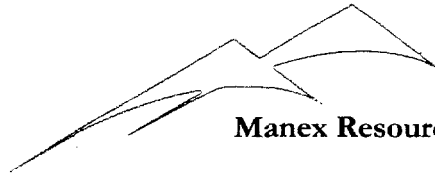


MANEX RESOURCE GROUP INC.



Manex Resource Group

1550-1185 WEST GEORGIA STREET, VANCOUVER, BC V6E 4E6
TEL: 604-684-9384 FAX: 604-689-4546



06015413

July 13, 2006

Office of International Corporate Finance
Securities and Exchange Commission
Mail Stop 3-9
450 - 5 St. NW
Washington, DC 20549

SUPPL

RECEIVED
2006 JUL 21 P 2:17
OFFICE OF INTERNATIONAL
CORPORATE FINANCE

Dear Sirs:

**Re: Insider Report for Lawrence Page – Avalon Ventures Ltd.
File No. 82-4427**

We enclose for your records a copy of an Insider Report filed on behalf of Lawrence Page on the System of Electronic Disclosure for Insiders (SEDI) with respect to the trading of securities in Avalon Ventures Ltd.

Yours very truly,

MANEX RESOURCE GROUP INC.

Barb Fines

Per:

Barbara L. Fines
Corporate Secretary

/blf
Encl.

PROCESSED

JUL 25 2006 *E*

THOMSON
FINANCIAL

blf
7/24

FILE NO. 82-4427

2006-07-11, 15:29:24, EDT

Insider: Page.L	Issuer: Avalon Ventures	Security: Common Sha
Security designation	Common Shares	
Opening balance of securities held	11000	
Filing date	2006-07-11	
Date of transaction	2006-06-27	
Nature of transaction	10 - Acquisition or disposition in the public market	
Number or value of securities disposed of	10000	
Unit price or exercise price	1.20	Canadian Dollar
Closing balance of securities held	1000	

General remarks (if necessary to describe the transaction)

Private remarks to securities regulatory authorities

Next

RECEIVED
2006 JUL 21 P 2:17
OFFICE OF INTERNATIONAL
CORPORATE FINANCE

2006-07-11, 15:27:47, EDT

Insider: Page.L	Issuer: Avalon Ventures	Security: Common Sha
Security designation	Common Shares	
Opening balance of securities held	21000	
Filing date	2006-07-11	
Date of transaction	2006-06-27	
Nature of transaction	10 - Acquisition or disposition in the public market	
Number or value of securities disposed of	10000	
Unit price or exercise price	1.19	Currency Canadian Dollar
Closing balance of securities held	11000	

General remarks (if necessary to describe the transaction)

Private remarks to securities regulatory authorities

[Next](#)

File NO. 82-4427

FILE NO. 82-4427

2006-07-11, 15:16:19, EDT

Insider: Page.L	Issuer: Avalon Ventures	Security: Common Sha
Security designation	Common Shares	
Opening balance of securities held	46000	
Filing date	2006-07-11	
Date of transaction	2006-07-07	
Nature of transaction	51 - Exercise of options	
Number or value of securities acquired	75000	
Unit price or exercise price	0.20	Canadian Dollar
Closing balance of securities held	121000	

General remarks (if necessary to describe the transaction)
Private remarks to securities regulatory authorities

acquisition of shares through exercise of options

Next

SEDI

2006-07-11, 15:15:12, EDT

Insider: Page.L	Issuer: Avalon Ventures	Security: Common Sha
Security designation	Common Shares	
Opening balance of securities held	21000	
Filing date	2006-07-11	
Date of transaction	2006-07-07	
Nature of transaction	51 - Exercise of options	
Number or value of securities acquired	25000	
Unit price or exercise price	0.27	Currency Canadian Dollar
Closing balance of securities held	46000	

General remarks (if necessary to describe the transaction)	acquisition of shares through exercise of options
Private remarks to securities regulatory authorities	

Next

FILE NO. 82-4427

2006-07-11, 15:13:35, EDT

Insider: Page.L Issuer: Avalon Ventures Security: Options Common

Security designation Options (Common Shares)

Opening balance of securities or contracts held 175000

Filing date 2006-07-11

Date of transaction 2006-07-07

Nature of transaction 51 - Exercise of options

Number or value of securities or contracts acquired

Equivalent number or value of underlying securities acquired

Number or value of securities or contracts disposed of 75000

Equivalent number or value of underlying securities disposed of 75000

Unit price or exercise price 0.20

Conversion or Exercise price

Date of expiry or maturity 2008-04-25

Closing balance of securities or contracts held 100000

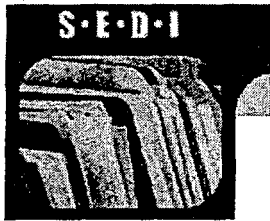
General remarks (if necessary to describe the transaction)

Private remarks to securities regulatory authorities

Next

Canadian Dollar

Canadian Dollar



File insider
report
Amend insider
transaction

[Agent home page](#) | [123](#) Process tracker | [Logout](#) | [Contact us](#) |

[Insider profile](#) | [Insider report](#)

Insider: Page.L

Issuer: Avalon Ventures

Security: Options Commo

Amend insider transaction - Completed

The transaction has been amended.

Do you want to amend another transaction?

[Insider profile](#) | [Insider report](#) | [Your user information](#) | [Help](#) | [E-mail us](#) | [Privacy Statement](#) | [Term:](#)

2006-07-11, 15:46:17, EDT

Insider: Page.L

Issuer: Avalon Ventures

Security: Options Common

Security designation Options (Common Shares)

Opening balance of securities or contracts held 200000

Filing date 2006-07-11

Date of transaction 2006-07-07

Nature of transaction 51 - Exercise of options

Number or value of securities or contracts acquired

Equivalent number or value of underlying securities acquired

Number or value of securities or contracts disposed of 25000

Equivalent number or value of underlying securities disposed of 25000

Unit price or exercise price 0.2700

Currency

Canadian Dollar

Conversion or Exercise price

Currency

Canadian Dollar

Date of expiry or maturity 2007-03-12

Closing balance of securities or contracts held 175000

General remarks (if necessary to describe the transaction)

Private remarks to securities regulatory authorities

Next

2006-07-11, 15:11:25, EDT

Insider: Page.L Issuer: Avalon Ventures Security: Options Common

Security designation Options (Common Shares)

Opening balance of securities or contracts held 200000

Filing date 2006-07-11

Date of transaction 2006-07-07

Nature of transaction 52 - Expiration of options- AMENDED

Number or value of securities or contracts acquired

Equivalent number or value of underlying securities acquired

Number or value of securities or contracts disposed of 25000

Equivalent number or value of underlying securities disposed of 25000

Unit price or exercise price 0.27

Canadian Dollar

Currency

Conversion or Exercise price

Canadian Dollar

Currency

Date of expiry or maturity 2007-03-12

Closing balance of securities or contracts held 175000

General remarks (if necessary to describe the transaction)

Private remarks to securities regulatory authorities

Next