

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

Mail Stop 4628

August 18, 2016

William Pate President & Chief Executive Officer Par Pacific Holdings, Inc. One Memorial City Plaza 800 Gessner Road, Suite 875 Houston, TX 77024

Re: Par Pacific Holdings, Inc.

Form 10-K for Fiscal Year ended December 31, 2015

Filed March 3, 2016 File No. 1-36550

Dear Mr. Pate:

We have completed our review of your filing. We remind you that our comments or changes to disclosure in response to our comments do not foreclose the Commission from taking any action with respect to the company or the filing and the company may not assert staff comments as a defense in any proceeding initiated by the Commission or any person under the federal securities laws of the United States. We urge all persons who are responsible for the accuracy and adequacy of the disclosure in the filing to be certain that the filing includes the information the Securities Exchange Act of 1934 and all applicable rules require.

Sincerely,

/s/ Loan Lauren P. Nguyen

Loan Lauren P. Nguyen Legal Branch Chief Office of Natural Resources