



# FRIENDS PROVIDENT

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+Friends Provident plc  
Pixham End, Dorking, Surrey RH4 1QA  
Telephone 0870 6083678 Fax 01306 654991



6 January 2004

Securities and Exchange Commission  
Office of International Corporate Finance  
Mail Stop 3 -2  
450 Fifth Street, N.W.  
Washington DC 20549

SUPPL

Dear Sir

## Friends Provident plc - File number 82 - 524

Since our previous submission to you on 19th December 2003 and pursuant to rule 12g3 - 2(b) of the Securities and Exchange Act of 1934, please find enclosed a recent press release to the London Stock Exchange.

- Change of Reporting Date - 23<sup>rd</sup> December 2003
- Increase of issued share capital - 29<sup>th</sup> December 2003
- Directorate Change - 30th December 2003

Should you require any assistance, please do not hesitate to contact me by email to [hornj@friendsprovident.co.uk](mailto:hornj@friendsprovident.co.uk).

Yours sincerely

Ms. Jenni Horn  
Company Secretariat Assistant

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FINANCIAL

Enc.

*Handwritten initials and date: JW 1/15*



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<b>Company</b>	Friends Provident PLC
<b>TIDM</b>	FP.
<b>Headline</b>	Change of reporting date
<b>Released</b>	15:00 23 Dec 2003
<b>Number</b>	6097T

RNS Number:6097T  
 Friends Provident PLC  
 23 December 2003

#### FRIENDS PROVIDENT

#### CHANGE IN ANNOUNCEMENT DATE FOR FULL YEAR 2003 NEW BUSINESS FIGURES

Friends Provident Life and Pensions Limited, part of Friends Provident plc, announces a change in the reporting date for its 2003 new business figures.

These will now be announced on Friday, 30 January 2004.

For further information, please contact:

Di Skidmore 020 7760 3133  
 Friends Provident plc

Catherine Lees 020 7861 3877  
 Bell Pottinger Financial

This information is provided by RNS  
 The company news service from the London Stock Exchange

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<b>Company</b>	Friends ProvidentPLC
<b>TIDM</b>	FP.
<b>Headline</b>	Increase of issued share capital
<b>Released</b>	10:31 29 Dec 2003
<b>Number</b>	PRNUK-2912

FRIENDS PROVIDENT PLC

#### Increase of Share Capital

The Board of Friends Provident plc (the 'Company') announces that on 29th December 2003 the issued share capital of the Company has increased to 1,722,371,500 ordinary shares of 10 pence each to accommodate the exercise of share options in the Friends Provident Executive Share Option Scheme.

Application has been made for admission of the new 22,855 ordinary shares to trading on the London Stock Exchange.

Enquiries: Brian Sweetland, Director and Secretary 01306 653087

END

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Company	Friends ProvidentPLC
TIDM	FP.
Headline	Directorate Change
Released	12:00 31 Dec 2003
Number	PRNUK-3012

FRIENDS PROVIDENT PLC

Retirement of Director

Friends Provident plc announces that Graham Aslet, the Appointed Actuary of the regulated life and pensions operating companies within the Friends Provident UK Group of Companies, will retire from the Board of Friends Provident plc on 31 December 2004 or on the later date, being not later than 31 March 2005 in any event, on which the FSA implements the prudential regulatory regime envisaged by the Prudential Sourcebook, which is designed to deliver a single regulatory regime for all financial services businesses.

Enquiries: Brian Sweetland, Director and Secretary 01306 653087

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