

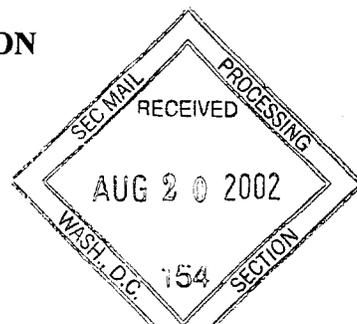
FORM 6-K

SECURITIES AND EXCHANGE COMMISSION



02051499

Washington, D.C. 20549
Report of Foreign Private Issuer
Pursuant to Rule 13a-16 or 15d-16
of the Securities Exchange Act of 1934



For the month of July 2002

PE 7-31-02

Commission File No.: 0-30308

PROCESSED

P AUG 21 2002

SOUTHWESTERN RESOURCES CORP.

Suite #1650, 701 West Georgia Street, Vancouver, British Columbia, Canada, **THOMSON FINANCIAL**

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F Form 40-F

Please note that pursuant to Rule 12g3-2(d)(1), this registrant, being registered under Section 12 is not eligible for exemption under Rule 12g3-2(b). Accordingly, the following two questions are not relevant to this registrant and are therefore left blank.

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): _____

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

SOUTHWESTERN RESOURCES CORP.

By: Thomas W. Beattie
Vice President, Corporate Development

Date: August 13, 2002

W. J. [unclear]

FORM 55-102F6 INSIDER REPORT

(See instructions on the back of this report)

Notice - Collection and Use of Personal Information: The personal information required under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administration and enforcement of certain provisions of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Quebec, Nova Scotia and Newfoundland. Some of the information will be made public pursuant to the securities legislation in each of the jurisdictions indicated above. Other required information will remain confidential and will not be disclosed to any person or company except to any of the securities regulatory authorities or their authorized representatives. If you have any questions about the collection and use of this information, you may contact the securities regulatory authority in any jurisdiction(s) in which the required information is filed, at the address(es) or telephone number(s) set out on the back of this report.

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

SOUTHWESTERN RESOURCES CORP.

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FAMILY NAME OR CORPORATE NAME
SOUTHWESTERN RESOURCES CORP.
GIVEN NAMES

NO. STREET APT #1650
701 WEST GEORGIA STREET
CITY VANCOUVER
PROV BRITISH COLUMBIA POSTAL CODE V7Y 1C6

BUSINESS TELEPHONE NUMBER
604 - 669 - 2525 EXT
BUSINESS FAX NUMBER
604 - 688 - 5175

CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT YES NO

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

ALBERTA ONTARIO
 BRITISH COLUMBIA QUÉBEC
 MANITOBA SASKATCHEWAN
 NEWFOUNDLAND
 NOVA SCOTIA

BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER DD MM YY 29 07 02

OR DATE OF LAST REPORT FILED

CHANGE IN RELATIONSHIP FROM LAST REPORT YES NO

IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER DD MM YY

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, D, E AND F ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

A DESIGNATION OF CLASS OF SECURITIES	B BALANCE OF CLASS OF SECURITIES ON LAST REPORT	C TRANSACTIONS		D PRESENT BALANCE OF CLASS OF SECURITIES HELD	E DIRECT / INDIRECT OWNERSHIP / CONTROL OR DIRECTION	F IDENTIFY THE REGISTERED HOLDER WHERE OWNERSHIP IS INDIRECT OR WHERE CONTROL OR DIRECTION IS EXERCISED
		NATURE	NUMBER VALUE ACQUIRED			
COMMON SHARES	643,100	10	1,000	644,100	1	
	644,100	10	1,400	645,500	1	
	645,500	10	1,000	646,500	1	

BOX 6. REMARKS

ATTACHMENT YES NO

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE ENGLISH FRENCH

KEEP A COPY FOR YOUR FILE

The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to submit information that, in a material respect and at the time and in the light of the circumstances in which it is submitted, is misleading or untrue.

