

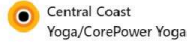


Cara Ferrick · 3rd

Owner/Managing Dir. @ CorePower Yoga Franchise Studios
Santa Barbara, California, United States · [Contact info](#)

500+ connections

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Experience



Central Coast Yoga/CorePower Yoga
15 yrs 10 mos

- Owner/Regional Operations Manager/Lead**
Jan 2013 – Present · 8 yrs 7 mos
Santa Barbara, California Area
- Regional Manager**
Oct 2005 – Dec 2012 · 7 yrs 3 mos



Board Member
Ghost Flower
Nov 2020 – Present · 9 mos



Assistant to Ralph Lauren
Polo Ralph Lauren · Full-time
2001 – 2003 · 2 yrs
New York, United States

Education



University of Colorado Boulder
1996 – 1999

Skills & endorsements

Yoga · 32



Endorsed by Lola Dikaoui and 1 other who is highly skilled at this



Endorsed by 9 of Cara's colleagues at CorePower Yoga

Wellness · 28



Endorsed by Lola Dikaoui, who is highly skilled at this



Endorsed by 6 of Cara's colleagues at CorePower Yoga

Fitness · 26



Endorsed by Lola Dikaoui and 1 other who is highly skilled at this



Endorsed by 6 of Cara's colleagues at CorePower Yoga

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Accomplishments

2 Languages
English · Spanish

Interests



CorePower Yoga
25,301 followers



Ghost Flower Inc.
78 followers

TSG Consumer Partners



Dave Goetz Bodywork

TSG
CONSULTING

6,414 followers



80 followers

YouthWell

YouthWell
120 followers



University of Colorado Boulder
282,462 followers