



★ **Tamar Blue** · 1st
Improving the human experience

San Francisco, California, United States · [Contact info](#)

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MentalHappy

Y Combinator

Highlights

★ Tamar is celebrating 7 years at
MentalHappy


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About

Tamar Blue, is a Y Combinator alum and founder and CEO of MentalHappy– a mental health platform helping individuals overcome challenging life events via professionally-led peer support groups. With a mission to make mental health care accessible, affordable and stigma-free, MentalHappy utilizes a variety of health and wellness professionals – thereby expanding mental health care. Tamar's passion dates back over 20 years, when she started a peer-support organization to support classmates experiencing bullying, combined with her personal struggles with anxiety. Tamar's work with MentalHappy has appeared in major publications such as Reader's Digest, TechCrunch, Silicon Valley Business Journal, Creative Mornings, and the CIPA award-winning book "Impact Founder: Inspirational Stories of Entrepreneurs Who Risk Everything for What They Believe". Tamar earned her MBA after graduating from Florida State University with a dual degree in Sociology and Economics.

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1 comment

★ Tamar Blue commented on a post · 2w

Cadran C. - DM'ed you my email.

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Experience

Chief Executive Officer
MentalHappy

Apr 2021 - Present · 1 yr 11 mos
San Francisco, California, United States

MentalHappy is a tele-health platform that allows health professionals to facilitate online support groups.

Chief Executive Officer
Cheerbox · Full-time

Jan 2016 - Dec 2019 · 4 yrs
Las Vegas, Nevada, United States

Highly curated care packages for tough life events. Cheerbox helps companies send custom care packages to employees going through a rough time.



CEO

CanUStart

Nov 2013 - May 2015 · 1 yr 7 mos

Miami/Fort Lauderdale Area

Our mission is to radically simplify the process and reduce the time it takes for employers & job seekers to find each other.



Operations Manager

Employbridge

Jan 2008 - Jul 2013 · 5 yrs 7 mos

West Palm Beach, Florida Area

EmployBridge is not a generic provider of talent. Unlike other workforce providers, we focus on one type of worker and we do it well. Our family of specialty brands allows us to meet the needs of mai ...see more

Education



Y Combinator

Entrepreneurship/Entrepreneurial Studies

2018



Florida State University

Economics & Sociology, Economics

2002 - 2006

Volunteering



Economic Advisor

Habitat for Humanity

Jan 2001 - Aug 2008 · 7 yrs 8 mos

Economic Empowerment

Worked with future recipients on understanding home economic basics, creating a budget, saving and managing a household.

Skills

Start-ups



8 endorsements

Endorse

Product Development



6 endorsements

Endorse

User Experience



4 endorsements

Endorse

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Honors & awards

Presidents Club

Issued by Employbridge · Feb 2011



Associated with Employbridge

Awarded Presidents Club- Top 15% Revenue Generator for \$500MM company.

Languages

English

Native or bilingual proficiency

Haitian Creole

Native or bilingual proficiency

Spanish

Limited working proficiency

Interests

Top Voices

Companies

Groups

Schools



Tiffany Dufu · 2nd

Founder & CEO, The Cru

597,477 followers

+ Follow



Tiffany R. Warren · 3rd

EVP, Chief Diversity & Inclusion Officer at

Sony Music Group

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Causes

Economic Empowerment · Education · Health · Human Rights