BOX 7. SIGNATURE

NAME (BLOCK LETTERS)
THOMAS W. BEATTIE
V.P. CORPORATE DEVELOPMENT

SIGNATURE 

DATE OF THIS REPORT DD MM YY 12 08 02

CHANGE IN OUTSTANDING AND RESERVED SECURITIES

ISSUED AND OUTSTANDING SHARE SUMMARY		# of Shares	Balance
	Issued and Outstanding – Opening Balance*		15,874,496
ADD:	Stock Options Exercised		
	Share Purchase Plan		
	Dividend Reinvestment Plan		
	Exercise Warrants		
	Private Placement		
	Conversion		
	Other Issuance (provide description):		
SUBTRACT:	Issuer Bid Purchase (see attachment)		(62,400)
	Redemption		
	Other Cancellation (provide description)		
	Closing Issued and Outstanding Share Balance*		15,812,096

NOTE: If any of the Company's securities of a listed class are held by the Company itself or by any subsidiary of the Company (which securities are herein referred to as "internally-held securities"), such internally-held securities must not be counted as "issued and outstanding."

Internally-held securities may result from the Company not cancelling shares acquired pursuant to an issuer bid or as a consequence of a subsidiary of the Company retaining or obtaining shares of the Company through a merger, amalgamation, arrangement or reorganization involving the Company.

RESERVED FOR SHARE COMPENSATION ARRANGEMENTS

A.	Share Purchase Plans and / or Agreement(s)	# of Shares	Balance
	NAME OF PROGRAM:		N/A
	Opening Reserve for Share Purchase Plan / Agreement		
	Additional Shares Listed Pursuant to the Plan (ADD)		
	Shares Issued from Treasury (SUBTRACT)		
	Closing Reserve for Share Purchase Plan		

B.	Dividend Reinvestment Plan (DRIP) — for shareholders	# of Shares	Balance
	NAME OF PROGRAM:		N/A
	Opening Reserve for Dividend Reinvestment Plan		
	Additional Shares Listed Pursuant to the Plan (ADD)		
	Shares Issued (SUBTRACT)		
	Closing Reserve for Dividend Reinvestment Plan		

RESERVED FOR SHARE COMPENSATION ARRANGEMENTS

C.	Stock Option Plan and / or Agreement
	NAME OF PROGRAM: Pre-Plan
	Stock Options Outstanding — Opening Balance
	604,500

Options Granted: (ADD)

Date of Grant	Name of Optionee	Expiry Date	Exercise Price	# of Options Granted
			SUBTOTAL	

Options Exercised: (SUBTRACT) Shares issued on exercise must also be subtracted in the table entitled "Shares Reserved" below

Date of Grant	Name of Optionee	Expiry Date	Exercise Price	# of Options Granted
			SUBTOTAL	

Share Appreciation Rights or Market Growth Feature ("SAR") in tandem with Stock Options.

Date of Exercise / Canc.	Name of Optionee	Date of Grant	# Options Canc.	# Shares Issued* (based on SAR Value)
			SUBTOTAL	

*Shares may, or may not be issued however "Shares Reserved" (for Stock Option Plan) may require a deduction in accordance with TSE acceptance of the Plan. Please ensure all applicable changes are noted.

Options Cancelled/Terminated: (SUBTRACT) If an option is cancelled prior to its natural expiry date, for reasons other than termination of employment or natural expiry, the entry should be noted with a * and an explanation provided below.

Date of Canc. / Term	Name of Optionee	Date of Grant	Expiry Date	Exercise Price	Number
				SUBTOTAL	
Stock Option Outstanding — Closing Balance					604,500

C. Stock Option Plan and / or Agreement

NAME OF PROGRAM: Post-Plan

Stock Options Outstanding — Opening Balance	1,105,500
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Options Granted: (ADD)

Date of Grant	Name of Optionee	Expiry Date	Exercise Price	# of Options Granted
			SUBTOTAL	

Options Exercised: (SUBTRACT) Shares issued on exercise must also be subtracted in the table entitled "Shares Reserved" below

Date of Grant	Name of Optionee	Expiry Date	Exercise Price	# of Options Granted
			SUBTOTAL	

Share Appreciation Rights or Market Growth Feature ("SAR") in tandem with Stock Options.

Date of Exercise / Canc.	Name of Optionee	Date of Grant	# Options Canc.	# Shares Issued* (based on SAR Value)
			SUBTOTAL	

*Shares may, or may not be issued however "Shares Reserved" (for Stock Option Plan) may require a deduction in accordance with TSE acceptance of the Plan. Please ensure all applicable changes are noted.

Options Cancelled/Terminated: (SUBTRACT) If an option is cancelled prior to its natural expiry date, for reasons other than termination of employment or natural expiry, the entry should be noted with a * and an explanation provided below.

