



FRIENDS PROVIDENT

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OFFICE OF INTERNATIONAL CORPORATE FINANCE



Securities and Exchange Commission
Office of International Corporate Finance
Mail Stop 3 -2
450 Fifth Street, N.W.
Washington DC 20549



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22 February 2005

SUPPL

Dear Sir

Friends Provident plc - File number 82 - 524

I enclose recent releases to the London Stock Exchange, since our last submission to you: -

18 Feb 2005 Treasury Stock

Should you require any assistance, please do not hesitate to contact me by email to hornj@friendsprovident.co.uk.

Yours sincerely

Ms. Jenni Horn
Company Secretariat Assistant

Enc.

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Regulatory Announcement

Go to market news section



Company	Friends ProvidentPLC
TIDM	FP.
Headline	Treasury Stock
Released	16:50 18-Feb-05
Number	PRNUK-1802

Treasury Shares

18 February 2005

Friends Provident plc announces that following the transfer of 212,586 treasury shares from the Treasury Shares Account to option holders of the Friends Provident plc ShareSave Scheme and the Friends Provident plc Executive Share Option Scheme, the issued share capital of the Company is 2,102,373,431 ordinary shares of 10p each of which 44,517,428 shares are held in treasury.

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Enquiries: Gordon Ellis, Group Secretary 01306 653087

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