

129 82-4828

pg 1 of 2

FORM 55-102F6

# INSIDER REPORT

(See instructions on the back of this report)

Notice - Collection and Use of Personal Information: The personal information required under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administration and enforcement of certain provisions of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Quebec, Nova Scotia and Newfoundland. Some of the required information will be made available to representatives of the securities regulatory authority in the jurisdiction indicated above. Other required information will remain confidential and will not be disclosed to any person or company except to a representative, if you have any questions about the collection and use of this information, you may contact the securities regulatory authority at [redacted] at the address(es) or telephone number(s) set out on the back of this report.

### BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

PACIFIC NORTH WEST CAPITAL CORP.

### BOX 1. MAIL

03024135

FAMILY NAME: BARR  
GIVEN NAMES: HARRY  
NO. 2303 WEST 41ST AVENUE APT  
CITY VANCOUVER BC  
PROV. BC  
POSTAL CODE: V6M 2A3

### BOX 1. MAIL

FAMILY NAME: BARR  
GIVEN NAMES: HARRY  
NO. 2303 WEST 41ST AVENUE APT  
CITY VANCOUVER BC  
PROV. BC  
POSTAL CODE: V6M 2A3

### BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT INSIDER (BLOCK LETTERS)

ALBERTA  ONTARIO   
BRITISH COLUMBIA  QUEBEC   
MANITOBA  SASKATCHEWAN   
NEWFOUNDLAND   
NOVA SCOTIA

### BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER: 14 15  
DATE OF LAST REPORT: [redacted]  
IF INITIAL REPORT DATE ON WHICH YOU BECAME AN INSIDER: [redacted]  
RELATIONSHIP FROM LAST REPORT: YES  NO

### BOX 3. MAIL

BUSINESS TELEPHONE NUMBER: 604-1685-11870  
BUSINESS FAX NUMBER: 604-1685-16550  
CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT: YES  NO

### BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, D, E AND F ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

DESIGNATION OF CLASS OF SECURITIES	BALANCE OF CLASS OF SECURITIES ON LAST REPORT	TRANSACTIONS		UNIT PRICE/ EXERCISE PRICE	CURRENT BALANCE OF CLASS OF SECURITIES HELD	DIRECTION/ACQUIRE/CONTROL OR DIRECTION IS EXERCISED	IDENTIFY THE REGISTERED HOLDER WHERE OWNERSHIP IS VESTED OR WHERE CONTROL OR DIRECTION IS EXERCISED
		NUMBER ACQUIRED	NUMBER DISPOSED OF				
Private Options	30000				30000		H. Barr
Options	482000				482000		CDN Gravity
Common	371500				371500		CDN Gravity
Common	43000	10	10000	0.58	33000		H. Barr
Common		10	3000	0.58	30000		H. Barr
Common		10	3000	0.50	33000		H. Barr
Common	1054670	10	3000	0.55	1051670		293020 BC LTD.

### BOX 6. REMARKS

du 6/30

PROCESSED JUL 11 2003 THOMSON FINANCIAL

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE  ENGLISH  FRENCH

KEEP A COPY FOR YOUR FILE

VERSION FRANÇAISE DISPONIBLE SUR DEMANDE

### BOX 7. SIGNATURE

HARRY BARR

[Signature]

DATE (MONTH/YEAR)

23/06/03

pg 2 of 2

FORM 55-102F6

**INSIDER REPORT**

(See instructions on the back of this report)

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**BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)**

PACIFIC NORTH WEST CAPITAL CORP.

**BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)**

FAMILY NAME OR CORPORATE NAME: BARR  
 GIVEN NAMES: HARRY  
 NO. 2303 WEST 41<sup>ST</sup> AVENUE APT  
 CITY VANCOUVER BC POSTAL CODE V6M2A3  
 BUSINESS TELEPHONE NUMBER: 604-1685-11870  
 BUSINESS FAX NUMBER: 604-1685-16550  
 CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT: YES  NO

**BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT**

ALBERTA  ONTARIO   
 BRITISH COLUMBIA  QUÉBEC   
 MANITOBA  SASKATCHEWAN   
 NEWFOUNDLAND   
 NOVA SCOTIA

**BOX 2. INSIDER DATA**

RELATIONSHIP(S) TO REPORTING ISSUER:  15     
 DATE OF LAST REPORT FILED: \_\_\_\_\_ DAY / MONTH / YEAR  
 OR  
 IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER: \_\_\_\_\_ DAY / MONTH / YEAR  
 CHANGE IN RELATIONSHIP FROM LAST REPORT: YES  NO

**BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS (A), (D), (E) AND (F) ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)**

(A) DESIGNATION OF CLASS OF SECURITIES	(B) BALANCE OF CLASS OF SECURITIES ON LAST REPORT	(C) TRANSACTIONS		UNIT PRICE/ EXERCISE PRICE	NUMBER VALUE DISPOSED OF	SUS	(D) PRESENT BALANCE AS OF SECURITIES HELD	(E) DIRECT/INDIRECT CONTROL OR INTEREST AS REPORTING OR DIRECTOR	(F) IDENTIFY THE REGISTERED COMPANY OR IS SUBJECT TO FEDERAL OR PROVISIONAL REGULATION
		NATURE	NUMBER VALUE ACQUIRED						
Common (cont'd)	1051670	10	5000	0.54	5000		1041670		293020 BC LTD.
		10	15000	0.55	15000		1041670		293020 BC LTD.

**BOX 6. REMARKS**

ATTACHMENT: YES  NO   
 This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts. The terminology used is generic to accommodate the various Acts.  
 CORRESPONDENCE: ENGLISH  FRENCH   
 KEEP A COPY FOR YOUR FILE  
 BCSC 55-102F6 Rev. 2001/6/25 VERSION FRANÇAISE DISPONIBLE SUR DEMANDE

The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to submit information that, in a material respect and at the time and in the light of the circumstances in which it is submitted, is misleading or untrue.

**BOX 7. SIGNATURE**

NAME (BLOCK LETTERS): HARRY BARR  
 SIGNATURE: [Signature]  
 DAY / MONTH / YEAR: 03/06/03  
 DATE OF THE REPORT: 03/06/03