

FORM 55-102F6 12982-4828
INSIDER REPORT

(See instructions on the back of this report)

Notice - Collection and Use of Personal Information: The personal information required under this form is collected on behalf of and used by the securities regulatory authorities set out below for purposes of the administration and enforcement of certain provisions of the securities legislation in British Columbia, Alberta, Saskatchewan, Manitoba, Ontario, Québec, Nova Scotia and Newfoundland. Some of the required information will be made public pursuant to the securities legislation in each of the jurisdictions indicated above. Other required information will remain confidential and will not be disclosed to any person or company except to any of the securities regulatory authorities or their authorized representatives. If you have any questions about the collection and use of this information, you may contact the securities regulatory authority in any jurisdiction(s) in which the required information is filed, at the address(es) or telephone number(s) set out on the back of this report.

BOX 1. NAME OF THE REPORTING ISSUER (BLOCK LETTERS)

Pacific North West Capital Corp.

BOX 2. INSIDER DATA

RELATIONSHIP(S) TO REPORTING ISSUER
[4] [5] [] [] [] []
DATE OF LAST REPORT FILED [] [] [] [] [] []
OR
IF INITIAL REPORT, DATE ON WHICH YOU BECAME AN INSIDER [] [] [] [] [] []
CHANGE IN RELATIONSHIP FROM LAST REPORT [] YES [] NO []
DAY MONTH YEAR 10 03 02
DAY MONTH YEAR [] [] [] [] [] []

BOX 3. NAME, ADDRESS AND TELEPHONE NUMBER OF THE INSIDER (BLOCK LETTERS)

FAMILY NAME OR CORPORATE NAME
BARR
GIVEN NAMES
HARRY
NO. 2302- WEST 41ST STREET
CITY VANCOUVER
PROV. B.C.
POSTAL CODE V6M 1Z A3J
BUSINESS TELEPHONE NUMBER 604-618-5118
BUSINESS FAX NUMBER 604-618-5145
TELEPHONE NUMBER FROM LAST REPORT 1870
CHANGE IN NAME, ADDRESS OR TELEPHONE NUMBER FROM LAST REPORT [] YES [] NO

BOX 4. JURISDICTION(S) WHERE THE ISSUER IS A REPORTING ISSUER OR THE EQUIVALENT

ALBERTA [] NEWFOUNDLAND []
BRITISH COLUMBIA [] NOVA SCOTIA []
FEDERAL [] ONTARIO [X]
HANK ACT [] QUEBEC []
CCAA [] SASKATCHEWAN []
ICA [] UNITED STATES []
TICA [] NASDAQ [X]
CBCA [] SEC [X]
MANITOBA []

BOX 5. INSIDER HOLDINGS AND CHANGES (IF INITIAL REPORT, COMPLETE SECTIONS (A), (D), (E) AND (F) ONLY. SEE ALSO INSTRUCTIONS TO BOX 5)

(A) DESIGNATION OF CLASS OF SECURITIES
Common 1473670
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []

(B) BALANCE OF CLASS OF SECURITIES OR SECURITIES ON LAST REPORT
1473670
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []

(C) TRANSACTIONS
DATE MONTH YEAR
10 03 02 11 03 02
NATURE 110 110
NUMBER VALUE ACQUIRED 2000
NUMBER VALUE DISPOSED OF 4000
UNIT PRICE/ EXERCISE PRICE 0.91 0.85
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []

(D) PRESENT BALANCE OF CLASS OF SECURITIES HELD
1473670
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []

(E) DIRECT/INDIRECT OWNERSHIP CONTROL OR INTEREST
1473670
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []

(F) IDENTIFY THE REGISTERED HOLDER WHERE OWNERSHIP IS INDIRECT OR WHERE CONTROL OR INTEREST IS EXERCISED
See Remarks
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []
[] [] [] [] [] []

BOX 6. REMARKS

ATTACHMENT [] YES [X] NO
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This form is used as a uniform report for the insider reporting requirements under all provincial securities Acts, Bank Act, Cooperative Credit Associations Act, Insurance Companies Act, Trust and Loan Companies Act and Canada Business Corporations Act. The terminology used is generic to accommodate the various Acts.

OF the 1473670 Indirect Common
Cdn Gravity owns 374000, 293020 BC LTD owns 1099670

The undersigned certifies that the information given in this report is true and complete in every respect. It is an offence to file a report that, at the time and in the light of the circumstances in which it is made, contains a misrepresentation.

BOX 7. SIGNATURE

CORRESPONDENCE [X] ENGLISH [] FRENCH
KEEP A COPY FOR YOUR FILE

NAME (BLOCK LETTERS) HARRY BARR
SIGNATURE [Signature]
DATE OF THE REPORT 11/03/02

DAY MONTH YEAR 11 03 02