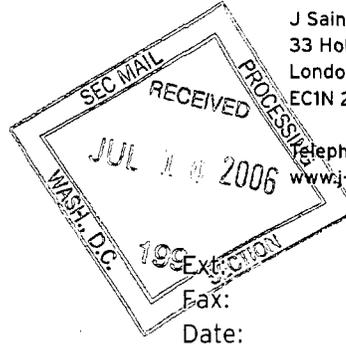


J Sainsbury plc
33 Holborn
London
EC1N 2HT

Telephone 020 7695 6000
www.j-sainsbury.co.uk



020 7695 6378
Fax: 020 7695 6378
Date: 29 June 2006

Securities and Exchange Commission
Office Of the International Corporate Finance
Room 3094 STOP 3-6
450 Fifth Street N.W.
Washington DC 20549
USA



SUPL

Dear Sir

J Sainsbury Announces: Notification of Holdings in Company

Please find enclosed a copy of the above announcement made to the London Stock Exchange on 28 June 2006.

Yours sincerely

pp.

Hazel Jarvis
Deputy Secretary

PROCESSED

JUL 13 2006

**THOMSON
FINANCIAL**

Enc

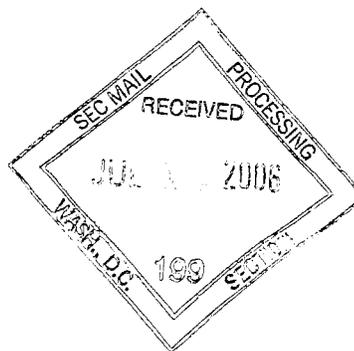
Registered office as above
Registered number 185647 England

J Sainsbury plc.

J Sainsbury plc received notification on 28 June 2006 that Brandes Investment Partners L.L.C. and its affiliates have decreased their reportable interest in the Company.

As a result their reportable interest is now 10.99 per cent instead of 11.9 per cent previously reported.

End



J Sainsbury plc

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