

1st August 2006



Filer Support 2
Securities and Exchange Commission
100 F Street, NE
Washington, DC 20549
U.S.A.

Attention: File Desk

SUPPL

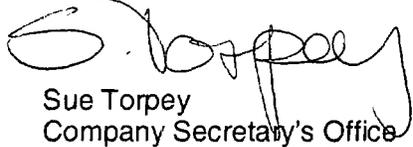
Rule 12g3-2(b) Submission for Trinity Mirror plc
File Number: 82-3043

Dear Sir or Madam:

On behalf of Trinity Mirror plc, a public limited company incorporated under the laws of England, I enclose one complete copy of information required to be furnished pursuant to Rule 12g3-2(b) of the Securities Exchange Act of 1934, as amended.

Please call me at the number below if you have any questions regarding the enclosed materials or if you require additional information.

Yours sincerely


Sue Torpey
Company Secretary's Office

Encs.

PROCESSED
AUG 14 2006
B
THOMSON
FINANCIAL



Handwritten initials and date: JW 8/14

Trinity Mirror plc
One Canada Square, Canary Wharf, London E14 5AP
T: 020 7293 3000
F: 020 7293 3405
www.trinitymirror.com

RNS

Trinity Mirror PLC
Aug 1 2006 7:02

TNI

Appointment

RNS Number:0313H
Trinity Mirror PLC
01 August 2006

Appointment of non-executive director

Trinity Mirror is pleased to announce that Laura Wade-Gery will join the Board as a non-executive director on 4th August 2006.

Laura, 41, is Chief Executive of Tesco.com and a Director of Tesco Personal Finance. Previously she was Group Strategy Director, Tesco plc. Prior to joining Tesco in 1997 Laura held positions with Gemini Consulting and Kleinwort Benson.

Sir Ian Gibson commented:

"We are delighted that Laura is joining the Trinity Board. She brings a wealth of corporate experience from the UK's leading retailer and is known throughout that business as a real customer champion."

No further details required under FSA Listing Rule 9.6.13 remain to be disclosed.

Enquiries:

Trinity Mirror plc 020 7293 3000
Nick Fullagar, Director of Corporate Communications

Maitland 020 7379 5151
Neil Bennett
Wendy Timmons

This information is provided by RNS
The company news service from the London Stock Exchange

END
BOAEANXFDFSKEFE

-0- Aug/01/2006 6:02 GMT