Date of Canc. / Term	Name of Optionee	Date of Grant	Expiry Date	Exercise Price	Number
July 12, 2002	Rory O. Moore	November 21, 1997	November 20, 2002	\$5.00	100,000
July 12, 2002	Rory O. Moore	October 8, 1998	October 7, 2003	\$3.90	25,000
July 12, 2002	Rory O. Moore	August 16, 1999	August 15, 2004	\$4.40	25,000
				SUBTOTAL	150,000
Stock Option Outstanding — Closing Balance					955,500

RESERVED FOR SHARE COMPENSATION ARRANGEMENTS

D. **Shares Reserved (for Stock Option Plan)**

NAME OF PROGRAM:	# of Shares	Balance
Opening Share Reserve Balance at beginning of period		5,500
Additional shares Listed Pursuant to the Plan (ADD)		
Stock Options Exercised (SUBTRACT)		
Stock Appreciation Rights (SUBTRACT)		
Closing Share Reserve Balance at end of period		5,500

All information reported in this Form is for the month of **July 2002**

Filed on behalf of the Company by:

(please enter name and direct phone or email)

NAME Thomas W. Beattie

PHONE / EMAIL (604) 669 2525 - tbeattie@swgold.com

DATE August 13, 2002

NEWS RELEASE

DIAMOND DRILLING COMMENCES ON THE LINCE ZINC-COPPER SKARN PROJECT, PERU

July 18, 2002

Vancouver, BC – Southwestern Resources Corp. (SWG-T) announced that a first phase diamond drilling program has commenced at the Lince Project located in southern Peru. This project is within the Tintaya-Bambas copper-gold-zinc skarn/porphyry belt, one of the most prolific mineral belts in Peru. The Lince Project is a joint venture between the Company and a subsidiary of Inco Limited (Inco). Inco is presently spending 100% of the exploration funds to advance the Lince Project and once it has spent U.S. \$1 million on the Lince Project and/or other properties held by the 50:50 Bambas West Joint Venture, the partners will contribute on a pro rata basis. Southwestern Resources Corp. acts as the operator for the joint venture.



The Lince Project area is underlain by several skarn mineralized systems, the largest being Puca Puca where the first drilling is located. Puca Puca has been traced for over 1,000 metres in length, 250 metres in width, and downdip for about 1,000 metres. Initial sampling and trenching at Lince suggested that there was widespread leaching and a further program of test pitting confirmed that grades can increase dramatically from the oxide to sulphide zones. Oxidation depths vary, but in general sulphides are encountered within three metres of surface. Puca Puca is part of a larger mineralization system which extends for over six kilometres in a northwest-southeast direction and is intricately associated with quartz feldspar porphyry stocks and sills.

Pitting results are very encouraging and indicate zinc grades typically increase two to ten times between oxide and sulphide zones. At Puca Puca, zinc values vary from 2% to 10% zinc and in places massive sphalerite (zinc sulphide) was encountered returning assays of 23.1%, 19.7% and 42.5% zinc. A total of 12 holes are planned for the first phase of drilling. The Lince skarn system represents one of the largest systems of this type identified in Peru.

Southwestern Resources Corp. is a well-financed international exploration company exploring for precious and base metals in Peru, Argentina and China. Southwestern Resources is also exploring for diamonds in Canada and Brazil through its 39% owned affiliate, Canabrava Diamond Corporation, and for platinum group metals in Canada through its 19.3% affiliate, Aurora Platinum Corp.

Some of the statements in this news release contain forward-looking information which involves inherent risk and uncertainty affecting the business of the Company. Actual results may differ materially from those currently anticipated in such statements.

-30-

For more information, please contact:
John G. Paterson, President or
Daniel G. Innes, Vice President, Exploration
Southwestern Resources Corp.

1650-701 West Georgia Street, Vancouver, B.C. V7Y 1C6, Canada
Tel. (604) 669-2525/Fax (604) 688-5175
Web site: <http://www.swgold.com>

**BC FORM 55-901F (Previously Form 36)
INSIDER REPORT**

(See instructions on the back of this report)

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

SOUTHWESTERN RESOURCES CORP.

