

INSIDER REPORT

(See instructions on the back of this report)

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

Freegold Ventures Limited

BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER
 U U U U

DATE OF LAST REPORT FILED FOR INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER
 15/12/01

CHANGE IN RELATIONSHIP FROM LAST REPORT YES NO

BOX 3. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, D, E AND F ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

(A) DESIGNATION OF CLASS OF SECURITIES	(B) BALANCE OF CLASS OF SECURITIES OR LAST REPORT	(C) TRANSACTIONS	(D) PRESENT BALANCE OF CLASS OF SECURITIES HELD	(E) DIRECT/INDIRECT OWNERSHIP CONTROL OR DIRECTION IS EXERCISED	(F) IDENTIFY THE REGISTERED HOLDER WHERE OWNERSHIP IS INDIRECT OR WHERE CONTROL OR DIRECTION IS EXERCISED
Options	125000		25000	<input type="checkbox"/>	
Warrants	0		0	<input type="checkbox"/>	
Common	6700		0	<input type="checkbox"/>	

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

ALBERTA ONTARIO
 BRITISH COLUMBIA QUEBEC
 MANITOBA SASKATCHEWAN
 NEWFOUNDLAND
 NOVA SCOTIA

BOX 5. REMARKS

THOMSON FINANCIAL
 PROCESSED
 MAR 22 2005

BOX 6. ATTACHMENT YES NO

BOX 7. SIGNATURE
 ITALYN DAWNING
 SIGNATURE: [Signature]
 DATE OF THE REPORT: 16/03/05

BOX 8. CORRESPONDENCE ENGLISH FRENCH

KEEP A COPY FOR YOUR FILE

BEST AVAILABLE COPY

BEST AVAILABLE COPY



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under this form is collected on behalf of and used by the securities regulatory authorities set out below in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Quebec, Nova Scotia and Newfoundland. Other required information will remain confidential and will not be disclosed to any person or company other than the issuer or its authorized representatives. If you have any questions about the collection and use of this information, you may contact the securities regulator.

THE INSIDER (BLOCK LETTERS)

GIVEN NAMES: ITALYN
 NO. 1104 PREMIER ST. APT
 CITY: NORTH VANCOUVER
 PROV.: BC
 POSTAL CODE: V7J 2H3

BUSINESS TELEPHONE NUMBER: 604-1085-1870
 BUSINESS FAX NUMBER: 604-1085-6550

CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT YES NO

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