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FORM 55-102F6

INSIDER REPORT

(See instructions on the back of this report)

Notice - Collection and Use for purposes of the administrative disclosure to any person or company may contact the securities regulatory authority in any jurisdiction.



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Information collected on behalf of and used by the securities regulatory authorities set out below in legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Québec, Nova Scotia and Newfoundland. Other required information will remain confidential and will not be collected or used by the securities regulatory authorities. If you have any questions about the collection and use of this information, you may contact the securities regulatory authority in any jurisdiction.

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

PACIFIC NORTH WEST CAPITAL CORP.

BOX 4. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FAIRLY NAME OR CORPORATE NAME: BARR, HARRY
STREET NO.: 2303 WEST 41ST AVENUE APT
CITY: VANCOUVER
PROV.: BC
BUSINESS TELEPHONE NUMBER: 604-685-1187
BUSINESS FAX NUMBER: 604-685-6550
POSTAL CODE: V6M2A3
CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT: YES [] NO []

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

ALBERTA [] ONTARIO [x]
BRITISH COLUMBIA [x] QUEBEC []
MANITOBA [] SASKATCHEWAN []
NEWFOUNDLAND []
NOVA SCOTIA []

BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER: [] [] [] []
DATE OF LAST REPORT FILED: 24/10/03
OR
IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER: []
CHANGE IN RELATIONSHIP FROM LAST REPORT: YES [] NO []

BOX 6. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, D, E AND F ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

DESIGNATION OF CLASS OF SECURITIES	BALANCE OF CLASS OF SECURITIES ON LAST REPORT	DATE	NATURE	NUMBER VALUE	NUMBER VALUE DISPOSED OF	UNIT PRICE/ EXERCISE PRICE	PRESENT BALANCE OF CLASS OF SECURITIES HELD	DIRECTOR/REGULATORY CONTROL OR IS SUBJECT TO THESE REGULATIONS	
								(A)	(B)
Private Options	30000								
Options	1487000								
Warrants	7324								
Common	362500								
Common	56747								
Common	988570	21/10/03	10	5000	0.99	983570			
		21/10/03		20000	0.99	963570			

BOX 6. REMARKS

PROCESSED NOV 06 2003
THOMSON FINANCIAL
SUPPLY

ATTACHMENT [x] YES [] NO

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE [x] ENGLISH [] FRENCH

KEEP A COPY FOR YOUR FILE

ACSC 55-102F6 Rev. 2001 / 6 / 25 VERSION FRANÇAISE DISPONIBLE SUR DEMANDE

The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to submit information that, in a material respect and at the time and in the light of the circumstances in which it is submitted, is misleading or untrue.

BOX 7. SIGNATURE

NAME (BLOCK LETTERS): HARRY BARR
SIGNATURE: [Signature]
DATE OF THE REPORT: 30/10/03
DAY (MONTH) / YEAR: 03 OCT 31

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FORM 55-102F6

INSIDER REPORT

(See instructions on the back of this report)

Notice - Collection and Use of Personal Information: The personal information required under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administration and enforcement of certain provisions of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Quebec, Nova Scotia and Newfoundland. Some of the required information will be made public pursuant to the securities legislation in each of the jurisdictions indicated above. Other required information will remain confidential and will not be disclosed to any person or company except to any of the securities regulatory authorities or their authorized representatives. If you have any questions about the collection and use of this information, you may contact the securities regulatory authority in any jurisdiction(s) in which the required information is filed, at the address(es) or telephone number(s) set out on the back of this report.

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

PACIFIC NORTH WEST CAPITAL CORP.

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FAMILY NAME OR CORPORATE NAME
 GIVEN NAMES
 NO. STREET APT
 CITY PROVINCE POSTAL CODE
 BUSINESS TELEPHONE NUMBER CHARGE IN NAME ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT YES NO
 BUSINESS FAX NUMBER

BARR HARRY
 2303 WEST 41ST AVENUE
 VANCOUVER BC V6M2A3
 604-685-1187
 604-685-1655

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

ALBERTA ONTARIO
 BRITISH COLUMBIA QUEBEC
 MANITOBA SASKATCHEWAN
 NEWFOUNDLAND NOVA SCOTIA

BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER DATE OF LAST REPORT FILED OR DATE OF INITIAL REPORT DATE ON WHICH YOU BECAME AN INSIDER DAY / MONTH / YEAR DAY / MONTH / YEAR
 CHANGE IN RELATIONSHIP FROM LAST REPORT YES NO

14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, C, E AND F ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

DESIGNATION OF CLASS OF SECURITIES	PLANCE OF CLASS OF SECURITIES (INITIAL REPORT)	TRANSACTIONS		UNIT PRICE / EXERCISE PRICE	CURRENT BALANCE OF CLASS OF SECURITIES HELD	DIRECT/INDIRECT OWNERSHIP/ CONTROL OR DIRECTOR	PRIMARY (OR REGISTERED) HOLDER (OR AMER. OWNERSHIP IS INDICATED OR AMER. CONTROL OR DIRECTOR'S OWNERSHIP)
		DATE	NUMBER VALUE ACQUIRED				
Common (cont'd)	9163570	21/10/03	10	15000	1096	21	293020 BC Ltd.
		21/10/03	10	10000	1.00	21	293020 BC Ltd.
		21/10/03	10	115000	1.02	21	293020 BC Ltd.
		21/10/03	10	5000	1.03	21	293020 BC Ltd.
		21/10/03	10	7236	1.04	21	293020 BC Ltd.

BOX 6. REMARKS

ATTACHMENT YES NO

BOX 7. SIGNATURE

NAME (BLOCK LETTERS) HARRY BARR
 SIGNATURE [Signature]
 DATE OF THE REPORT 30/10/03
 DAY / MONTH / YEAR

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE ENGLISH FRENCH

KEEP A COPY FOR YOUR FILE