

Pricing Supplement No. 20 dated May 15, 2006.  
(To Prospectus dated April 12, 2006 and Prospectus  
Supplement dated April 12, 2006)  
This Pricing Supplement consists of 2 pages.

Hartford Life Insurance Company  
Depositor

Fixed Rate IncomeNotes<sup>sm</sup> (that are also asset-backed securities)  
Issued through and Obligations of

Hartford Life Global Funding Trust 2006-056  
(Issuing Entity)

5.50% Callable Notes due November 15, 2010

The description in this pricing supplement of the particular terms of the 5.50% IncomeNotes<sup>sm</sup> (that are also asset-backed securities) offered hereby and the Funding Agreement sold by Hartford Life Insurance Company to the Trust specified herein supplements the description of the general terms and provisions of the notes and the funding agreements set forth in the accompanying prospectus and prospectus supplement, to which reference is hereby made.

PROVISIONS RELATING TO THE NOTES

Interest Rate:	5.50%	Trade Date:	May 22, 2006
Price to Public:	100%	Issuance Date:	May 25, 2006
Agent's Discount:	0.90%	Stated Maturity Date:	November 15, 2010
CUSIP Number:	41659FKE3	Initial Interest Payment Date:	November 15, 2006
Day Count Convention:	30/360	Interest Payment Frequency:	Semi-Annually
Optional Redemption:	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	Regular Record Dates:	15 days prior to any Interest Payment Date.
Optional Redemption Date:	May 15, 2008	The Survivor's Option <input checked="" type="checkbox"/> is <input type="checkbox"/> is not available	
or any Interest Payment Date thereafter.		Annual Put Limitation:	\$1 million or 1%
Initial Redemption Percentage:	100%	Individual Put Limitation:	\$250,000
Annual Percentage Reduction:	N/A	Trust Put Limitation:	N/A
Redemption may be:	<input checked="" type="checkbox"/> In whole only. <input type="checkbox"/> In whole or in part.	Authorized Denominations:	\$1,000 integral amounts.
Securities Exchange Listing:	None.	Special Tax Considerations:	None.

Agents : Bear, Stearns & Co. Inc.; A.G. Edwards & Sons, Inc.; Banc of America Securities LLC; Charles Schwab & Co., Inc.; Citigroup; Fidelity Capital Markets Services, a division of National Financial Services, LLC; Merrill Lynch & Co.; Morgan Stanley; Piper Jaffray & Co.; Raymond James; RBC Dain Rauscher, Inc.; Scott & Stringfellow, Inc.; UBS Financial Services, Inc.; Wachovia Securities

## INFORMATION RELATING TO THE FUNDING AGREEMENT

Funding Agreement Provider: Hartford Life Insurance Company

Interest Rate:	5.50%	Effective Date:	May 25, 2006
Funding Agreement:	FA-406056	Stated Maturity Date:	November 15, 2010
Day Count Convention:	30/360	Initial Interest Payment Date:	November 15, 2006
Special Tax Considerations:	None.	Interest Payment Frequency:	Semi-Annually
Optional Redemption:	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	Survivor Option:	Under the Funding Agreement, Hartford Life Insurance Company <input checked="" type="checkbox"/> is <input type="checkbox"/> is not required to provide the Trust with amounts it needs to honor valid exercises of the Survivor's Option.
Optional Redemption Date:	May 15, 2008 or any Interest Payment Date thereafter.		
Initial Redemption Percentage:	100%		
Annual Percentage Reduction:	N/A		
Redemption may be:	<input checked="" type="checkbox"/> In whole only. <input type="checkbox"/> In whole or in part.		
		Other Provisions Relating to the Funding Agreement:	None.

Note: The Opinion regarding the enforceability of the Funding Agreement and the related Consent of Counsel for Hartford Life Insurance Company is given by Richard P. Rubin, Senior Counsel.

## INFORMATION PERTAINING TO THE RATINGS OF THE NOTES AND THE FUNDING AGREEMENT

It is anticipated that, as of May 25, 2006, the Notes will be rated by the indicated rating agencies as follows:

Standard & Poor's: AA-	Moody's: Aa3
A.M. Best: aa-	Fitch: AA

The Moody's rating also extends to the Program under which the Notes are issued.

It is anticipated that, as of May 25, 2006, the Funding Agreement will be rated by the indicated rating agencies as follows:

Standard & Poor's: AA-	Moody's: Aa3
A.M. Best: aa-	Fitch: AA