

## Heidi Schoonover Baah

4609 Normandy Rd  
Fort Worth Texas 76103

Phone: 817-913-6739  
Email: Heidi.baah@gmail.com

### **EDUCATION:**

**05/07 Bachelor of Arts in Dance, Belhaven University, Jackson, MS.**

### **TRAINING:**

**08/03--05/07**

#### **Belhaven College Dance Department, Jackson, MS**

- Ballet Training (primarily Vaganova Technique):  
Lauri Worrill-Biggs (North Carolina Dance Theatre, Atlanta Ballet)  
Laura Morton (Milwaukee Ballet)  
Ravenna Tucker (Birmingham Royal Ballet, Principal)
- Modern Dance Training:  
Amy Roark-McIntosh, M.F.A. (Limon, Horton, & Release Techniques)  
Stephen Wynne (eclectic style with emphasis on Graham Technique)  
Britta Heermann-Wynne (Graham Technique)

**08/97-07/03**

#### **Margo Dean School of Ballet, Fort Worth, TX**

- Ballet Training (various techniques):  
Webster Dean (Ballet West),  
Liuba Patterson (St. Petersburg Classic Ballet),  
Carrie Cheng (Boston Ballet)

**08/97-07/03**

#### **McTeggart School of Irish Dance, Fort Worth, TX**

- Maureen Hall, TCRG, ADCRG

### **WORK EXPERIENCE:**

**01/15-Present Kwame Baah Shoes, Fort Worth Texas**

#### **President of social media and logistics**

- Formulating blog contents
- Creating and preparing blogs
- Creating social media content for post for customer engagement
- Manage all aspect of social media
- Assess and recommend ideal shipping methods and routing to meet cost objectives
- Schedule and track inbound and outgoing shipments
- Ensure shipments are delivered to clients in a timely manner

**08/08-05/16**

#### **Travis Academy of Fine Arts, Fort Worth, TX**

- Ballet and Pointe (Begginer/Intermdiate levels), Irish Dance (Beginner level)

**01/09-05/14**

#### **Leap of Faith School of Performing Arts, Arlington, TX**

- Ballet and Pointe (Begginer/Intermdiate/Advanced levels)

**08/07-12/07**

#### **Mississippi Metropolitan Dance Academy, Jackson, MS**

- Beginning Ballet and Tap; substitute instructor for Advanced Ballet

**08/99-05/00**

#### **Margo Dean School of Ballet, Fort Worth, TX**

- Beginning Ballet Instructor (Pre-K); substitute for Intermediate Ballet

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- 08/99-05/03

Sonlight Christian Enrichment Classes, Hurst, TX

and

Parker County Christian Home Educators Co-op, Weatherford, TX

- Ballet and Irish Dance Instructor (Pre K-12)
- 08/99/-05/03

McTeggart Irish Dance School, Fort Worth, TX

- Assistant Instructor/Dance coach (K-12)