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OMB APPROVAL

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FORM D

Notice of Exempt Offering of Securities

U.S. Securities and Exchange Commission

Washington, DC 20549

(See instructions beginning on page 5)

Intentional misstatements or omissions of fact constitute federal criminal violations. See 18 U.S.C. 1001.

Item 1. Issuer's Identity

Name of Issuer

LifeSync Holdings, Inc.

Jurisdiction of Incorporation/Organization

DELAWARE

Year of Incorporation/Organization

(Select one)

Over Five Years Ago Within Last Five Years (specify year) Yet to Be Formed

Previous Name(s)

None

GMP Companies, Inc.

Entity Type (Select one)

- Corporation
- Limited Partnership
- Limited Liability Company
- General Partnership
- Business Trust
- Other (Specify)

(If more than one issuer is filing this notice, check this box and identify additional issuer(s) by attaching Items 1 and 2 Continuation Page(s).)

Item 2. Principal Place of Business and Contact Information

Street Address 1

One East Broward Boulevard

Street Address 2

Suite 1701

City

Fort Lauderdale

State/Province/Country

FL

ZIP/Postal Code

33301

Phone No.

954-745-3510

Item 3. Related Persons

Last Name

Hartman

First Name

Shelley

Middle Name

A.

Street Address 1

c/o LifeSync Holdings, Inc. - One East Broward Boulevard

Street Address 2

Suite 1701

City

Fort Lauderdale

State/Province/Country

FL

ZIP/Postal Code

33301

Relationship(s): Executive Officer Director Producer

Clarification of Response (if Necessary)

(Identify additional related persons by checking this box and attaching Item 3 Continuation Page(s).)

Item 4. Industry Group (Select one)

Agriculture

Banking and Financial Services

- Commercial Banking
- Insurance
- Investing
- Investment Banking
- Pooled Investment Fund

If selecting this industry group, also select one fund type below and answer the question below:

- Hedge Fund
- Private Equity Fund
- Venture Capital Fund
- Other Investment Fund

Is the issuer registered as an investment company under the Investment Company Act of 1940? Yes No

Other Banking & Financial Services

Business Services

Energy

- Electric Utilities
- Energy Conservation
- Coal Mining
- Environmental Services
- Oil & Gas
- Other Energy

Health Care

- Biotechnology
- Health Insurance
- Hospitals & Physicians
- Pharmaceuticals
- Other Health Care

Manufacturing

Real Estate

- Commercial

Construction

REITS & Finance

Residential

Other Real Estate

Retailing

Restaurants

Technology

- Computers
- Telecommunications
- Other Technology

Travel

- Airlines & Airports
- Lodging & Conventions
- Tourism & Travel Services
- Other Travel

Other

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Washington, DC 20549

Item 5. Issuer Size (Select one)

Revenue Range (for issuer not specifying "hedge" or "other investment" fund in Item 4 above)

- No Revenues
- \$1 - \$1,000,000
- \$1,000,001 - \$5,000,000
- \$5,000,001 - \$25,000,000
- \$25,000,001 - \$100,000,000
- Over \$100,000,000
- Decline to Disclose
- Not Applicable

OR

Aggregate Net Asset Value Range (for issuer specifying "hedge" or "other investment" fund in Item 4 above)

- No Aggregate Net Asset Value
- \$1 - \$5,000,000
- \$5,000,001 - \$25,000,000
- \$25,000,001 - \$50,000,000
- \$50,000,001 - \$100,000,000
- Over \$100,000,000
- Decline to Disclose
- Not Applicable

Item 6. Federal Exemptions and Exclusions Claimed (Select all that apply)

- | | | |
|--|--|---|
| <input type="checkbox"/> Rule 504(b)(1) (not (i), (ii) or (iii)) | Investment Company Act Section 3(c) | <input type="checkbox"/> Section 3(c)(9) |
| <input type="checkbox"/> Rule 504(b)(1)(i) | <input type="checkbox"/> Section 3(c)(1) | <input type="checkbox"/> Section 3(c)(10) |
| <input type="checkbox"/> Rule 504(b)(1)(ii) | <input type="checkbox"/> Section 3(c)(2) | <input type="checkbox"/> Section 3(c)(11) |
| <input type="checkbox"/> Rule 504(b)(1)(iii) | <input type="checkbox"/> Section 3(c)(3) | <input type="checkbox"/> Section 3(c)(12) |
| <input type="checkbox"/> Rule 505 | <input type="checkbox"/> Section 3(c)(4) | <input type="checkbox"/> Section 3(c)(13) |
| <input checked="" type="checkbox"/> Rule 506 | <input type="checkbox"/> Section 3(c)(5) | <input type="checkbox"/> Section 3(c)(14) |
| <input type="checkbox"/> Securities Act Section 4(6) | <input type="checkbox"/> Section 3(c)(6) | |
| | <input type="checkbox"/> Section 3(c)(7) | |

