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United States Securities and Exchange Commission
Washington DC 20549

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SECURITIES & EXCHANGE COMMISSION
OFFICE OF INVESTOR
EDUCATION & ASSISTANCE

Information - file 82-5226

Please find enclosed copies of documents sent to Oslo Stock Exchange today November 13, 2003.

Regards,
Norske Skogindustrier ASA
Shareholders' Register



Oddrun Ringstad
Oddrunn Ringstad

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FINANCIAL

Enclosure: Message sent to Oslo Stock Exchange November 13, 2003

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Press release

Norske Skog:**Real estate sale in Norway**

Norske Skog is selling 1.35 million decares (approximately 337,000 acres) of forest properties in Norway. The buyer, Kiær Mykleby, is involved in forestry and forest-related business activities in the Stor-Elvdal municipality. The buyer is also active in the development and management of smaller hydroelectric power stations.

Norske Skog has accepted an offer of NOK 153 million for the forest property, located in Namdalen and Verran. The book value is NOK 20 million. Therefore, the gain from this sale for Norske Skog is NOK 133 million. The transaction will be reflected in the books as soon as the application for concession is concluded.

- We are very satisfied with the outcome. This completes Norske Skog's era as a forest owner. I am certain that the new owner will develop and manage the land accordingly, based on its potential, says Jan Reinås, CEO.

The new owners, Anne Ulvig and Anders Kiærs, will operate the majority of the land as one unit, and sell off a considerable number of parcels to local forest owners and other interested parties. Kiær Mykleby also sees the potential for the development of smaller electrical energy stations in Grong and Namsskogan.

Norske Skog was Norway's largest private forest owner, but in 2001, sold large portions of forest properties in southern Norway and Sweden. The sale of properties in Namdalen and Verran were put on hold, as an acceptable price could not be agreed upon.

Over the past three years, the company has sold over NOK six billion of the forest operations. This follows the company's strategy to focus on core activities, the production and sales of publication paper.

Oxenøen, November 13, 2003

NORSKE SKOG

Corporate communication and External relations

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Message to Oslo Stock Exchange

NorskeCanada plans to acquire Newstech Recycling

NorskeCanada, where Norske Skog has a 30.6% shareholding, plans to acquire the B.C. operations of Newstech Recycling, a company which produces de-inked pulp. The transaction is expected to close in early December. Payment will partly be in new NorskeCanada shares, thereby leading to a reduction in Norske Skog's shareholding to around 29.5%.

NorskeCanada's news release can be found on the company's web site
www.norskecanada.com

Oxenøen, November 13, 2003

Norske Skog
Corporate Communication