

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

February 14, 2022

Ryan F. Zackon Chief Executive Officer Smart for Life, Inc. 990 Biscayne Blvd., Suite 503 Miami, FL 33132

Re: Smart For Life, Inc.

Form S-1/A

Exhibit Nos. 10.37, 10.50, 10.51

Filed January 21, 2022 File No. 333-261699

Dear Mr. Zackon:

We have concluded our assessment of your redacted exhibits for compliance with applicable form requirements and will process your supplemental response and related materials in accordance with your request.

Sincerely,

Division of Corporation Finance