

J Sainsbury plc

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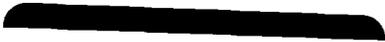
OFFICE OF INTERNATIONAL  
CORPORATE FINANCE

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London  
EC1N 2HT

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www.j-sainsbury.co.uk

Securities and Exchange Commission  
Office Of the International Corporate Finance  
Room 3094 STOP 3-6  
450 Fifth Street N.W.  
Washington DC 20549  
USA

Ext: 020 7695 6378  
Fax: 020 7695 6378  
Date: 23 August 2006



06016734

SUPPL

Dear Sir

J Sainsbury Announces: Notification of Fidelity International Limited's  
Decreased Holding in Sainsbury's

Please find enclosed a copy of the above announcements made to the London Stock Exchange on 23<sup>rd</sup> August 2006.

Yours sincerely

pp.

**Hazel Jarvis**  
Deputy Secretary

Enc

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SEP 14 2006

THOMSON  
FINANCIAL

J Sainsbury plc

J Sainsbury plc received notification on 23 August 2006 that Fidelity International Limited and its direct and indirect subsidiaries have a reportable interest in the Company's share capital of 3.93 per cent.

End

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CORPORATE FINANCE

AVS = 376686

RNS = 00901

23-08-06

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J Sainsbury plc

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End

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CORPORATE FINANCE

AVS = 37668C

RNS = 00901

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RNS = 00901

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