

FORM 55-102F6
INSIDER REPORT

(See instructions on the back of this report)

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

CROSS LAKE MINERALS LTD.

BOX 2. INSIDER DATA

129 82-2636

RELATIONSHIP(S) TO REPORTING ISSUER

DATE OF LAST REPORT FILED OR DATE ON WHICH YOU BECAME AN INSIDER

IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER

CHANGE IN RELATIONSHIP FROM LAST REPORT

BOX 3. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, C, E AND F ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

A	B	C		D	E	F
		TRANSACTIONS	UNIT PRICE/ EXERCISE PRICE			
DESIGNATION OF CLASS OF SECURITIES	BALANCE OF CLASS OF SECURITIES ON LAST REPORT	DATE	NATURE	NUMBER VALUE ACQUIRED	NUMBER VALUE DISPOSED OF	PRESENT BALANCE OF CLASS OF SECURITIES HELD
WARRANTS	200000					200000
OPTIONS	200000					200000
Common	800000					800000

PROCESSED FEB 09 2004 THOMSON FINANCIAL

BOX 6. REMARKS

ATTACHMENT ☐ YES ☒ NO

- HOLDINGS AT TIME OF REGISTERING AS A SEC COMPANY

129 82-2636

dw/30

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE ☒ ENGLISH ☐ FRENCH

KEEP A COPY FOR YOUR FILE

BOX 7. SIGNATURE

Gordon Kevin

SIGNATURE

DATE OF THE REPORT

23 01 10 41

Notice - Collection and Use of Personal Information: The personal information collected under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administration and enforcement of certain provisions of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Québec, Nova Scotia and Newfoundland. Some of the required information will be made public. Other required information will remain confidential and will not be disclosed to any person or company except to the securities regulatory authorities or their authorized representatives. If you have any questions about the collection and use of this information, you may contact the securities regulatory authority for the jurisdiction in which you are filing the report.

NUMBER OF THE INSIDER (BLOCK LETTERS)

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

129 82-2636

3790 Southridge Ave APT

West Vancouver B.C.

604-687-2038

604-687-3141

129 82-2636

ALBERTA ☐ ONTARIO ☐

BRITISH COLUMBIA ☒ QUÉBEC ☐

MANITOBA ☐ SASKATCHEWAN ☐

NEWFOUNDLAND ☐ + SEC

NOVA SCOTIA ☐

CROSS LAKE MINERALS LTD.
TSX : CRN

04 JAN 23 PM 7:21

Date: January 23, 2004

Company: SEC

Fax: 202-942-9624

Attention: Insider Reporting

Pages: 3

From: Donald R. Sheldon
Debra Watkins

SUPPL

STRICTLY CONFIDENTIAL
Please deliver to addressee immediately

Please see the attached.

1255 West Pender Street
Vancouver, B.C. V6E 2V1
Phone: 604-687-2038 Fax: 604-687-3141

Page 1 of 1

FORM 55-102F8
INSIDER REPORT

(See Instructions on the back of this report)

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

CROSS LAKE MINERALS LTD.

129 82-2636

BOX 2. ISSUER DATA

RELATIONSHIP TO REPORTING ISSUER

43

DATE OF LAST REPORT

DATE OF NEXT REPORT

DATE OF NEXT REPORT

DATE OF NEXT REPORT

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Section - Definitions and Use of Personal Information. The personal information required under the form is collected on behalf of and used by the securities regulatory authority for the purpose of the administration and enforcement of certain provisions of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Quebec, New Brunswick and Nova Scotia. The information is not to be used for any other purpose. The information is not to be disclosed to any other person or company except to any of the securities regulatory authorities or their authorized representatives. If you have any questions about the collection and use of this information, you may contact the securities regulatory authority in your jurisdiction (in which the required information is filed, at the address(es) or telephone number(s) set out on the back of this report).

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE ISSUER (BLOCK LETTERS)

