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Date: 08 October 2008



Securities and Exchange Commission
Office Of the International Corporate Finance
Room 3094 STOP 3-6
450 Fifth Street N.W.
Washington DC 20549
USA

SUPPL

Dear Sir

J Sainsbury Announces: Second Quarter Trading Statement for 16 weeks to 4 October 2008.

Please find enclosed copies of the above announcement made to the London Stock Exchange on 8th October 2008.

Yours sincerely

Hazel Jarvis
Deputy Secretary

Enc

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Second Quarter Trading Statement for 16 weeks to 4 October 2008

Second quarter delivers continued robust sales performance

Highlights

- Total sales for second quarter up 8.4 per cent (5.3 per cent excluding fuel)
- Like-for-like sales for second quarter up 7.5 per cent (4.3 per cent excluding fuel)
- Like-for-like sales for first half up 7.4 per cent (3.9 per cent excluding fuel) (5)

Justin King, chief executive, said: "This is a good result and given the current environment shows how the strength and broad appeal of the Sainsbury's brand has improved substantially during the past four years. Like-for-like sales growth, excluding fuel, of 4.3 per cent over the summer quarter and 3.9 per cent for the first half, demonstrates that Sainsbury's universal offer is meeting our customers' expectations for great quality and excellent value. We continue to drive improvements throughout the business and our service measures demonstrate that we continue to do a great job for our customers.

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Highlights

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