



DIVISION OF
CORPORATION FINANCE

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

February 6, 2023

Kevin M. Reddy
Chairman of the Board of Directors
FAST Acquisition Corp. II
109 Old Branchville Road
Ridgefield, CT 06877

Re: FAST Acquisition Corp. II
Preliminary Proxy Statement on Schedule 14A
Filed January 30, 2023
File No. 001-40214

Dear Kevin M. Reddy:

We have completed our review of your filing. We remind you that the company and its management are responsible for the accuracy and adequacy of their disclosures, notwithstanding any review, comments, action or absence of action by the staff.

Sincerely,

Division of Corporation Finance
Office of Real Estate & Construction

cc: Andrew Fabens