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OFFICE OF INTERNATIONAL
CORPORATE FINANCE

J Sainsbury plc
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London
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Securities and Exchange Commission
Office Of the International Corporate Finance
Room 3094 STOP 3-6
450 Fifth Street N.W.
Washington DC 20549
USA

Ext: 020 7695 6378
Fax: 020 7695 6378
Date: 15 May 2008



08002729

SUPPL

Dear Sir

J Sainsbury Announces: Director Declaration/Director/PDMR Shareholding.

Please find enclosed copies of the above announcements made to the London Stock Exchange on 15 May 2008.

Yours sincerely

Hazel Jarvis
Deputy Secretary

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Registered office as above
Registered number 185647 England

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Dr John McAdam, Senior Independent Director of J Sainsbury plc, was appointed as Chairman of Rentokil Initial plc on 14 May 2008.

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This announcement is made pursuant to paragraph 9.6.14R of the Listing Rules.

Enquiries:

Investor Relations +44 (0) 20 7695 4931

15 May 2008

Dr John McAdam, Senior Independent Director of J Sainsbury plc, was appointed as Chairman of Rentokil Initial plc on 14 May 2008.

This announcement is made pursuant to paragraph 9.6.14R of the Listing Rules.

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END