

15 July 2009



SEC
Mail Processing
Section

JUL 21 2009

Washington, DC
122

Filer Support 2
Securities and Exchange Commission
100 F Street, NE
Washington, DC 20549
U.S.A.

Attention: File Desk

Rule 12g3-2(b) Submission for Trinity Mirror plc
File Number: 82-3043

SUPL

Dear Sir or Madam:

On behalf of Trinity Mirror plc, a public limited company incorporated under the laws of England, I enclose one complete copy of information required to be furnished pursuant to Rule 12g3-2(b) of the Securities Exchange Act of 1934, as amended.

Please call me at the number below if you have any questions regarding the enclosed materials or if you require additional information.

Sincerely,



Corinna Bridges GradICSA
Company Secretarial Assistant

Encs.

Handwritten initials 'JW' and the date '7/28'.

Trinity Mirror plc
One Canada Square, Canary Wharf, London E14 5AP
T: 020 7293 3000
F: 020 7293 3405
www.trinitymirror.com

12g3-2(b)

Regulatory Story

Go to market news section



Company Trinity Mirror PLC
TIDM TNI
Headline Holding(s) in Company
Released 17:09 08-Jul-2009
Number 3661V17

SEC
 Mail Processing
 Section

JUL 21 2009

RNS Number : 3661V
 Trinity Mirror PLC
 08 July 2009

Washington, DC
 122

TR-1: NOTIFICATION OF MAJOR INTEREST IN SHARESⁱ	
1. Identity of the issuer or the underlying issuer of existing shares to which voting rights are attached:ⁱⁱ	Trinity Mirror plc
2 Reason for the notification (please tick the appropriate box or boxes):	
An acquisition or disposal of voting rights	<input checked="" type="checkbox"/>
An acquisition or disposal of qualifying financial instruments which may result in the acquisition of shares already issued to which voting rights are attached	<input type="checkbox"/>
An acquisition or disposal of instruments with similar economic effect to qualifying financial instruments	<input type="checkbox"/>
An event changing the breakdown of voting rights	<input type="checkbox"/>
Other (please specify):	<input type="checkbox"/>
3. Full name of person(s) subject to the notification obligation:ⁱⁱⁱ	Aviva plc & its subsidiaries
4. Full name of shareholder(s) (if different from 3.):^{iv}	Registered Holder: BNY Norwich Union Nominees Limited 2,905,466* Chase GA Group Nominees Limited 19,074,267* Chase Nominees Limited 460,173* CUIM Nominee Limited 1,624,002* Vidacos Nominees Limited 24,744* *denotes direct interest Chase Nominees Limited 987,469 Vidacos Nominees Limited 1,053,063

12g3-2(b)

5. Date of the transaction and date on which the threshold is crossed or reached: ^v	07 July 2009
6. Date on which issuer notified:	08 July 2009
7. Threshold(s) that is/are crossed or reached: ^{vi, vii}	<10% to 10% Change at Combined Interest Level

8. Notified details:							
A: Voting rights attached to shares ^{viii, ix}							
Class/type of shares if possible using the ISIN CODE	Situation previous to the triggering transaction		Resulting situation after the triggering transaction				
	Number of Shares	Number of Voting Rights	Number of shares	Number of voting rights		% of voting rights ^x	
			Direct	Direct ^{xi}	Indirect ^{xi}	Direct	Indirect
Ordinary Shares GB0009039941	25,256,265	25,256,265	24,088,652	24,088,652	2,040,532	9.35%	0.79%
B: Qualifying Financial Instruments							
Resulting situation after the triggering transaction							
Type of financial instrument	Expiration date ^{xiii}	Exercise/ Conversion Period ^{xiv}	Number of voting rights that may be acquired if the instrument is exercised/ converted.		% of voting rights		

C: Financial Instruments with similar economic effect to Qualifying Financial Instruments ^{xv, xvi}							
Resulting situation after the triggering transaction							
Type of financial instrument	Exercise price	Expiration date ^{xvii}	Exercise/ Conversion period ^{xviii}	Number of voting rights instrument refers to	% of voting rights ^{xx}		
					Nominal	Delta	
Total (A+B+C)							
Number of voting rights				Percentage of voting rights			
26,129,184				10.14%			

9. Chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held, if applicable: ^{xxi}
The voting rights are managed and controlled by Aviva Investors Global Services Limited, with the following chain of controlled undertakings:-
Aviva Investors Global Services Limited:
<ul style="list-style-type: none"> • Aviva plc (Parent Company) • Aviva Group Holdings Limited (wholly owned subsidiary of Aviva plc) • Aviva Investors Holdings Limited (wholly owned subsidiary of Aviva Group Holdings Limited) • Aviva Investors Global Services Limited (wholly owned subsidiary of Aviva Investors Holdings Limited)

12g3-2(b)

Proxy Voting:	
10. Name of the proxy holder:	See Section 4
11. Number of voting rights proxy holder will cease to hold:	
12. Date on which proxy holder will cease to hold voting rights:	
13. Additional information:	Figures are based on a total number of voting rights of 257,690,520.
14. Contact name:	Neil Whittaker
15. Contact telephone number:	01603 684420

This information is provided by RNS
The company news service from the London Stock Exchange

END

HOLEAKXP EEANEFE

CLOSE

London Stock Exchange plc is not responsible for and does not check content on this Website. Website users are responsible for checking content. Any news item (including any prospectus) which is addressed solely to the persons and countries specified therein should not be relied upon other than by such persons and/or outside the specified countries. Terms and conditions, including restrictions on use and distribution apply.

©2009 London Stock Exchange plc. All rights reserved

Regulatory