

FORM 55-102F6

INSIDER REPORT

(See instructions on the back of this report)

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Notice - Collection and Use of Personal Information: The personal information required under this form is collected on behalf of the securities regulatory authorities of the provinces of the administration and enforcement of certain provisions of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Quebec, New Brunswick and Newfoundland. Some of the required information will be made public pursuant to the securities legislation in each of the jurisdictions indicated above. Other required information will remain confidential and will not be disclosed to any person or company except to any of the securities regulatory authorities or their authorized representatives. If you are a very quiet person about this collection and use of this information, you may contact the securities regulatory authority in the jurisdiction in which the required information is filed, at the address(es) or telephone number(s) set out on the back of this report.

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

PRICOR NORTH WEST CAPITAL CORP.

BOX 2. INSIDER DATA

RELATIONSHIP TO REPORTING ISSUER: ☒ SUPPLIER ☐ DIRECTOR ☐ OFFICER ☐ BENEFICIAL OWNER ☐ OTHER

DATE OF LAST REPORT FILED: 11/11/03

DATE OF LAST REPORT: 11/11/03

CHANGE IN RELATIONSHIP FROM LAST REPORT: ☐ YES ☐ NO

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FULL NAME OR CORP'S NAME: HARRY BARR

STREET: 2303 WEST 41ST AVENUE

CITY: VANCOUVER

PROV: BC

POSTAL CODE: V6M 2A3

BUSINESS TELEPHONE NUMBER: 604-1685-1870

TELEPHONE NUMBER FROM LAST REPORT: 604-1685-16550

CHANGE IN NOVE: ☐ YES ☐ NO

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

☒ ALBERTA ☒ ONTARIO

☒ BRITISH COLUMBIA ☐ QUEBEC

☐ MANITOBA ☐ SASKATCHEWAN

☐ NEWFOUNDLAND

☐ NOVA SCOTIA

BOX 5. INSIDER HOLDINGS AND CHANGES IN INITIAL REPORT, COMPLETE SECTIONS (A), (E) AND (F) ONLY. SEE ALSO INSTRUCTIONS TO BOX 5.

DESIGNATION OF CLASS OF SECURITIES	DATE	NATURE	ACQUIRED	NUMBER/VALUE OF SHARES OF	UNIT PRICE/ EXERCISE PRICE	SUS
Private Options	19/11/03	SO	80000		0.76	
Options	19/11/03	SO	80000		0.76	
Warrants						
Common						
Common						
Common						

BOX 6. REMARKS: DEC 15 2003

THOMSON FINANCIAL

Signature: [Signature]

BOX 7. SIGNATURE: HARRY BARR

DATE OF THE REPORT: 12/11/03

BOX 8. REMARKS: DEC 15 2003

THOMSON FINANCIAL

Signature: [Signature]

BOX 9. REMARKS: DEC 15 2003

THOMSON FINANCIAL

Signature: [Signature]

BOX 10. REMARKS: DEC 15 2003

THOMSON FINANCIAL

Signature: [Signature]

BOX 11. REMARKS: DEC 15 2003

THOMSON FINANCIAL

Signature: [Signature]

BOX 12. REMARKS: DEC 15 2003

THOMSON FINANCIAL

Signature: [Signature]

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FORM 55-102F6

INSIDER REPORT

(See instructions on the back of this report)

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BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

PACIFIC NORTH WEST CAPITAL CORP

BOX 2. INSIDER DATA

RELATIONSHIP TO REPORTING ISSUER

☒ OFFICER
☐ DIRECTOR
☐ CONTROLLER
☐ SECRETARY
☐ OTHER

DATE OF LAST REPORT FILED

OR

IF INITIAL REPORT, DATE WHEN YOU BECAME AN INSIDER

☐ YES
☒ NO

DAY / MONTH / YEAR

25/02/03

DAY / MONTH / YEAR

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE ISSUER (BLOCK LETTERS)

FAMILY NAME OF COMPANY OR INDIVIDUAL

GIVEN NAME

NO. STREET

CITY

PROV.

BUSINESS TELEPHONE NUMBER

FAX NUMBER

TELETYPE NUMBER

ELECTRONIC MAIL ADDRESS

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BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

☐ ALBERTA
☐ BRITISH COLUMBIA
☐ MANITOBA
☐ NEW BRUNSWICK
☐ NEW SCOTIA
☐ ONTARIO
☐ QUEBEC
☐ SASKATCHEWAN

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, B, C AND D ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

FAMILY NAME OF COMPANY OR INDIVIDUAL

GIVEN NAME

NO. STREET

CITY

PROV.

BUSINESS TELEPHONE NUMBER

FAX NUMBER

TELETYPE NUMBER

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TRANSACTIONS

DATE

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ACQUIRED

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EXERCISE PRICE

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BOX 6. REMARKS

ATTACHMENT

YES

NO

This form is used as a uniform report for the inside reporting requirements under the Securities Act. Information provided is given to accountants and the various Acts.

CORRESPONDENCE ☒ YES ☐ NO

NEED A COPY FOR YOUR FILE

ECCSC 55-102F6 Rev 2001/5/25

VERSION PRINTED ON 03/01/2003

DAY / MONTH / YEAR

DATE OF THE REPORT

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The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to submit information that is a matter of respect and at the time or the light of the circumstances in which it is submitted, is misleading or untrue.

BOX 7. SIGNATURE

NAME (BLOCK LETTERS)

SIGNATURE

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