



Sarah Southwell · 3rd 

CEO GroWise Be Well, LLC

Hamilton, Montana · 57 connections · [Contact info](#)



Experience



Founder

Yonder

Mar 2020 – Present · 3 mos

Hamilton, Montana, United States



Founder, CEO

GroWise Be Well

May 2018 – Present · 2 yrs 1 mo

Hamilton, MT

GroWise Be Well, LLC (GWBW) is a holistic and inspirational lifestyle company specializing in metaphysical tools for children of all ages.

Founder, Executive Director

GroWise Be Well Academy

Sep 2014 – Present · 5 yrs 9 mos

Hamilton, Montana

GroWise Be Well Academy (formerly known as Riverstone School) is devoted to cultivating a healthy learning environment that embraces each child's unique learning abilities, no matter their background or age. At GBW Academy, students experience a holistic education utilizing an experiential and kinesthetic learning journey to encourage expression of their uni ...[see mor](#)

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Riverstone School
Homepage



Co-Founder, Co-Owner

ABC Acres

Sep 2012 – Present · 7 yrs 9 mos

Hamilton, MT

ABC acres is a permaculture farm in the Bitterroot Valley of Western Montana. Sustainable food production, healthy living systems, and ecological design is what we are all about. Our cattle, chickens and pigs are out on open pasture, eating, resting and living the way nature intended.

[...see more](#)



Home

Skills & Endorsements

Manifestation

Motivational Speaking

Healthy Lifestyle

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