Item 7. Type of Filing

- New Notice OR Amendment

Date of First Sale in this Offering: OR First Sale Yet to Occur

Item 8. Duration of Offering

Does the issuer intend this offering to last more than one year? Yes No

Item 9. Type(s) of Securities Offered (Select all that apply)

- | | |
|---|---|
| <input type="checkbox"/> Equity | <input type="checkbox"/> Pooled Investment Fund Interests |
| <input checked="" type="checkbox"/> Debt | <input type="checkbox"/> Tenant-in-Common Securities |
| <input checked="" type="checkbox"/> Option, Warrant or Other Right to Acquire Another Security | <input type="checkbox"/> Mineral Property Securities |
| <input checked="" type="checkbox"/> Security to be Acquired Upon Exercise of Option, Warrant or Other Right to Acquire Security | <input type="checkbox"/> Other (Describe) |
-

Item 10. Business Combination Transaction

Is this offering being made in connection with a business combination transaction, such as a merger, acquisition or exchange offer? Yes No

Clarification of Response (if Necessary)

FORM D

U.S. Securities and Exchange Commission

Washington, DC 20549

Item 11. Minimum Investment

Minimum investment accepted from any outside investor \$ -0-

Item 12. Sales Compensation

Recipient (Associated) Broker or Dealer [X] None Recipient CRD Number [] No CRD Number (Associated) Broker or Dealer CRD Number [] No CRD Number Street Address 1 Street Address 2 City State/Province/Country ZIP/Postal Code

States of Solicitation [] All States [] AL [] AK [] AZ [] AR [] CA [] CO [X] CT [] DE [] DC [X] FL [X] GA [] HI [] ID [X] IL [] IN [] IA [] KS [] KY [X] LA [] ME [X] MD [] MA [] MI [X] MN [] MS [] MO [] MT [] NE [] NV [] NH [] NJ [] NM [X] NY [] NC [] ND [] OH [] OK [] OR [] PA [] RI [] SC [] SD [] TN [X] TX [] UT [] VT [] VA [] WA [] WV [] WI [] WY [] PR

(Identify additional person(s) being paid compensation by checking this box [] and attaching Item 12 Continuation Page(s).)

Item 13. Offering and Sales Amounts

(a) Total Offering Amount \$ 3,003,880 OR [] Indefinite b) Total Amount Sold \$ 1,501,940 (c) Total Remaining to be Sold (Subtract (a) from (b)) \$ 1,501,940 OR [] Indefinite

Clarification of Response (if Necessary) Each noteholder has agreed to fund an equal investment if holders of 60% of the current notes elects to make that funding.

Item 14. Investors

Check this box [] if securities in the offering have been or may be sold to persons who do not qualify as accredited investors, and enter the number of such non-accredited investors who already have invested in the offering:

Enter the total number of investors who already have invested in the offering: 12

Item 15. Sales Commissions and Finders' Fees Expenses

Provide separately the amounts of sales commissions and finders' fees expenses, if any. If an amount is not known, provide an estimate and check the box next to the amount.

Sales Commissions \$ -0- [] Estimate Finders' Fees \$ -0- [] Estimate

Clarification of Response (if Necessary)

Item 16. Use of Proceeds

Provide the amount of the gross proceeds of the offering that has been or is proposed to be used for payments to any of the persons required to be named as executive officers, directors or promoters in response to Item 3 above. If the amount is unknown, provide an estimate and check the box next to the amount.

\$ -0-

Estimate

Clarification of Response (if Necessary)

[Empty box for clarification of response]

Signature and Submission

Please verify the information you have entered and review the Terms of Submission below before signing and submitting this notice.

Terms of Submission. In Submitting this notice, each identified issuer is:

Notifying the SEC and/or each State in which this notice is filed of the offering of securities described and undertaking to furnish them, upon written request, in accordance with applicable law, the information furnished to offerees.*

Irrevocably appointing each of the Secretary of the SEC and the Securities Administrator or other legally designated officer of the State in which the issuer maintains its principal place of business and any State in which this notice is filed, as its agents for service of process, and agreeing that these persons may accept service on its behalf, of any notice, process or pleading, and further agreeing that such service may be made by registered or certified mail, in any Federal or state action, administrative proceeding, or arbitration brought against the issuer in any place subject to the jurisdiction of the United States, if the action, proceeding or arbitration (a) arises out of any activity in connection with the offering of securities that is the subject of this notice, and (b) is founded, directly or indirectly, upon the provisions of: (i) the Securities Act of 1933, the Securities Exchange Act of 1934, the Trust Indenture Act of 1939, the Investment Company Act of 1940, or the Investment Advisers Act of 1940, or any rule or regulation under any of these statutes; or (ii) the laws of the State in which the issuer maintains its principal place of business or any State in which this notice is filed.

