

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

June 15, 2023

Peter Thawnghmung Chief Executive Officer Yo-Health Inc. 990 Gerry Avenue Lido Beach, NY 11561

Re: YO-Health, Inc.
Registration Statement on Form 10-12G

Filed February 9, 2023 File No. 000-56521

Dear Peter Thawnghmung:

We have completed our review of your filing. We remind you that the company and its management are responsible for the accuracy and adequacy of their disclosures, notwithstanding any review, comments, action or absence of action by the staff.

Sincerely,

Division of Corporation Finance Office of Manufacturing

cc: Matthew McMurdo