

INSIDER REPORT

(See instructions on the back of this report)

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

Rock Resources Inc.

BOX 2. INSIDER DATA

129 82-4504

RELATIONSHIP(S) TO REPORTING ISSUER

4) [] [] [] []

DATE OF LAST REPORT FILED

DAY MONTH YEAR
14 10 2002CHANGE IN RELATIONSHIP FROM LAST REPORT
[] YES [] NODAY MONTH YEAR
14 10 2002

BOX 3. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS A, D, E AND F ONLY. SEE ALSO INSTRUCTIONS TO BOX 3)

A

DESIGNATION OF CLASS OF SECURITIES

Common

B

BALANCE OF CLASS OF SECURITIES ON LAST REPORT

3200

C

NUMBER/VALUE ACQUIRED

1000

D

NUMBER/VALUE DISPOSED OF

84

E

UNIT PRICE/ EXERCISE PRICE

JUL 15 2002 P

F

THOMSON FINANCIAL

G

PRESENT BALANCE OF CLASS OF SECURITIES HELD

4200

H

DIRECT/INDIRECT OWNERSHIP OR CONTROL OR IS INDIRECT OR WHERE CONTROL OR DIRECTION IS EXERCISED

02 JUN 28

I

IDENTIFY THE REGISTERED HOLDER WHERE OWNERSHIP IS INDIRECT OR WHERE CONTROL OR DIRECTION IS EXERCISED

AM 11:00

BOX 6. REMARKS

ATTACHMENT

[] YES [] NO

This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts. The terminology used is generic to accommodate the various Acts.

CORRESPONDENCE

[X] ENGLISH [] FRENCH

KEEP A COPY FOR YOUR FILE

BCSC 55-102F6 Rev. 2001 / 6 / 25

VERSION FRANÇAISE DISPONIBLE SUR DEMANDE

BOX 7. SIGNATURE

NAME (BLOCK LETTERS)

SIGNATURE

JOHN KOWALCHUK

DATE OF THE REPORT

DAY MONTH YEAR

27 10 2002

Notice - Collection and Use of Personal Information
The personal information required under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administration and enforcement of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Quebec, Nova Scotia and Newfoundland. Some of the required information will be disclosed to any person or company that may contact the securities regulatory authorities.

B1 02042297

FAMILY NAME OR CORPORATE NAME

KOWALCHUK

GIVEN NAMES

JOHN

NO.

1611 WEST 63rd AVENUE

STREET

APT

CITY

VANCOUVER

PROV.

B.C.

POSTAL CODE

V6L1Z1H7

BUSINESS TELEPHONE NUMBER

6104-1688-3304

CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT

6104-1688-16038

YES

NO

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

[X] ALBERTA

[] ONTARIO

[X] BRITISH COLUMBIA

[] QUEBEC

[] MANITOBA

[] SASKATCHEWAN

[] NEWFOUNDLAND

[X] SEC

[] NOVA SCOTIA