

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

October 19, 2023

Edward Spehar
Director, Vice President and Chief Financial Officer
BRIGHTHOUSE LIFE INSURANCE Co
11225 North Community House Road
Charlotte, North Carolina 28277

Re: BRIGHTHOUSE LIFE INSURANCE Co Form 10-K Filed March 1, 2023 File No. 033-03094

Dear Edward Spehar:

We have completed our review of your filing. We remind you that the company and its management are responsible for the accuracy and adequacy of their disclosures, notwithstanding any review, comments, action or absence of action by the staff.

Sincerely,

Division of Corporation Finance Office of Finance