs also do not complete 4j and 4l. MTIAs also do not complete 4l.	4f, 4g	, 4h, 4k, 4	m, 4n, or 5	5.	
	During the plan year:		Yes	No	Amount	
а	Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? Continue to answer "Yes" for any prior year failures until fully corrected. (See instructions and DOL's Voluntary Fiduciary Correction Program.)	4a		x		
b	Were any loans by the plan or fixed income obligations due the plan in default as of the close of the plan year or classified during the year as uncollectible? Disregard participant loans secured by participant's account balance. (Attach Schedule G (Form 5500) Part I if "Yes" is checked.)	4b		x		
С	Were any leases to which the plan was a party in default or classified during the year as uncollectible? (Attach Schedule G (Form 5500) Part II if "Yes" is checked.)	4c		x		
d	Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 4a. Attach Schedule G (Form 5500) Part III if "Yes" is checked.)	4d		x		
е	Was this plan covered by a fidelity bond?	4e	x		5	583,750
f	Did the plan have a loss, whether or not reimbursed by the plan's fidelity bond, that was caused by fraud or dishonesty?	4f		x		_
g	Did the plan hold any assets whose current value was neither readily determinable on an established market nor set by an independent third party appraiser?	4g			in the spectrum	
h	Did the plan receive any noncash contributions whose value was neither readily determinable on an established market nor set by an independent third party appraiser?	4h		x		, statistica utra statistica utra statistica
i	Did the plan have assets held for investment? (Attach schedule(s) of assets if "Yes" is checked, and see instructions for format requirements.)	4i	r detaile i X	Andrew (2011) Andrew Children (1996)		
j	Were any plan transactions or series of transactions in excess of 5% of the current value of plan assets? (Attach schedule of transactions if "Yes" is checked, and see instructions for format requirements.)	4j		X		
k	Were all the plan assets either distributed to participants or beneficiaries, transferred to another plan, or brought under the control of the PBGC?	4k		X		
ł	Has the plan failed to provide any benefit when due under the plan?	41		x		
m	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR 2520.101-3.)	4m		X		
n	If 4m was answered "Yes," check the "Yes" box if you either provided the required notice or one of the exceptions to providing the notice applied under 29 CFR 2520.101-3	4n				
5a	Has a resolution to terminate the plan been adopted during the plan year or any prior plan year? If yes, enter the amount of any plan assets that reverted to the employer this year	Ye	s X No	Amour	it:	-
5b	If, during this plan year, any assets or liabilities were transferred from this plan to another plan(s) transferred. (See instructions.)), iden	tify the pla	n(s) to wh	ich assets or liabilities	s were
	5b(1) Name of plan(s)			5b(2) EIN	(s) 51	b(3) PN(s)

<u> </u>	SCHEDULE R	Retirement Plan Informati				ON	B No. 12	10-0110	. –	
		Kethement Flan mormati	on							
	(Form 5500)	This schedule is required to be filed under section 104 and 4065 of the 20								
	Department of the Treasury Internal Revenue Service	Employee Retirement Income Security Act of 1974 (ERI	SA) and se							
	Department of Labor ployee Benefits Security Administration	6058(a) of the Internal Revenue Code (the Co File as an attachment to Form 5500	-			This For	m is Op Inspect		ublic	
	Pension Benefit Guaranty Corporation alendar plan year 2010 or fiscal pl	an year beginning 01/01/2010	and endi	ng	1	2/31/	2010			
	ame of plan		В	Three-	digit					
SI	SERA 401 (K) PLAN AS 7	ADOPTED BY HAMPDEN BANK			umbe	r				
			-	(PN)	,			002		
		0 (F (FD0)	D	[male:		ntificatio	- Numi			
CPI	an sponsor's name as shown on li	ne 2a of Form 5500		• •			n num			
HZ	AMPDEN BANK			04-1	414C	80				
Par	t I Distributions									
		only to payments of benefits during the plan year.								
1		property other than in cash or the forms of property specified	in the	Γ						
•					1					
2	Enter the EIN(s) of payor(s) who	paid benefits on behalf of the plan to participants or beneficiar	ries during	the year (if more	e than tv	vo, ente	EINs of	the tv	NO
	payors who paid the greatest doll									
	EIN(s): 04-2	004337			_					
	Profit-sharing plans, ESOPs, a	nd stock bonus plans, skip line 3.							-	
3	Number of participants (living or or year	ieceased) whose benefits were distributed in a single sum, du	uring the pl	an	3					
Pa	rt II Funding Informat	ion (If the plan is not subject to the minimum funding require	ments of s	ection of 4	412 of	the inte	rnal Rev	enue Co	de or	
	ERISA section 302, ski	o this Part)			<u> </u>		<u> </u>			
4	Is the plan administrator making an	election under Code section 412(d)(2) or ERISA section 302(d)(2)?			Yes		No		N/A
	If the plan is a defined benefit p	blan, go to line 8.								
5		g standard for a prior year is being amortized in this nter the date of the ruling letter granting the waiver. Date	: Month	<u> </u>	_ Da	ıу		Year		
	If you completed line 5, completed	ete lines 3, 9, and 10 of Schedule MB and do not complete	e the rema	inder of t	his so	hedule				
6	a Enter the minimum required of	contribution for this plan year			6a					
	b Enter the amount contributed	by the employer to the plan for this plan year	••••••		6b					
	c Subtract the amount in line 6 (enter a minus sign to the left	o from the amount in line 6a. Enter the result of a negative amount)			6c					
	If you completed line 6c, skip I	ines 8 and 9.		<u> </u>						
7	Will the minimum funding amoun	t reported on line 6c be met by the funding deadline?				Yes	Ď	No		N/A
8	If a change in actuarial cost meth	nod was made for this plan year pursuant to a revenue procee	dure provid	ing						
	automatic approval for the change	e or a class ruling letter, does the plan sponsor or plan admir	nistrator ag	ree	Π	Yes		No	Π	N/A
									<u> </u>	
Pa	rt III Amendments									
9	year that increased or decreased	n plan, were any amendments adopted during this plan I the value of benefits? If yes, check the appropriate X	Increas	e 🗌	Decr	ease	Во	oth	N	10
Pa		ructions). If this is not a plan described under Section 409(a)	or 4975(e)	(7) of the	Interna	al Rever	ue Cod	e,		
10		urities or proceeds from the sale of unallocated securities use	d to repay	any exem	pt loar	n?		Yes		No
4.4		referred stock?						Ves		No
11	•									
11	b If the ESOP has an outstar (See instructions for definit	ding exempt loan with the employer as lender, is such loan p ion of "back-to-back" loan.)	art of a "ba	ck-to-bac	k" loar	1? 		Yes		No
11	(See instructions for definit	iding exempt loan with the employer as lender, is such loan p ion of "back-to-back" loan.) hat is not readily tradable on an established securities marke						Yes		No