Notice - Collection and Use of Personal Information: The personal information required under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administration and enforcement of certain provisions of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Quebec, Nova Scotia and Newfoundland. All information contained in this form will be made available to the public. If you have any questions about the collection and use of this information, you may contact the securities regulatory authority in any jurisdiction(s) in which the required information is filed, at the address(es) set out on the back of this report.

BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER
 CHANGE IN RELATIONSHIP FROM LAST REPORT
 YES NO
 DATE OF LAST REPORT FILED ON: **11/10/2002**
 IF INITIAL REPORT, DATE ON WHICH YOU SECURED AN INSIDER: _____

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FAMILY NAME OR CORPORATE NAME: **Southwestern Resources Corp.**
 GIVEN NAME: _____
 No. **701** West Georgia St. STREET # **1650**
Vancouver
British Columbia
 BUSINESS TELEPHONE NUMBER: **604-688-8115**
 BUSINESS FAX NUMBER: **604-688-8115**
 CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT: YES NO

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER ON THE EQUIVALENT

ALBERTA NEWFOUNDLAND
 BRITISH COLUMBIA NOVA SCOTIA
 FEDERAL ONTARIO
 BANK ACT QUEBEC
 CCAA SASKATCHEWAN
 ICA T/CA UNITED STATES
 C/CA SECO
 MANITOBA

DESIGNATION OF CLASS OF SECURITIES	AMOUNT OF CLASS OF SECURITIES ON LAST REPORT	DATE	NATURE	TRANSACTIONS		UNIT PRICE/ EXERCISE PRICE	US	PRESENT BALANCE OF CLASS OF SECURITIES HELD BY REPORTING ISSUER	DIRECTION OF CHANGE IN BALANCE	IDENTIFY THE ROUTING OR DIRECTOR ON WHOSE CONTROL, OR DIRECTION IS EXERCISED
				ACQUIRED	DISPOSED OF					
Common	605,900	12/31/2002	19.71	2000		2.95		607,900	U	
	607,900	12/31/2002	19.71	8,000		2.90		615,900	U	
	615,900	12/31/2002	19.71	2,000		2.85		617,900	U	
	617,900	12/31/2002	19.71	1,000		2.85		618,900	U	
	618,900	12/31/2002	19.71	14,100		2.80		632,000	U	
	632,000	12/31/2002	19.71	8,200		2.82		640,200	U	
	640,200	12/31/2002	19.71	2,000		2.75		642,000	U	

ATTACHMENT YES NO

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts, Bank Act, Cooperative Credit Associations Act, Insurance Companies Act, Trust and Loan Companies Act and Canada Business Corporations Act. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE ENGLISH FRENCH

KEEP A COPY FOR YOUR FILE

FIN 55-901F Rev. 2001/4/19

VERSION FRANÇAISE DISPONIBLE SUR DEMANDE

BOX 6. REMARKS

The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to submit information that, in a material respect and at the time and in the light of the circumstances in which it is submitted, is misleading or untrue.

BOX 7. SIGNATURE

NAME (BLOCK LETTERS): **Thomas W. Beattie**
 VP, Corp. Development

SIGNATURE: 

DATE OF THE REPORT: **12/10/2002**

**FORM 55-102F6
INSIDER REPORT**

(See instructions on the back of this report)

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

Southwestern Resources Corp

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FAMILY NAME OR CORPORATE NAME
GIVEN NAMES
Southwestern Resources Corp
STREET
APT
CITY
PROV.
BUSINESS TELEPHONE NUMBER
BUSINESS FAX NUMBER
CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT
YES NO

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

ALBERTA ONTARIO
 BRITISH COLUMBIA QUEBEC
 MANITOBA SASKATCHEWAN
 NEWFOUNDLAND
 NOVA SCOTIA

BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER
DATE OF LAST REPORT FILED OR IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER
CHANGE IN RELATIONSHIP FROM LAST REPORT
YES NO

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, D, E AND F ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

(A) DESIGNATION OF CLASS OF SECURITIES	(B) BALANCE OF CLASS OF SECURITIES ON LAST REPORT	(C) TRANSACTIONS	(D) PRESENT BALANCE OF CLASS OF SECURITIES HELD	(E) DIRECT/INDIRECT OWNERSHIP/CONTROL OR DIRECTION	(F) IDENTIFY THE REGISTERED HOLDER WHERE OWNERSHIP IS INDIRECT OR WHERE CONTROL OR DIRECTION IS EXERCISED					
Common	642,000 644,000	DATE DAY MONTH YEAR 8.6.03 9.7.03 2.6.07 10.8.08	NATURE 9.7 9.7 9.7 9.7	NUMBER/VALUE ACQUIRED 8,000 600	NUMBER/VALUE DISPOSED OF	UNIT PRICE/ EXERCISE PRICE 2.28 2.72	\$ US	644,000 644,000 644,000	11	

