

Via Facsimile and U.S. Mail  
Mail Stop 4720

June 25, 2009

Mr. Michael K. Farrell  
President and Director  
Metlife Insurance Company of Connecticut  
1300 Hall Boulevard  
Bloomfield, CT 06002

**Re: Metlife Insurance Company of Connecticut  
Form 10-K for the Fiscal Year Ended December 31, 2008  
File No. 033-03094**

Dear Mr. Farrell:

We have completed our review of the above filing and have no further comments at this time.

Sincerely,

Carlton E. Tartar  
Accounting Branch Chief

Cc: Via Facsimile  
Joseph J. Prochaska, Jr.  
Executive Vice President and  
Chief Accounting Officer  
908-552-2500