	Sch	edule R (Form 5500) 2010 Page 2-
Pa	rt V	Additional Information for Multiemployer Defined Benefit Pension Plans
13		r the following information for each employer that contributed more than 5% of total contributions to the plan during the plan year (measured in ars). See instructions. Complete as many entries as needed to report all applicable employers.
	а	Name of contributing employer
	b	EIN C Dollar amount contributed by employer
	d	Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year
	e	Contribution rate information (If more than one rate applies. check this box and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).) (1) Contribution rate (in dollars and cents) (2) Base unit measure: Hourly Weekly Unit of production Other (specify):
	а	Name of contributing employer
	b	EIN C Dollar amount contributed by employer
	d	Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year
	e	Contribution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).) (1) Contribution rate (in dollars and cents) (2) Base unit measure: Hourly Weekly Unit of production Other (specify):
	а	Name of contributing employer
	b	EIN C Dollar amount contributed by employer
	d	Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year Year
	e	Contribution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).) (1) Contribution rate (in dollars and cents) (2) Base unit measure: Hourly Weekly Unit of production Other (specify):
	а	Name of contributing employer
	b	EIN C Dollar amount contributed by employer
	d	Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year
	e	Contribution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).) (1) Contribution rate (in dollars and cents) (2) Base unit measure: Hourly Weekly Unit of production Other (specify):
	а	Name of contributing employer
	b	EIN C Dollar amount contributed by employer
	d	Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box and see instructions regarding required attachment. Otherwise, enter the applicable date.) Month Day Year
	е	Contribution rate information (If more than one rate applies, check this box and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).) (1) Contribution rate (in dollars and cents) (1) Contribution rate (in dollars and cents) (1) Contribution rate (in dollars and cents) (2) Base unit measure: Hourly Weekly Unit of production
	а	Name of contributing employer
	b	EIN C Dollar amount contributed by employer
	d	Date collective bargaining agreement expires (If employer contributes under more than one collective bargaining agreement, check box
	e	Contribution rate information (<i>If more than one rate applies, check this box</i> and see instructions regarding required attachment. Otherwise, complete items 13e(1) and 13e(2).) (1) Contribution rate (in dollars and cents) (2) Base unit measure: Hourly Weekly Unit of production Other (specify):

Schedule R (Form 5500) 2010

14 Enter the number of participants on whose behalf no contributions were made by an employer as an employer of the participant for:

	a The current year	14a	
	b The plan year immediately preceding the current plan year	14b	
	C The second preceding plan year	14c	
15	Enter the ratio of the number of participants under the plan on whose behalf no employer had an obligation to ma employer contribution during the current plan year to:	ike an	
	a The corresponding number for the plan year immediately preceding the current plan year	15a	
	b The corresponding number for the second preceding plan year	15b	
16	Information with respect to any employers who withdrew from the plan during the preceding plan year:		
	a Enter the number of employers who withdrew during the preceding plan year	16a	
	b If item 16a is greater than 0, enter the aggregate amount of withdrawal liability assessed or estimated to be assessed against such withdrawn employers	16b	
17	If assets and liabilities from another plan have been transferred to or merged with this plan during the plan year, c supplemental information to be included as an attachment.		

Part VI Additional Information for Single-Employer and Multiemployer Defined Benefit Pension Plans

18 If any liabilities to participants or their beneficiaries under the plan as of the end of the plan year consist (in whole or in part) of liabilities to such participants and beneficiaries under two or more pension plans as of immediately before such plan year, check box and see instructions regarding supplemental information to be included as an attachment.

19	lf t	If the total number of participants is 1,000 or more, complete items (a) through (c)				
	а	Enter the percentage of plan assets held as:				
		Stock: % Investment-Grade Debt: % High-Yield Debt: % Real Estate: % Other: %				
	b					
		🗌 0-3 years 🔲 3-6 years 🗌 6-9 years 🗍 9-12 years 📋 12-15 years 📋 15-18 years 🗍 18-21 years 📋 21 years or more				
	С	What duration measure was used to calculate item 19(b)?				
		Effective duration Macaulay duration Modified duration Other (specify):				

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the trustees (or other persons who administer the employee benefit plan) have duly caused this Annual Report to be signed on the Plan's behalf by the undersigned hereunto duly authorized.

Date: 10/15/11

SBERA 401(K) Plan, as adopted by Hampden Bank

Plan Administrator