NAME OF COMPANY
SHELDON R. DONALD
1255 WEST PENDER STREET
VANCOUVER BC
604-687-3141

ADDRESS TELEPHONE NUMBER
604-687-3141
604-687-3141
604-687-3141

CHANGE IN NAME
YES ☐ NO ☐

CHANGE IN ADDRESS
YES ☐ NO ☐

CHANGE IN TELEPHONE NUMBER
YES ☐ NO ☐

CHANGE IN NAME
YES ☐ NO ☐

CHANGE IN ADDRESS
YES ☐ NO ☐

CHANGE IN TELEPHONE NUMBER
YES ☐ NO ☐

CHANGE IN NAME
YES ☐ NO ☐

CHANGE IN ADDRESS
YES ☐ NO ☐

CHANGE IN TELEPHONE NUMBER
YES ☐ NO ☐

CHANGE IN NAME
YES ☐ NO ☐

CHANGE IN ADDRESS
YES ☐ NO ☐

CHANGE IN TELEPHONE NUMBER
YES ☐ NO ☐

CHANGE IN NAME
YES ☐ NO ☐

CHANGE IN ADDRESS
YES ☐ NO ☐

CHANGE IN TELEPHONE NUMBER
YES ☐ NO ☐

CHANGE IN NAME
YES ☐ NO ☐

CHANGE IN ADDRESS
YES ☐ NO ☐

CHANGE IN TELEPHONE NUMBER
YES ☐ NO ☐

CHANGE IN NAME
YES ☐ NO ☐

CHANGE IN ADDRESS
YES ☐ NO ☐

CHANGE IN TELEPHONE NUMBER
YES ☐ NO ☐

CHANGE IN NAME
YES ☐ NO ☐

CHANGE IN ADDRESS
YES ☐ NO ☐

CHANGE IN TELEPHONE NUMBER
YES ☐ NO ☐

BOX 4. JURISDICTIONS WHERE THE ISSUER IS A REPORTING ISSUER OR HAS EQUIVALENT

ALBERTA ☐ ONTARIO ☐
BRITISH COLUMBIA ☒ QUEBEC ☐
MANITOBA ☐ SASKATCHEWAN ☐
NEWFOUNDLAND ☐ YSEC ☐
NORTHWEST TERRITORIES ☐

BOX 5. DESIGNATION OF CLASS OF SECURITIES

Common ☐ 918600
Common ☐ 2112976
Options ☐ 3300000
Warrants ☐ 2000000

BOX 6. BALANCE OF CLASS OF SECURITIES

918600
2112976
3300000
2000000

BOX 7. SIGNATURE

Signature of Issuer: Donald R. Sheldon

BOX 8. SIGNATURE

Signature of Registrant: Donald R. Sheldon

BOX 9. REMARKS

Holdings At Time of Registering As A SEC COMPANY

129 82-2636

BOX 10. SIGNATURE

Signature of Registrant: Donald R. Sheldon

BOX 11. SIGNATURE

Signature of Registrant: Donald R. Sheldon

BOX 12. SIGNATURE

Signature of Registrant: Donald R. Sheldon

BOX 13. SIGNATURE

Signature of Registrant: Donald R. Sheldon

BOX 14. SIGNATURE

Signature of Registrant: Donald R. Sheldon

INSIDER REPORT

(See instructions on the back of this report)

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

CROSS LAKE MINERALS LTD.

BOX 2. INSIDER DATA

129 82-2636

RELATIONSHIP(S) TO REPORTING ISSUER

DATE OF LAST REPORT FILED

OR DATE OF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER

CHANGE IN RELATIONSHIP FROM LAST REPORT

YES NO

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FAMILY NAME OR CORPORATE NAME

WATKINS

DEBRA

1238 HIXON COURT

STREET

APT

PROVINCE

BC

BUSINESS TELEPHONE NUMBER

129 82-2636

CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT

YES NO

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS REPORTING ISSUER OR THE EQUIVALENT

ALBERTA

ONTARIO

BRITISH COLUMBIA

QUEBEC

MANITOBA

SASKATCHEWAN

NEWFOUNDLAND

NOVA SCOTIA

YSEC

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, B, C AND D ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

DESIGNATION OF CLASS OF SECURITIES

Options

AMOUNT OF CLASS OF SECURITIES OWNED

55000

UNIT PRICE/ EXERCISE PRICE

129 82-2636

NUMBER VALUE ACQUIRED

129 82-2636

DATE MONTH YEAR

129 82-2636

NATURE

129 82-2636

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BOX 6. REMARKS

-HOLDINGS AT TIME OF REGISTERING AS A SEC. COMPANY.

129 82-2636

The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to submit information that, in a material respect and at the time and in the light of the circumstances in which it is submitted, is misleading or untrue.

BOX 7. SIGNATURE

NAME (BLOCK LETTERS)

DEBRA WATKINS

SIGNATURE

129 82-2636

DATE OF THE REPORT

12/31/04

DAY MONTH YEAR

12/31/04

8640 55-102F6 Rev. 2001 / 03/23

KEEP A COPY FOR YOUR FILE

VERBODEN FRANCHISE DISCLOSURE SUR DEMANDE

DS MANAGEMENT LTD., INC.

604 697 3141

P. 03/03

JAN-23-2004 15:07