

INSIDER REPORT

(See instructions on the back of this report)

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

CANALASKA VENTURES LTD

BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER

DATE OF LAST REPORT FILED

IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER

82-2131

DAY / MONTH / YEAR

DAY / MONTH / YEAR

14 10 05

14 10 05

YES NO

BOX 3. NAME, ADDRESS AND CONTACT INFORMATION

(BLOCK LETTERS)

FAMILY NAME OR GIVEN NAMES: DOWNING
 STREET: TARA RAE APT
 NO. 1104 PREMIER ST
 CITY: NORTH VANCOUVER
 PROV: BC
 POSTAL CODE: V7J 2H3

BUSINESS TELEPHONE NUMBER: 604-1085-1870
 BUSINESS FAX NUMBER: 604-685-6530

CHARGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT: YES NO

05006525

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

ALBERTA ONTARIO
 BRITISH COLUMBIA QUEBEC
 MANITOBA SASKATCHEWAN
 NEWFOUNDLAND
 NOVA SCOTIA

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, B, C, D, E, AND F ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

DESIGNATION OF CLASS OF SECURITIES	DATE (DAY / MONTH / YEAR)	TRANSACTIONS		UNIT PRICE / EXERCISE PRICE	\$ US
		NUMBER VALUE ACQUIRED	NUMBER VALUE DISPOSED OF		
Options	28/02/05	5000	5000	0.25	1250
Warrants	28/02/05	5000	5000	0.25	1250
Common					

BOX 6. REMARKS

THOMSON FINANCIAL
 MAR 17 2005
 PROCESSED
 2005 MAR 10 A 11:00

ATTACHMENT YES NO

THIS FORM IS USED AS A UNIFORM REPORT FOR THE INSIDER REPORTING REQUIREMENTS UNDER ALL PROVINCIAL SECURITIES ACTS. THE TERMINOLOGY USED IS GENERIC TO ACCOMMODATE THE VARIOUS ACTS.

CORRESPONDENCE ENGLISH FRENCH

KEEP A COPY FOR YOUR FILE

VERSION FRANÇAISE DISPONIBLE SUR DEMANDE

NAME (BLOCK LETTERS): TARA DOWNING
 SIGNATURE: [Signature]
 DATE OF THE REPORT: 10/10/05

The undersigned certifies that the information given in this report is true and complete in every respect. If it is an offence to submit information that, in a material respect and at the time and in the light of the circumstances in which it is submitted, is misleading or untrue.

Notice - Collection and Use of Personal Information for purposes of the administration and enforcement of the Securities Act. Some of the required information will be made public and disclosed to any person or company except to any person or company that may contact the securities regulatory authority in a confidential manner.

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