

United States Securities and Exchange Commission
Washington DC 20549

USA



SUPPL



Information - file 82-5226

Please find enclosed copies of documents sent to Oslo Stock Exchange on October 19, 2004.

Yours faithfully
Norske Skogindustrier ASA
Shareholders' Register

Heidi Lesjø
Heidi Lesjø

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Enclosure: Messages sent to Oslo Stock Exchange October 19, 2004

dlw 10/27

Message to Oslo Stock Exchange

Currency Items etc., Q 3 2004

Norske Skog releases 3rd quarter figures on November 3rd, around 1 PM. A conference call/webcast will be held at 3 PM the same day. The Silent Period ahead of the release starts on Thursday, October 21. We will not comment upon the 3rd quarter figures during the Silent Period.

Norske Skog's trade-weighted basket of currencies (the "Norske Skog Index") had an average value of 92.0 in Q 3 2004, as against an average value of 91.6 in Q 2 2004. The value at September 30, 2004 was 90.7 as against 92.8 at June 30, 2004. Starting point of this index is January 1, 2002.

Oxenøen, October 19, 2004

NORSKE SKOG
Investor Relations