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Tiomin Reminds Shareholders to Vote Their Blue Proxy

TORONTO – May 19, 2009 - Tiomin Resources Inc. ("Tiomin" or the "Company") reminded shareholders today to vote their BLUE form of proxy in advance of the Company's Annual Meeting of Shareholders to be held on May 26, 2009.

On the agenda for the meeting is the re-election of the current slate of directors as well as reappointment of Ernst & Young as the Company's independent auditors.

The proposed slate of directors, which management urges you to support, are very experienced individuals who collectively have over 200 years relevant experience as geologists, mining engineers, CEOs, lenders, investment bankers and legal counsel. The proposed board members also have very strong track records in delivering transactions that have created tremendous shareholder value.

The Annual General Meeting of shareholders is scheduled for Tuesday May 26, 2009 at 10:00 am at The Toronto Stock Exchange Tower, the Gallery Room, Toronto, Ontario. Tiomin urges all shareholders to vote their BLUE form of proxy for all proposed resolutions, including the re-election of Tiomin's board. Shareholders with any questions or requiring assistance in completing their BLUE form of proxy are asked to contact Tiomin's proxy solicitation agent, Kingsdale Shareholder Services at 1-866-851-2468. Your vote is extremely important.

Proxies submitted must be received by 10:00 a.m., Eastern Time, on May 22, 2009.

Shareholders may vote their proxies using the telephone or internet, 24 hours a day, seven days a week. To vote using the telephone, please call 1-866-732-8683. To vote via internet, please go to the following website: www.investorvote.com. For shareholders that have not voted yet, it is highly recommended to vote via telephone or internet.

To find out more about Tiomin Resources Inc., please visit the company website at www.tiomin.com.

For further information on Tiomin please contact:
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Certain of the information contained in this news release constitutes 'forward-looking statements' within the meaning of securities laws. Such forward-looking statements, including but not limited to those with respect to the prices of metals and minerals, estimated future production and estimated costs of future production involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements to be materially different from any forecast results, performance or achievements expressed or implied by such forward-looking statements. Such factors include, among others, the actual prices of copper and gold, the actual results of current exploration, development and mining activities, changes in project parameters as plans continue to be evaluated, as well as those factors disclosed in the documents of the Company filed from time to time with the Ontario Securities Commission.



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