ATTACHMENT YES NO

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE ENGLISH FRENCH

KEEP A COPY FOR YOUR FILE

BCSC 55-102F6 Rev. 2001 / 6 / 25 VERSION FRANÇAISE DISPONIBLE SUR DEMANDE

BOX 6. REMARKS

The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to submit information that, in a material respect and at the time and in the light of the circumstances in which it is submitted, is misleading or untrue.

BOX 7. SIGNATURE

NAME (BLOCK LETTERS) SIGNATURE
DATE OF THE REPORT DAY MONTH YEAR
29 07 08

Notice - Collection and Use of Personal Information. The personal information required under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administration and enforcement of certain provisions of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Quebec, Nova Scotia and Newfoundland. Some of the required information will be made public pursuant to the securities legislation in each of the jurisdictions indicated above. Other required information will remain confidential and will not be disclosed to any person or company except to any of the securities regulatory authorities or their authorized representatives. If you have any questions about the collection and use of this information, you may contact the securities regulatory authority in any jurisdiction(s) in which the required information is filed, at the address(es) or telephone number(s) set out on the back of this report.

BC FORM 55-901F (Previously Form 36)
INSIDER REPORT

(See Instructions on the back of this report)

Notice - Collection and Use of Personal Information: The personal information required under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administration and enforcement of certain provisions of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Quebec, Nova Scotia and Newfoundland. All information contained in this form will be made available to the public. If you have any questions about the collection and use of this information, you may contact the securities regulatory authority in any jurisdiction(s) in which the required information is filed, at the address(es) set out on the back of this report.

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

SOUTHWESTERN RESOURCES CORP.

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FAMILY NAME OR CORPORATE NAME
Southwestern Resources Corp.

NO. 701 West Georgia St. STREET #1650

CITY Vancouver POSTAL CODE V7Y 1C6

BUSINESS TELEPHONE NUMBER

BUSINESS FAX NUMBER

TELEPHONE NUMBER FROM LAST REPORT

YES NO

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

- ALBERTA
- BRITISH COLUMBIA
- FEDERAL
- MANITOBA
- NEWFOUNDLAND
- NOVA SCOTIA
- ONTARIO
- QUEBEC
- SASKATCHEWAN
- UNITED STATES
- NASDAQ
- SEC

BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER

DATE OF LAST REPORT FILED

OR DATE OF INITIAL REPORT FILED

IF INITIAL REPORT FILED BECAUSE AN INSIDER

YES NO

RELATIONSHIP FROM LAST REPORT

YES NO

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS ④, ⑤ AND ⑥ ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

DESIGNATION OF CLASS OF SECURITIES

BALANCE OF CLASS OF SECURITIES ON LAST REPORT

DATE MONTH YEAR

TRANSACTIONS

NUMBER ACQUIRED

NUMBER VALUE ACQUIRED

NUMBER VALUE DISPOSED OF

UNIT PRICE/ EXERCISE PRICE

PRESENT BALANCE OF SECURITIES HELD

BOX 6. REMARKS

The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to submit information that, in a material respect and at the time and in the light of the circumstances in which it is submitted, is misleading or untrue.

BOX 7. SIGNATURE

NAME (BLOCK LETTERS)

THOMAS W. BEATTIE

VP, Corp. Development

SIGNATURE

DATE OF THE REPORT

11.9.10.7102

SIGNATURE

CORRESPONDENCE ENGLISH FRENCH

KEEP A COPY FOR YOUR FILE

FIN 55-901F Rev. 2001/4/19

VERSION FRANÇAISE DISPONIBLE SUR DEMANDE

CHANGE IN OUTSTANDING AND RESERVED SECURITIES

ISSUED AND OUTSTANDING SHARE SUMMARY		# of Shares	Balance
	Issued and Outstanding – Opening Balance*		15,874,496
ADD:	Stock Options Exercised		
	Share Purchase Plan		
	Dividend Reinvestment Plan		
	Exercise Warrants		
	Private Placement		
	Conversion		
	Other Issuance (provide description):		
SUBTRACT:	Issuer Bid Purchase (see attachment)		
	Redemption		
	Other Cancellation (provide description)		
	Closing Issued and Outstanding Share Balance*		15,874,496

NOTE: If any of the Company's securities of a listed class are held by the Company itself or by any subsidiary of the Company (which securities are herein referred to as "internally-held securities"), such internally-held securities must not be counted as "issued and outstanding."

