

TNS House  
Westgate  
London  
W5 1UA

**By Courier**

Securities and Exchange Commission  
Filing Desk  
Division of Corporation Finance  
Office of International Corporate Finance  
450 Fifth Street N.W  
Washington DC 20549  
United States

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judith.george@tns-global.com

**Judith George**  
Assistant Company Secretary



3 June 2005

SUPPL

Dear Sir/Madam

**Re: Taylor Nelson Sofres plc: file no 82-4668**

In accordance with the requirements of rule 12-g3-2b please find enclosed the following for Taylor Nelson Sofres plc:

- Taylor Nelson Sofres plc – director’s exercise of options

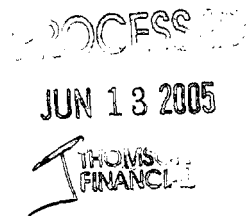
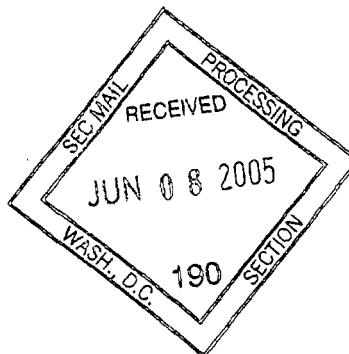
I trust the above is in order, please do not hesitate to contact me should you have any queries.

Please could you acknowledge receipt of this letter and the documents enclosed herewith, by stamping the enclosed copy of this letter and returning it to the Company in the enclosed self-addressed envelope.

Yours faithfully

**Judith George**

Enc.



*dw 6/13*

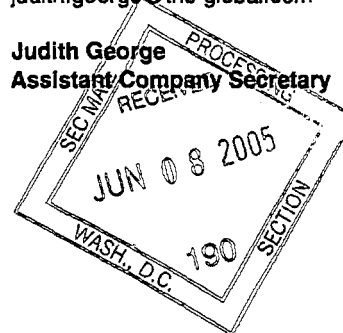
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<b>Company</b>	<b>Headline</b>	<b>Embargo</b>	<b>Last Update</b>	<b>Add Dist Replaces</b>
Taylor Nelson Sofres PLC	Director Shareholding		17:03 1 Jun 05	

Full Announcement Text

### For immediate release

1 June 2005

#### Taylor Nelson Sofres plc Director's exercise of options

Taylor Nelson Sofres plc (TNS) has been advised that the Chairman, Tony Cowling, today exercised options to purchase 568,182 ordinary shares of 5p each in the company, at 95p and sold 126,495 of those shares at 213.7047p, representing 0.028 per cent of the company's issued share capital in order to pay the income tax liability due on the exercise.

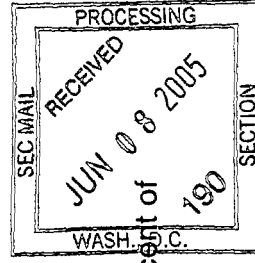
The options were granted in 1998 under the Long Term Incentive Plan.

His combined remaining beneficial holding in the company is 1,489,812 shares, representing 0.333 per cent of the company's issued share capital.

#### For further information, please contact:

Janis Parks, Head of Investor Relations +44 (0)20 8967 1584

Email to: [janis.parks@tns-global.com](mailto:janis.parks@tns-global.com)



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