

# MANSON CREEK RESOURCES LTD.

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CALGARY, AB T2P 0N7 CANADA  
TEL: (403) 233-0464  
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www.manson.ca MCK:TSX VENTURE

FILE No.  
82-3874



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SEC  
Mail Processing  
Section

OCT 13 2009

Washington, DC  
122

October 6, 2009

United States Securities  
& Exchange Commission  
Washington, DC  
20549  
USA

## SUPPL

Dear Sirs:

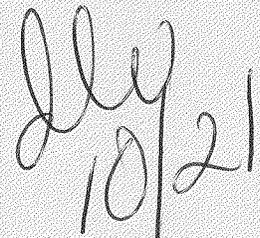
RE: Foreign Private Issuer Exemption File No. 82-3874  
News Release Dated October 6, 2009

Please find enclosed 3 copies of the news release listed above.

Yours very truly,

MANSON CREEK RESOURCES LTD.

*for*   
BARBARA O'NEILL

  
10/21

## MANSON CREEK RESOURCES LTD.

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PH: 403.233.0464 FAX: 403.266.2606 WWW.MANSON.CA

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NEWS RELEASE 09-08

OCTOBER 6, 2009

Symbol: TSX Venture-MCK

For Further Information Contact:

Regan Chernish at 1.403.233.0464

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### **Manson Creek Receives Drill Permits for Meridian Gold Project**

Manson Creek Resources Ltd. ('Manson Creek') is pleased to provide an update for its Meridian Gold Project. The Company has been advised that it has received all the necessary permits required for continued diamond drilling on the road accessible project, located 45 kilometers from Revelstoke, British Columbia.

The diamond drill program currently being considered would target extensions of gold mineralization at the historical Eva gold mine. The mine, due to its reliance on limited surface access, targeted only 246 meters of this prolific zone at most. No diamond drilling has ever tested below the known mine workings. For more details please visit [manson.ca](http://manson.ca) and click on 2009 corporate presentation.

**To date, Manson Creek has outlined an extensive gold mineralized system over an area of 1,100 m by 860 m that remains open along strike and to depth. Significant gold values in drill core and outcrop, ranging from 2 g/t to 194 g/t gold, occur within this system. The proposed drilling will continue the process of delineating this large, gold bearing system.**

#### *Background*

Manson Creek has consolidated five historic past producing gold – silver mines on the current, road accessible, 675 hectare claim block. The group of mines was in limited production from 1901 to 1908 producing 543,000 grams of gold. Fragmented land ownership at the time did not allow for growth and the camp faded after only a few years of production.

The Company believes that the potential for significant mineralization is high in areas near and below the historic mine workings. Gold and silver mineralization on the block is related to the regional scale Camborne Fault which crosses the Meridian Claim group and hosts many of the historic deposits.

The Qualified Person responsible for this news release was the President of the Company, Regan Chernish, P.Geol.

"Regan Chernish"

Regan Chernish, P. Geol.,  
President and Director

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The TSX Venture Exchange has neither approved nor disapproved of the contents of this press release.

All statements, other than statements of historical fact, in this news release are forward-looking statements that involve various risks and uncertainties, including, without limitation, statements regarding the potential extent of mineralization and reserves, exploration results and plans and objectives of Manson Creek Resources Ltd. These risks and uncertainties include, but are not restricted to, the amount of geological data available, the uncertain reliability of drilling results and geophysical and geological data and the interpretation thereof and the need for adequate financing for future exploration and development efforts. There can be no assurance that such statements will prove to be accurate. Actual results and future events could differ materially from those anticipated in such statements. These and all subsequent written and oral forward-looking statements are based on the estimates and opinions of management on the dates they are made and are expressly qualified in their entirety by this notice. The Company assumes no obligation to update forward-looking statements should circumstances or management's estimates or opinions change.

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