



NovaWest Resources Inc.

RECEIVED

2007 JUL 10 A 10:17

OFFICE OF INTERNATIONAL
CORPORATE FINANCE



News Release

For Immediate Release

AGM Update

SUPL

Vancouver, Monday May 7th 2007, 12:30p.m. PT

Novawest Resources Inc. (TSX.V – Symbol “NVE”; Frankfurt – Symbol “NWN”), announces that at the Company’s recent Annual General Meeting (“AGM”) the shareholders overwhelmingly approved all resolutions submitted for approval, demonstrating very strong support for Management.

Patrick D. O'Brien, ICD.D, Brian F. Adams, FCGA and Jerry W. Dibble were re-elected to the Board of Directors, with Patrick D. O'Brien re-appointed as Chairman. The Board of Directors has re-appointed Christopher B. Chu, LLB to the position of Corporate Secretary and Brian F. Adams, FCGA to the position of CFO. The Board recognizes that the shareholders have demonstrated confidence in the Board's endeavours and strategies and thank the shareholders for their continued support.

ON BEHALF OF THE BOARD OF DIRECTORS OF NOVAWEST RESOURCES INC.

PROCESSED

"Patrick D. O'Brien"
Patrick D. O'Brien – Chairman

E JUL 10 2007
THOMSON
FINANCIAL

Novawest invites the public to visit its website at <http://www.novawest.com> or e-mail the company at novawest@novawest.com to be added to the company's e-mail list for press releases and updates.

S.E.C.Exemption12(g)3-2(b) File No. 82-3822, Standard & Poors Listed, Dun & Bradstreet Listed

THE TSX VENTURE EXCHANGE HAS NOT REVIEWED AND DOES NOT ACCEPT RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE. THIS NEWS RELEASE SHALL NOT CONSTITUTE AN OFFER TO SELL OR THE SOLICITATION OF AN OFFER TO BUY SECURITIES IN ANY JURISDICTION. "SAFE HARBOR" STATEMENT UNDER THE PRIVATE SECURITIES LITIGATION REFORM ACT OF 1995: THIS NEWS RELEASE CONTAINS FORWARD LOOKING STATEMENTS THAT ARE NOT HISTORICAL FACTS AND ARE SUBJECT TO RISKS AND UNCERTAINTIES WHICH COULD CAUSE ACTUAL RESULTS TO DIFFER MATERIALLY FROM THOSE SET FORTH IN OR IMPLIED HEREIN

END