Internally-held securities may result from the Company not cancelling shares acquired pursuant to an issuer bid or as a consequence of a subsidiary of the Company retaining or obtaining shares of the Company through a merger, amalgamation, arrangement or reorganization involving the Company.

RESERVED FOR SHARE COMPENSATION ARRANGEMENTS

A.	Share Purchase Plans and / or Agreement(s)	# of Shares	Balance
	NAME OF PROGRAM:		N/A
	Opening Reserve for Share Purchase Plan / Agreement		
	Additional Shares Listed Pursuant to the Plan (ADD)		
	Shares Issued from Treasury (SUBTRACT)		
	Closing Reserve for Share Purchase Plan		

B.	Dividend Reinvestment Plan (DRIP) — for shareholders	# of Shares	Balance
	NAME OF PROGRAM:		N/A
	Opening Reserve for Dividend Reinvestment Plan		
	Additional Shares Listed Pursuant to the Plan (ADD)		
	Shares Issued (SUBTRACT)		
	Closing Reserve for Dividend Reinvestment Plan		

RESERVED FOR SHARE COMPENSATION ARRANGEMENTS

C. Stock Option Plan and / or Agreement

NAME OF PROGRAM: Pre-Plan

Stock Options Outstanding — Opening Balance	604,500
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Options Granted: (ADD)

Date of Grant	Name of Optionee	Expiry Date	Exercise Price	# of Options Granted
			SUBTOTAL	

Options Exercised: (SUBTRACT) Shares issued on exercise must also be subtracted in the table entitled "Shares Reserved" below

Date of Grant	Name of Optionee	Expiry Date	Exercise Price	# of Options Granted
			SUBTOTAL	

Share Appreciation Rights or Market Growth Feature ("SAR") in tandem with Stock Options.

Date of Exercise / Canc.	Name of Optionee	Date of Grant	# Options Canc.	# Shares Issued* (based on SAR Value)
			SUBTOTAL	

*Shares may, or may not be issued however "Shares Reserved" (for Stock Option Plan) may require a deduction in accordance with TSE acceptance of the Plan. Please ensure all applicable changes are noted.

Options Cancelled/Terminated: (SUBTRACT) If an option is cancelled prior to its natural expiry date, for reasons other than termination of employment or natural expiry, the entry should be noted with a * and an explanation provided below.

Date of Canc. / Term	Name of Optionee	Date of Grant	Expiry Date	Exercise Price	Number
				SUBTOTAL	
Stock Option Outstanding — Closing Balance					604,500

C. **Stock Option Plan and / or Agreement**

NAME OF PROGRAM: Post-Plan

Stock Options Outstanding — Opening Balance	1,179,500
--	------------------

Options Granted: (ADD)

Date of Grant	Name of Optionee	Expiry Date	Exercise Price	# of Options Granted
			SUBTOTAL	

Options Exercised: (SUBTRACT) Shares issued on exercise must also be subtracted in the table entitled "Shares Reserved" below

Date of Grant	Name of Optionee	Expiry Date	Exercise Price	# of Options Granted
			SUBTOTAL	

Share Appreciation Rights or Market Growth Feature ("SAR") in tandem with Stock Options.

Date of Exercise / Canc.	Name of Optionee	Date of Grant	# Options Canc.	# Shares Issued* (based on SAR Value)
			SUBTOTAL	

*Shares may, or may not be issued however "Shares Reserved" (for Stock Option Plan) may require a deduction in accordance with TSE acceptance of the Plan. Please ensure all applicable changes are noted.

Options Cancelled/Terminated: (SUBTRACT) If an option is cancelled prior to its natural expiry date, for reasons other than termination of employment or natural expiry, the entry should be noted with a * and an explanation provided below.

