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OFFICE OF INTERNATIONAL
CORPORATE FINANCE

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Office of the International Corporate Finance
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450 Fifth Street N.W.
Washington DC20549
USA



Ext: 020 7695 6378
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Date: 18 August 2004

SUPPL

Dear Madam

Franklin Resources Inc. Decrease their reportable interest in the Company

Cater Allan International Limited no longer have a reportable interest in the Company

Please find enclosed copies of the above announcements made to the London Stock Exchange on 18 August 2004.

Yours sincerely

Hazel Jarvis
Assistant Company Secretary

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FINANCIAL

Enc

J Sainsbury plc

J Sainsbury plc was informed on 18 August 2004 that Franklin Resources Inc. had decreased their reportable interest in the Company from 5 per cent to 4 per cent.

End

J Sainsbury plc

J Sainsbury plc was informed on 18th August 2004 that Cater Allan International Limited no longer had a reportable interest in the Company.

End