



livefree foods

Low FODMAP High Taste

Scot Savarese · 3rd

Startup Founder | USMC Veteran | Gut-Health Advocate
Tampa/St. Petersburg, Florida Area · 182 connections · [Contact info](#)

 Live Free Foods

 University of Florida

Experience



Founder/CEO

Live Free Foods

Jun 2017 – Present · 2 yrs 9 mos

Owner and Founder of a new Low FODMAP food brand.

What is Live Free Foods? We combine only the best ingredients, backed by science, to create delicious foods low in FODMAPs.

When following the Low FODMAP diet, studies have shown relief of IBS symptoms. Unfortunately, finding foods off the shelf that are low in FODMAPs is pretty much impossible.

[...see more](#)



Landing Support Specialist

United States Marine Corps

Jun 2010 – Jan 2016 · 5 yrs 8 mos

Savannah, Georgia Area

- Corporal, Fireteam leader, B co CLR-45
- Lance Corporal, Meritorious (E-3) B Company Beach and Terminal Operations 4th LSB
- Ramp Boss in charge of offload of MPF Ship in offload of military rolling stock and cargo containers

[...see more](#)

Education



University of Florida

Bachelor's degree

Skills & Endorsements

Military Logistics

Logistics Management

Sales

[Show more](#) 

