

J Sainsbury plc

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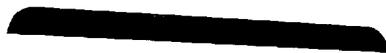
OFFICE OF INTERNATIONAL
CORPORATE FINANCE

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Date: 16 January 2006

Dear Sir

SUPPL

J Sainsbury plc and notifiable interest

Please find enclosed copies of the above announcements made to the London Stock Exchange on 13 January 2006.

Yours sincerely


Hazel Jarvis
Deputy Secretary

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J Sainsbury plc (the "company")

On 13 January 2006, the company was notified that Sir Timothy Sainsbury no longer has a notifiable interest in the company's issued share capital, such interest now being below 3%.

End