12g 82-4828

P.05/05

TOTAL P.05

# FORM 55-102F6

# INSIDER REPORT

(See instructions on the back of this report)

**Notice – Collection and Use** ... ired under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administrati... legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Québec, Nova Scotia and Newfoundland. Some of the required information ... in each of the jurisdictions indicated above. Other required information will remain confidential and will not be disclosed to any person or comp... r their authorized representatives. If you have any questions about the collection and use of this information, you may contact the securities regul... information is filed, at the address(es) or telephone number(s) set out on the back of this report.

03045351

**BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)**

PACIFIC NORTH WEST CAPITAL CORP.

**BOX 2. INSIDER DATA**

RELATIONSHIP(S) TO REPORTING ISSUER: 4 5

DATE OF LAST REPORT FILED: DAY / MONTH / YEAR

CHANGE IN RELATIONSHIP FROM LAST REPORT: ☐ YES ☐ NO

IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER: DAY / MONTH / YEAR

SUPPL

**BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)**

FAMILY NAME OR CORPORATE NAME: BARR

GIVEN NAMES: HARRY

NO. STREET: 2303 WEST 41ST AVENUE

APT:

CITY: VANCOUVER

PROV: BC

POSTAL CODE: V6M2A3

BUSINESS TELEPHONE NUMBER: 604 - 685 - 1870

BUSINESS FAX NUMBER: 604 - 685 - 6550

CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT: ☐ YES ☐ NO

**BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT**

- [X] ALBERTA
- [X] ONTARIO
- [X] BRITISH COLUMBIA
- [ ] QUÉBEC
- [ ] MANITOBA
- [ ] SASKATCHEWAN
- [ ] NEWFOUNDLAND
- [ ] NOVA SCOTIA

**BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS (A) (D) (E) AND (F) ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)**

| (A) DESIGNATION OF CLASS OF SECURITIES | (B) BALANCE OF CLASS OF SECURITIES ON LAST REPORT | (C) TRANSACTIONS: DATE DAY / MONTH / YEAR | NATURE | NUMBER/VALUE ACQUIRED | NUMBER/VALUE DISPOSED OF | UNIT PRICE/ EXERCISE PRICE | $ US | (D) PRESENT BALANCE OF CLASS OF SECURITIES HELD | (E) DIRECT/INDIRECT OWNERSHIP/ CONTROL OR DIRECTION | (F) IDENTIFY THE REGISTERED HOLDER WHERE OWNERSHIP IS INDIRECT OR WHERE CONTROL OR DIRECTION IS EXERCISED |
|---|---|---|---|---|---|---|---|---|---|---|
| Private Options | (20000) | | | | | | | 30000 | 1 | H Barr |
| Options | 567000 | | | | | | | 567000 | 2 | Oln Gravity |
| Options | 800000 | | | | | | | 800000 | 1 | H Barr |
| Warrants | 7324 | | | | | | | 7324 | 1 | H Barr |
| Common | 352500 | | | | | | | 352500 | 2 | Oln Gravity |
| Common | 902834 | 07/03/03 | 97 | | 150000 | 0 | | 752834 | 2 | 293020 |
| Common | 91247 | 19/02/03 | 97 | | 30600 | 0 | | 23647 | 1 | H Barr |

PROCESSED
JAN 07 2004
THOMSON FINANCIAL

ATTACHMENT ☐ YES [X] NO

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE [X] ENGLISH ☐ FRENCH

KEEP A COPY FOR YOUR FILE

**BOX 6. REMARKS**

97: Per Settlement Agmt

dlw 1/5

The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to submit information that, in a material respect and at the time and in the light of the circumstances in which it is submitted, is misleading or untrue.

**BOX 7. SIGNATURE**

NAME (BLOCK LETTERS): HARRY BARR

SIGNATURE:

DATE OF THE REPORT: DAY / MONTH / YEAR 19/12/03

BCSC 55-102F6 Rev. 2001 / 6 / 25 VERSION FRANÇAISE DISPONIBLE SUR DEMANDE

JAN-16-1900 02:16