Certifying that, if the issuer is claiming a Rule 505 exemption, the issuer is not disqualified from relying on Rule 505 for one of the reasons stated in Rule 505(b)(2)(iii).

* This undertaking does not affect any limits Section 102(a) of the National Securities Markets Improvement Act of 1996 ("NSMIA") (Pub. L. No. 104-290, 110 Stat. 3416 (Oct. 11, 1996)) imposes on the ability of States to require information. As a result, if the securities that are the subject of this Form D are "covered securities" for purposes of NSMIA, whether in all instances or due to the nature of the offering that is the subject of this Form D, States cannot routinely require offering materials under this undertaking or otherwise and can require offering materials only to the extent NSMIA permits them to do so under NSMIA's preservation of their anti-fraud authority.

Each identified issuer has read this notice, knows the contents to be true, and has duly caused this notice to be signed on its behalf by the undersigned duly authorized person. (Check this box and attach Signature Continuation Pages for signatures of issuers identified in Item 1 above but not represented by signer below.)

Issuer(s)

LIFESYNC HOLDINGS, INC.

Name of Signer

SHELLEY A. HARTMAN

Signature

[Handwritten signature]

Title

PRESIDENT

Number of continuation pages attached:

2

Date

1-28-07

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Item 3 Continuation Page

Item 3. Related Persons (Continued)

Last Name	First Name	Middle Name
Raney	Jeffrey	L.
Street Address 1	Street Address 2	
c/o LifeSync Holdings, Inc. - One East Broward Boulevard	Suited 1701	
City	State/Province/Country	ZIP/Postal Code
Fort Lauderdale	FL	33301
Relationship(s):	<input checked="" type="checkbox"/> Executive Officer <input type="checkbox"/> Director <input type="checkbox"/> Promoter	
Clarification of Response (if Necessary)		

Last Name	First Name	Middle Name
Silverman	Mark	
Street Address 1	Street Address 2	
c/o LifeSync Holdings, Inc. - One East Broward Boulevard	Suite 1701	
City	State/Province/Country	ZIP/Postal Code
Fort Lauderdale	FL	33301
Relationship(s):	<input checked="" type="checkbox"/> Executive Officer <input type="checkbox"/> Director <input type="checkbox"/> Promoter	
Clarification of Response (if Necessary)		

Last Name	First Name	Middle Name
Brown, III MD	Charles	L.
Street Address 1	Street Address 2	
c/o Piedmont Heart Institute - 95 Collier Road NW	Suite 2045	
City	State/Province/Country	ZIP/Postal Code
Atlanta	GA	30309
Relationship(s):	<input type="checkbox"/> Executive Officer <input checked="" type="checkbox"/> Director <input type="checkbox"/> Promoter	
Clarification of Response (if Necessary)		

Last Name	First Name	Middle Name
Brooke	Paul	
Street Address 1	Street Address 2	
21 E. 90th Street		
City	State/Province/Country	ZIP/Postal Code
New York	NY	10128
Relationship(s):	<input type="checkbox"/> Executive Officer <input checked="" type="checkbox"/> Director <input type="checkbox"/> Promoter	
Clarification of Response (if Necessary)		

Item 3 Continuation Page

Item 3. Related Persons (Continued)

Last Name: Hecht, MD First Name: Eric Middle Name: []
Street Address 1: 100 South Pointe Drive Street Address 2: Apt. 2305
City: Miami State/Province/Country: FL ZIP/Postal Code: 33139
Relationship(s): Executive Officer Director Promoter
Clarification of Response (if Necessary): []

Last Name: Johnson First Name: B. Kristine Middle Name: []
Street Address 1: c/o Affinity Ventures IV, LP - 901 Marquette Avenue Street Address 2: Suite 2820
City: Minneapolis State/Province/Country: MN ZIP/Postal Code: 55402
Relationship(s): Executive Officer Director Promoter
Clarification of Response (if Necessary): []

Last Name: Rebold First Name: Matthew Middle Name: I.
Street Address 1: 15 Arrowhead Way Street Address 2: []
City: Weston State/Province/Country: CT ZIP/Postal Code: 06883
Relationship(s): Executive Officer Director Promoter
Clarification of Response (if Necessary): []

Last Name: Sebulsky First Name: Alan Middle Name: M
Street Address 1: c/o AMS Capital LLC - One North Wacker Drive Street Address 2: Suite 3950
City: Chicago State/Province/Country: IL ZIP/Postal Code: 60606
Relationship(s): Executive Officer Director Promoter
Clarification of Response (if Necessary): []

END