Date of Canc. / Term	Name of Optionee	Date of Grant	Expiry Date	Exercise Price	Number
May 20, 2002	John Fleming	May 21, 1997	May 20, 2002	\$5.00	10,000
May 20, 2002	Richard Mazur	May 21, 1997	May 20, 2002	\$5.00	10,000
May 20, 2002	Thomas W. Beattie	May 21, 1997	May 20, 2002	\$5.00	50,000
May 20, 2002	Susy H. Horna	May 21, 1997	May 20, 2002	\$5.00	2,000
May 20, 2002	Cecilia Bonatto	May 21, 1997	May 20, 2002	\$5.00	2,000
				SUBTOTAL	74,000
Stock Option Outstanding — Closing Balance					1,105,500

RESERVED FOR SHARE COMPENSATION ARRANGEMENTS

D. Shares Reserved (for Stock Option Plan)

NAME OF PROGRAM:	# of Shares	Balance
Opening Share Reserve Balance at beginning of period		5,500
Additional shares Listed Pursuant to the Plan (ADD)		
Stock Options Exercised (SUBTRACT)		
Stock Appreciation Rights (SUBTRACT)		
Closing Share Reserve Balance at end of period		5,500

All information reported in this Form is for the month of **May 2002**

Filed on behalf of the Company by:

(please enter name and direct phone or email)

NAME Thomas W. Beattie

PHONE / EMAIL (604) 669 2525 - tbeattie@swgold.com

DATE July 5, 2002

**BC FORM 55-901F (Previously Form 36)
INSIDER REPORT**

(See instructions on the back of this report)

Notice - Collection and Use of Personal Information: The personal information required under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administration and enforcement of certain provisions of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Quebec, Nova Scotia and Newfoundland. All information contained in this form will be made available to the public. If you have any questions about the collection and use of this information, you may contact the securities regulatory authority in any jurisdiction(s) in which the required information is filed, at the address(es) set out on the back of this report.

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)
SOUTHWESTERN RESOURCES CORP.

BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER
 CHANGE IN FROM LAST REPORT
 YES
 NO

DATE OF LAST REPORT FILED OR IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER
 DAY MONTH YEAR
 12 15 10 21 02

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FAMILY NAME OR CORPORATE NAME: Southwestern Resources Corp.
 GIVEN NAME: #1650
 No. 701 West Georgia St. STREET
 Vancouver BRITISH COLUMBIA #V6Z 1G6
 BUSINESS TELEPHONE NUMBER: [604] - [669] - [25215]
 BUSINESS FAX NUMBER: [604] - [888] - [5175]
 CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT: YES NO

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER ON THE EQUIVALENT

ALBERTA NEWFOUNDLAND
 BRITISH COLUMBIA NOVA SCOTIA
 FEDERAL ONTARIO
 BANK ACT QUEBEC
 COCA SASKATCHEWAN
 ICA UNITED STATES
 TCCA MANSOUD
 CIBC SEB
 QUANTORA

BOX 5. INSIDER HOLDINGS AND CHANGES IN INITIAL REPORT, COMPLETE SECTIONS (A) (B) (C) AND (D) ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

DESIGNATION OF CLASS OF SECURITIES	BALANCE OF CLASS OF LAST REPORT	DAY MONTH YEAR	TRANSACTIONS			UNIT PRICE/ EXERCISE PRICE	\$ US	PRESIDENT OR CONTROLLED PERSON	DIRECTOR/SENIOR OFFICER OR CONTROLLED PERSON	IDENTIFY THE REGISTERED HOLDER WHO HAS CONTROL OR PARTICIPATION IS ESTABLISHED
			NUMBER	ACQUIRED	DISPOSED OF					
Common	584,100	10 31 02	2500	2000		2.85	586,600			
	586,600	10 11 02					591,100			

BOX 6. REMARKS

BOX 7. SIGNATURE

NAME (BLOCK LETTERS): W. Beattie Development VP, Corp.
 SIGNATURE: 
 DATE OF THE REPORT: DAY MONTH YEAR 10 15 02

ATTACHMENT YES NO

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts, Bank Act, Cooperative Credit Associations Act, Insurance Companies Act, Trust and Loan Companies Act and Canada Business Corporations Act. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE ENGLISH FRENCH
 KEEP A COPY FOR YOUR FILE
 FIN 55-901F Rev. 2001 / 4 / 10 VERSION FRANÇAISE DISPONIBLE SUR DEMANDE

