



DIVISION OF  
CORPORATION FINANCE

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549-7010

Mail Stop 7010

August 25, 2008

Mr. Bruce Schmidt  
Chief Financial Officer  
Health Anti-Aging Lifestyle Options, Inc.  
Suite 490-580 Hornby Street  
Vancouver, British Columbia  
Canada V6C 3B6

**Re: Health Anti-Aging Lifestyle Options, Inc.**  
**Form 10-K/A for the Year Ended December 31, 2007**  
**File No. 0-50068**

Dear Mr. Schmidt:

We have completed our review of your Form 10-K/A and related filings and have no further comments at this time.

If you have any questions regarding our review of your filings, you may contact Lisa Haynes, Staff Accountant, at (202) 551-3424 or me at (202) 551-3769.

Sincerely,

Rufus Decker  
Accounting Branch Chief