

# **PROSPECTUS SUPPLEMENT**

**ReliaStar Life Insurance Company of New York**  
and its

**ReliaStar Life Insurance Company of New York Variable Annuity Funds M, P, Q**

**Supplement dated November 3, 2006, to your current variable annuity prospectus, as supplemented. Please read it carefully and keep it with your prospectus for future reference.**

---

**Information about the ING FMR<sup>®</sup> Earnings Growth Portfolio is amended as follows:**

Effective November 6, 2006, the ING FMR<sup>®</sup> Earnings Growth Portfolio will be renamed the ING FMR<sup>®</sup> Large Cap Growth Portfolio. Accordingly, all references to ING FMR<sup>®</sup> Earnings Growth Portfolio (Class I) are to be replaced with ING FMR<sup>®</sup> Large Cap Growth Portfolio (Class I).