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Registered Dietitian at San Mateo Medical Center

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San Mateo Medical Center



University of California,
Berkeley

About

Specialties: English, fluent in writing and speaking of Cantonese and Mandarin

Experience



Registered Dietitian

San Mateo Medical Center

Mar 2018 – Present · 2 yrs 6 mos

Prepares and documents nutrition screening, assessment, intervention, and continuously monitor the effectiveness and outcomes of MNT based on patient needs.

Follow up with patients on regular basis to encourage patients compliance with nutrition goals

Teach nutrition classes for patients to achieve a well balance diet and lifestyle with evidence-based information



President

Uji Time

Apr 2016 - Present - 4 yrs 8 mos



Clinical Dietitian,

Center for Elders' Independence

Oct 2010 - Mar 2018 - 7 yrs 6 mos

Berkeley, California

Prepares and documented nutrition screening, assessment, intervention, and continuously monitored the effectiveness and outcomes of MNT based on patient needs

Monitors and oversees lunch program to ensure patients receiving prescribed diets, nutrition

supplements, and proper utensil & assistance

Educates patients and family with chronic diseases on appropriate diets and eating behavior

with evidence-based information

Attend daily interdisciplinary Team (IDT) meeting to review and modify care plans.

[see less](#)



Dietitian Consultant

Institute for Human and Social Development, Inc.

Apr 2012 - Nov 2015 - 3 yrs 8 mos

Monitors the food service program to meet CACFP compliance.

Prepares nutrition assessments and provide nutrition education to staff and family.

Tracks health requirement.



Registered Dietitian

Asian Health Services

Oct 2010 - Oct 2013 - 3 yrs 1 mo

Utilizes the US Diabetes Conversation Map® materials provided by American Diabetes Association to help patients in exploring health facts through dialogue and helps them draw their

own conclusions and goals.

Organizes and provided nutrition workshops, food survey, and evaluations.

Assesses needs of participants and modifies teaching materials to meet the needs

Promotes messages related to health, nutrition, and lifestyle modifications

[see less](#)



Dietetics Intern

Lucile Packard Children Hospital, Mills Peninsula Medical Center, Pacific Hospital

Aug 2010 – May 2011 - 10 mos

Identified patients at high nutrition risk based on outlined criteria of risk screening protocol

Prepared and documented nutrition screening, assessment, intervention, and continuously monitored the effectiveness and outcomes of MNT based on patient needs

Evaluated enteral and parental nutrition including formula, amount, rate, administration and

other parameters

Participated in case management, nutrition support, discharge meetings

Experienced in adult and pediatric NICU, PICU, oncology, renal, pulmonary, cardiac, etc

Assisted nutrition departments in paraprofessional presentations and meal planning

Provided in-service training to nutrition assistants, foodservice staff and paraprofessional

Communicated with interdisciplinary team regarding individual nutrition care plan to achieve

the goals

San Mateo & Foster City School District, San Francisco WIC program

Conducted quality assurance process and evaluation by using nutrient analysis protocol and

auditing dietary service (meal service and satisfaction, food safety, sanitation, tray testing)

Ensured dietary service compliant with current Federal, State, and local regulations (CACFP,

NSLP, SBP, After School Snack Program), policy and procedure

Supervised food service workers practice, in compliance with HACCP

Organized and provided nutrition workshops, food survey, and evaluations.

[see less](#)



Nutrition Specialist

Wu Yee Children's Services

Oct 2008 - Apr 2010 1 yr 7 mos

Identified nutritional needs and conducted nutrition assessment of infants, toddlers, children and families, offering recommendations to staff and parents including referrals for outside nutrition services

Collaborated with program staff to provide multidisciplinary team approach to nutrition services for children and families

Provided assistance to Home Visitor in planning food activities during group socializations

Maintained and monitored database CHILDPUS related to nutrition and other items as needed

Oversaw the production of monthly menus for center-based programs including responsibility for complete monthly USDA Child Care Food Program Reports, accurate site reporting on meals and the management of food vendor and different contracts.

Attended parent meetings and orientations to provide information about upcoming trainings, recruit parents to participate in menu planning, and answer questions about food service

Involved in Community meetings and worked closely with non-profit organizations such as Chinatown Public Health Coalition meetings; SNAP (San Francisco Nutrition Action Plan) Meetings; Head Start HNSAC; Health and Nutrition Service Advisory Committees; CCSF Nutrition Assistant Program Advisory Meetings; WIC program; San Francisco Unified School District (Nutrition)

[see less](#)



Manager

Monica Learning Center

Apr 2004 - Dec 2009 5 yrs 9 mos

Tutored and mentored K-12 students in Mathematics and Science

Promoted store advertisements and coordinated special events including Sing Tao Expo

Interviewed and selected applicants, and facilitated tutor training Data Entry, arranged data files, collected, and organized financial records

Communicated with parents and interacted with students in classes

[see less](#)

[see less](#)

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Education



University of California, Berkeley

BS, nutrition science

2006 – 2008

Activities and Societies: Student Dietetics Association, Hong Kong Student Association



City College of San Francisco

Science



University of California, Berkeley

BS, Nutritional Science

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